

# Newburgh Senior Center

## January 2015 Newsletter

### Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com Email: Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Ashby Goff, Manager

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### We Thank Our January Day Sponsor-

January 15 is sponsored by Newburgh Presbyterian Church. This historic church on the river has been in operation since 1840. After 175 years of continuous service to the community, the church's worship, outreach and mission is as strong as ever. It is a testament to the generations that have given freely of their time, talent, and resources---to know Christ and make Him known! Thank you Newburgh Presbyterian Church for your support of our seniors.

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Weather reminder: The senior center follows the Warrick County Schools weather policy. If schools are closed due to weather, so is the senior center. If schools open late, the senior center still opens at 9am.

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MEMBER DUES-Thanks to the seniors who have already paid \$12 dues for 2015. Dues help us pay for kitchen supplies, postage for cards, and other facility necessities.

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Happy Birthday:

Ed Butch - Jan. 2  
Theresa O'Rourke - Jan. 6  
Marlene Crenshaw - Jan. 8  
Kulsoom Tapal - Jan. 11  
Janice Doolittle - Jan. 16  
Aileen Jeffries - Jan. 17  
Karen Kennedy - Jan. 17  
Betty Thomason - Jan. 18  
Bettie Abney - Jan. 19  
Viola Schriefer - Jan. 19  
Monte Williams - Jan. 23  
Lisa Ashby Goff - Jan. 25  
Mary Quinzer - Jan. 27  
Mary Jane Baxter - Jan. 27  
Josephine Caskey - Jan. 29  
Carol Schaefer - Jan. 29

Just a few Upcoming Events in January:

Wednesday, January 2 at noon: Card-making with Jane

Tuesday, January 13 at noon: Senior Hobby Show and Tell...bring a hobby item or pictures to share.

Our January birthdays will celebrate with cake on Friday, December 16 at noon. Thank you Titzer Family Funeral Homes.

Monday, January 19-Martin Luther King, Jr. Day-11:30 "Soup Sampler"  
You may bring finger foods, bread, crackers, etc. to share😊

Tuesday, January 20-Reverse Bingo to benefit the local food pantry.  
Bring two nonperishable items...one for charity, one for the Bingo prize table. You may also bring other miscellaneous prize items if you wish.

ITT Nursing students will visit each Monday and are available for blood pressure checks.

\*\*Please see calendar for full list of activities

### "Senior Class" Kazoo Band-January 2015-

Please mark your calendars for the following dates\*:

Thursday, January 08 after exercise- a light Kazoo Practice

Thursday, January 08 at 2:30pm at Woodlands. Please be there by 2:15 pm.

Thursday, January 15 at 2:00 pm at Signature. Please be there by 1:45 pm. \*\*\*\*note the time difference

Thursday, January 22 at 2:30 pm at Newburgh Healthcare on Pollock Ave. Please be there by 2:15 pm.

Friday, January 23 at 2:00 pm at Bell Oakes Place-Please be there by 1:45 pm. \*\*\* Note the time difference.

\*Let's hope the weather cooperates. If school is cancelled, and the NSC is closed, we will not kazoo.

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### **SHIP News**

Most Medicare drug plans have a coverage gap ("donut hole"). For 2015, the coverage gap begins once you and your plan have spent \$2,960 on covered drugs. Once you reach the coverage gap you will pay 45% of the plan's cost for covered brand-name prescription drugs. Also, while in the coverage gap, you will pay 65% of the price for generic drugs.

While in the coverage gap, once total spending for out-of-pocket reaches \$4700, you will exit the coverage gap and move into catastrophic coverage. This coverage ensures you only pay a small coinsurance or co-pay for covered drugs the rest of the year.

There is help for Medicare drug costs. If you have questions or want to see if you qualify for Extra Help call SWIRCA & More at (812)464-7817.

## **Health and Wellness**

- \*Be sure and join us for SWIRCA exercise with Holly on Thursday afternoons at 12:30.
- \*Arthritis Foundation Stretch is Monday, Tuesday, Wednesday and Friday at 11a.m.
- \*Tai Chi with Sifu Ron Weatherford of the Shui Lung Tao meets Thursday mornings at 10:00 at the Zion UCC. Ron is available at 9:30 for beginners.

## **We Welcome and Thank our Activity Sponsors for 2015. We are blessed by your generosity.**

- \*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.
- \*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.
- \*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.
- \*Zion UCC Church, Newburgh, is our Hospitality Sponsor.
- \*Ohio Township-Activity Sponsor
- \*Boonville Christian Science Irrevocable Trust Fund-Activity Sponsor
- \*Family of Tennis Hatfield-National Christian Foundation-Newspaper Sponsor