

Newburgh Senior Center Activities

January 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*SWIRCA Lunch is \$3.50 and served Monday through Friday at 11:30. Head count must be turned in 24 hours prior.			1 Happy New Year	2 *11:00 Arthritis Stretch *Noon- Card-making with Jane	3
4	5 *11:00 Exercise *Noon-Clabber Club	6 *10:00 Knit & Crochet *11:00 Exercise *Noon-New Year Healthy Eating	7 *11:00 Exercise *Noon-Bingo-Cypress Grove	8 *9:30, 10:00 Tai Chi *Noon-Nutrition-Carolyn *12:30 SWIRCA Exercise *1:00 Kazoo practice *2:30 Kazoo-Woodlands	9 *11:00 Arthritis Stretch *Noon-Bingo- Bell Oaks- Jessica	10
11	12 *11:00 Exercise *Noon-Clabber Club	13 *10:00 Knit & Crochet *10:45 Exercise- Woodlands *Noon-Senior Hobby Show and Tell	14 *11:00 Exercise *Noon-Bingo-Mackenzie-Signature	15 *9:30, 10:00 Tai Chi *Noon-Music *12:30 SWIRCA Exercise *2:00 Kazoo-Signature	16 *11:00 Arthritis Stretch *Noon-January Birthday Cake-Titzer Family Funeral Homes	17
18	19 Martin Luther King Day (SWIRCA is closed) *11:30 Soup Sampler	20 *10:00 Knit & Crochet *11:00 Arthritis Stretch *Noon-Reverse Bingo- Bring 2 nonperishable food items	21 *11:00 Exercise *Noon-Bingo-Sarah- Woodlands	22 *9:30, 10:00 Tai Chi *Noon- Penny Auction *12:30 SWIRCA Exercise *2:30 Kazoo- Newburgh Healthcare	23 *11:00 Arthritis Stretch *Noon- Bingo-Ellen- Asera Care *2:00 Kazoo-Bell Oaks	24
25	26 *11:00 Exercise *Noon-Clabber Club	27 *10:00 Knit & Crochet *11:00 Arthritis Stretch *Noon- Rummikub tournament	28 *11:00 Exercise *Noon-Bingo-Brittany- River Pointe	29 *9:30, 10:00 Tai Chi *Noon- Consumer News *12:30 SWIRCA Exercise	30	31

Comment [LG1]: