

Newburgh Senior Center

April 2016 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am—2 pm

Manager's Corner

I hope everyone had a blessed Easter and that Spring will put a bounce in your step. There's something encouraging about the sight of blooming tulips, green lawns and clouds of pear tree blossoms. The magnolias will be in bloom before we know it.

Remember, it is your choice to be happy.

Recently I celebrated my one-year anniversary with the Center. I have enjoyed nearly every minute I've spent here with you all. (The plugged toilet was the exception.) If you have ideas

for programs or new groups, please let me know.

One of our members recently suggested an art lesson session or two. I'll be contacting artists about this and I'll let you know the possibilities. There may be something you'd like to learn as well. Just let me know and I'll look into your ideas.

We are so fortunate to have the facilities we use and the equipment we have available. I urge you to become more involved as your schedule allows.

We've lost several members this past year and our numbers have not quite bounced back. Please invite your friends, family and neighbors to visit us. Once they see how much fun we have here, they are sure to want to come back.

We have some great activities planned for the coming months. Watch the newsletter for updates. Thanks for hanging out with me this past year. I hope we're looking forward to many years as active seniors. We have more to do and miles to go.

April Birthdays

Larry Schaumberger
Carl Bausch
Wanda Smith
Charlene Dietsch
Orville (Bud) Huber

April 8
April 15
April 20
April 22
April 30

Operation Mail Call

Our members will be signing thank you cards and letters to WWII veterans for the October Honor Flight. Each vet on the flight will receive a packet of letters and cards when they return from their day in Washington, D.C. , just like Mail Call when they were on active duty.

But don't tell; it's a secret.

If you would like to participate in the Mail Call, we will be signing cards this fall for all 70 of the vets expected to go on the flight from Evansville. Contact the center for information.

We will furnish the cards and paper

for letters. All you have to do is help us sign them.

If you know a group who might like to participate in this Mail Call, please contact Gayle Rood, 812-897-3155. Our deadline for the fall Honor Flight cards is October 1.

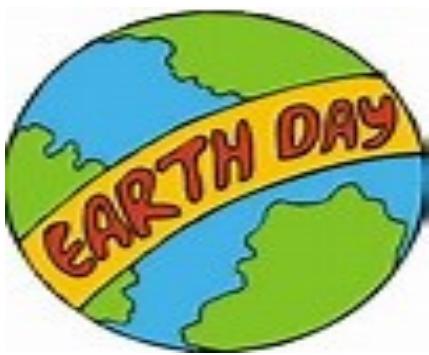
If you know one of the vets going on the flight, you can write his or her name on the lower left corner of the envelope.

Mail Call is a personal way to let our older vets know we still appreciate their sacrifices for our freedom.

Semper Fi.



Thanks to our April Day Sponsors



We thank our April Day Sponsors.

April 22 is Earth Day and is sponsored by Jan and Dan Schrader. They urge us to take active measures to care for our environment. If all of us get involved, all those efforts can make a BIG difference. Thank you Jan and Dan for your continued support.

April 28 is sponsored by Colleen Martin in honor of the birthday of her husband, Dennis. Happy Birthday, Dennis.

Thank you Colleen and Dennis for supporting the Center.



Celebrate Earth Day

We'll be celebrating Earth Day on April 20 at the Center. As of now, the schedule is to plant some seeds and bring in recycling materials to take to the Recycle Station in Newburgh. If you currently do not recycle newspaper, cardboard, all cans and #1 and #2 plastics, start collecting these now to bring April 22.

Recycling is one thing we all **can** do and we all **should** do.

Aluminum was first discovered in the 1820s and is one of the most abundant metals available on earth. Aluminum is a highly sustainable metal. About two-thirds of all aluminum produced ever is still in use.

Save your cans. If you have aluminum cans, and you currently do not recycle them, there are several organizations that will take them.

Ninety-two percent of production energy can be saved by using aluminum scrap instead of virgin materials in the making of different aluminum products. Recycling just one aluminum can saves sufficient energy to run a 100 watt light bulb for about 20 hours, a TV set for around 2 hours and a computer for about 3 hours.

The scrap aluminum thrown away every month in the USA is enough to rebuild the entire U.S. air fleet.

Approximately 61 billion aluminum

cans were recycled and reused in the U.S. in 2011. This number accounts for 65.1 percent of scrap aluminum cans generated in our country that year.

Recycling aluminum cans saved approximately 17 million barrels of gasoline which is adequate to fuel over 1 million automobiles on road for nearly a year.

We can all recycle paper and cardboard, too. In the USA, currently more paper products are recycled than are sent to landfills.

The U.S. paper industry set a goal of a 60 percent recovery rate for scrap paper by 2012. It achieved this goal three years early, measuring a 66.8 recovery rate in 2011.

According to the American Forest & Paper Association, the average amount of paper recovered per person living in the USA was 334 pounds per year.

On a daily basis, U.S. papermakers recycle enough paper to fill a 14-mile long train of boxcars.

Paper recycling supports carbon sequestration.

The benefits of recycling one ton of paper include:

- Saving enough energy to power the average American home for six months.

- Avoiding use of 7,000 gallons of water.
- Avoiding the use of 3.3 cubic yards of landfill space.
- Avoiding greenhouse gas emissions by one metric ton of carbon equivalent (MTCE).

If you have questions about what can be recycled or where to take your materials, please talk to our manager.

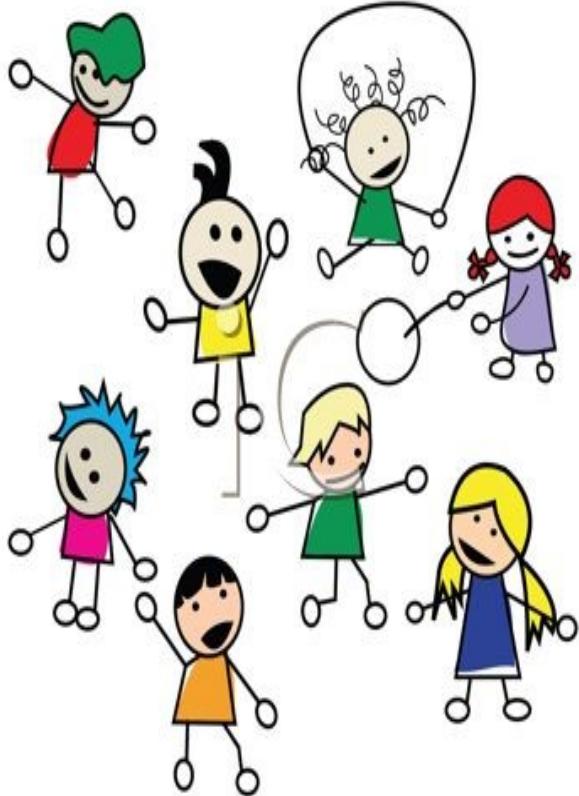
Stay in Touch

Remember to check our Facebook page for updates on what's happening at the Newburgh Senior Center. Also, our web site is www.newburghseniorcenter.com.

We may not answer the phone during business hours but please leave a message and we'll get back to you as soon as we take a break from having fun.

Newburgh Senior Center operates on the Warrick School Corp. schedule. If school is called for weather, the Center will be closed. If there is a delay, we will be open as usual. We will be closed election days, as the Center is a voting site.

Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Zion United Church of Christ Newburgh** — Our hospitality sponsor.

***Women's Club of Newburgh** — Landscaping and flowers sponsor.

***Ohio Township** — Activity sponsor.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

April looks like a busy month at NSC

There's something for all seniors during April at the Center. Check out some of the events we have planned.

On Tuesday, April 6, 1 p.m., our own Senior Kazoo Band will be here for a sing-a-long.

Movie Tuesday in April is the 19th, with Cary Grant in "The Grass is Greener." We'll start around noon and popcorn will be furnished.

On Thursday, April 21, at noon, Judy Campbell and her Dachshund, Gretl, will visit us as Judy tells us about their

exploits with Gretl's agility training. Author Amy Abbot will be here on Tuesday, April 26 at noon for a Meet the Author afternoon. She is the author of several books for people with varying stages of dementia. Her books use pictures and photographs to help those who are losing their ability to read still enjoy communicating. She will have some books with her for purchase. Tentatively scheduled for April 27, noon, is a state Bicentennial program.

The following day will be White Elephant Bingo, since everybody is usually spring cleaning about this time of year. Bring a wrapped "prize" that a winner will treasure once its unwrapped.

And, last but not least, Heavenly Express is scheduled to bring us an afternoon of music on Friday, April 29, beginning at noon.

We have regular, sponsored, bingo scheduled for April 5, 6, 7, 12, 13, 14, 15 and 22.

VOICE raising funds with NBC

Orders will be taken at NSC through April 9 for pork butts, ribs and loins smoked by the famous Newburgh Barbecue Coalition for the Veteran Organizations Involved in Community Education (VOICE). Butts are \$30 and a slab of ribs will be \$25. One tenderloins will be \$15 or two, \$25. You can pick up your order May 1, noon-5 p.m. at the National Guard Armory in

Evansville. There will be activities and other food available on the grounds that day. Several local vets' groups will be on hand to explain their services, according to Barb Hamilton, VOICE representative. For more information about VOICE or the event, check their Facebook page or their web site, thevoice4vets.com. Please make checks payable to NBC.

Bridge, Pinochle meetings scheduled

As of now, the bridge group will be playing in the conference room on the first and third Tuesdays each month and the pinochle group will play the second and fourth Tuesdays.

If you are interested in either or both groups, please call the Center, 812-853-5627.

Senior Class Kazoo Band back in action



We're back with the warmer weather! Thanks to all our players for their "servant's heart" bringing entertainment to nursing home residents. You are a blessing. Please mark your calendars for the following dates.

--Colleen

Wednesday, April 6, after lunch and bingo at the Center

Thursday, April 14, 2 p.m. at Signature. Be there by 1:45, please. Please note the time.

Thursday, April 21, 2:30 p.m. at Woodlands. Please be there by 2:15 p.m.

Thursday, April 28, 1:30 p.m., Bell Oaks. Please be there by 1:15. This is earlier than usual.

Dulcimer expert teaching workshop April 16

Southern Hollow Dulcimer and Folk Group is sponsoring a day of lessons and a mini-concert by Lorinda Jones on Saturday, April 16 at Good Shep-

herd Assembly of God Church, 430 North Burkhardt Road in Evansville, 11:30 a.m. –5:30 p.m. Deadline to register is April 1. The concert will end

the day. Call the Center for registration information.

Jones is an adjudicated member of the Kentucky Arts Council on Tour Directory. She leads the Heartland Dulcimer Club and is a music therapist.

Time to pay for Derby Theater tickets

Those with reservations for the Derby Theater Trip should pay their \$38 for members, \$76 for non-members by April 8. Barb Isaac said there are no seats currently available, but she is maintaining a waiting list if you want to add your name.

She will let everyone know when the bus will leave and other details as she receives them.



Other April days to celebrate—or not

- 1 April Fool's Day
- 2 National Peanut Butter and Jelly Day
- 3 National Chocolate Mousse Day and National Find a Rainbow Day
- 6 Plan Your Epitaph Day – What do you want people to say about you?
- 7 Caramel Popcorn Day
- 10 National Siblings Day
- 11 National Submarine Day
- 12 Big Wind Day - This day blows me away!
- 13 Scrabble Day
- 14 International Moment of Laughter Day
- 15 Rubber Eraser Day
- 15 Titanic Remembrance Day
- 18 Patriot's Day
- 19 National Garlic Day
- 20 Look Alike Day
- 20 Volunteer Recognition Day
- 22 Girl Scout Leader Day
- 23 Take a Chance Day
- 24 Pig in a Blanket Day
- 25 World Penguin Day
- 26 National Pretzel Day
- 27 Tell a Story Day

Music Festival set

The Grant Family has scheduled a day of music and delicious food in memory of Cora Lee Grant. She and Bennie were members at the Center and she was a Clabber player. She passed away last September.

The October 8 festival is slated to start at 11 a.m. at 5144 Bethany Church Road (1.2 miles off Yantetown Road).

Several main courses will be furnished and the public is invited to bring a covered dish to share and lawn chairs for seating.

There is no charge but the Grants would appreciate an RSVP by Sept. 17 so they can order food.

Anyone who wants to join in on the music can bring their instrument. Call Mr. Grant at 812-853-3646 to make your reservation.

Thanks for lunches

Thanks to Dave and Diane Zengler for the delicious lunch they provided us in March. We enjoyed the pasta and meatballs. And the cheesecake. Don't forget the cheesecake.

In April, we will welcome a new lunch sponsor, Humana. They will provide lunch on the third Wednesday for the rest of the year.