

Newburgh Senior Center

April 2017 Newsletter

529 Jefferson St.
Newburgh, IN 47630
812-853-5627



Nancy Lybarger, manager
Email: manager:manageratnsc@gmail.com

Manager's Corner

Don't you just love spring? Everything seems to come back to life. The warmer weather tempts us to get back outside after the dreary, blustery days of winter. The longer days bring light back into our spirits and make us happy. We are rejuvenated!

I love to dig in the dirt in the spring, so I'm looking forward to getting our Center garden started. If you know anybody who would like to be in charge of our garden(s), please let me know. This is a summer-long commitment. We'll furnish seed and fertilizer and the couple next door will help for a share. Weeding and watering are the basic chores.

Spring also brings to mind Easter with the cross, the rabbit and colored eggs. It's time for calves and lambs to be born and for most of us to look around our homes and think we ought to get rid of stuff we no longer need.

While my usual idea of cleaning is sweeping the room with a glance, I have to admit I like to clean carpets, wash curtains and the like to get rid of the winter grunge. Whether or not that actually gets done is another matter. I do have intentions....

Easter is one of my favorite holidays. As a child, it always meant a new fancy dress, shoes, gloves and a hat. Even then, I loved hats.

My mother was a fantastic seamstress and she made me some of the sweetest dresses for Easter. I loved the pastels.

One Easter, however, she had made a beautiful dress with a little jacket. But it was nylon and seriously itchy.

I wore it on Easter to my grandmother's church. For whatever reason, I got separated from my mother's reach and was down on the other end of the pew.

Mama kept hearing tittering behind her. She ignored it as long as she could, then turned around and gave the offenders THE LOOK.

Still the giggles didn't stop. She was thinking these people were clueless about proper church behavior when she happened to look my direction. She found the cause of the titters. I was down to my underwear and feeling lots more comfortable after I rid myself of that scratchy dress and horsehair petticoat. The socks and shoes were gone, too.

Needless to say, my mother was mortified and yanked me back within reach of her pinch. And I had to put on my clothes again.

Updates on our members

Welcome back Jack and Agnes Spillman. They had to return a bit early from Snowbirding in Mississippi after Jack needed a new heart stint. We are happy to have them back.

John Smith is back to delivering lunches after his surgery. Welcome back, John.

Flo Neeley still needs a bit of rehab after her hospital stint. Work hard, Flo, so you can come back and squash your RummiKub opponents.

Al's at Woodlands and settling in to his new room. Patti is at Bell Oaks for rehab and then she'll assess her options.

It was good to see Paul Northern again for exercise and welcome back, Jody. We're glad you've joined again.

April Birthdays

Carl Bausch	April 15
Wanda Smith	April 20
Steve Suter	April 21
Charlene Dietsch	April 21



Sympathy to our members and families

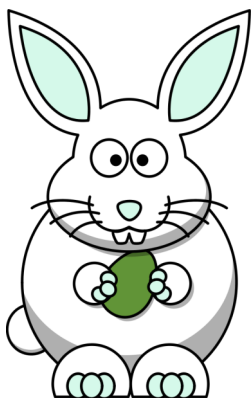
Our sympathies are with the families of Martha Adickes, a dedicated Clabber player and Arlene Shrader, a former member at the Center.

Our sympathy also to Ed Butch, whose two brothers passed away.

Thank you to Kate Fischer who donated flowers arrangements and a wreath after her daughter's funeral.

Our thoughts and prayers are with each of these families as they wend their ways through the grieving process. Let us know if we can help.

Thanks to our April Day Sponsors



We appreciate our Day Sponsors. Thanks for your support.

April 22 is Earth Day and is sponsored by Jan and Dan Schrader of Newburgh. This is a day to remember that we need to protect our natural resources. Jan and Dan have been Day Sponsors for several years. Thank you for your support.

April 28 is sponsored by Colleen Martin in honor of the birthday of her husband, Dennis's special day. Happy Birthday, Dear Dennis, and many more!

Appreciating our volunteers

Thanks to a group of volunteers, the Senior Center and its members are entertained, enlightened and energized.

Theresa O'Rourke, Sue Welte and Sarah Burke are the decorating committee and they brighten our path in every season.

Dick Lant is in the computer room every Tuesday, 10-11 a.m. to help with our computer issues and questions. You don't need an appointment, but it's helpful if he knows you'll be here.

Sarah Burke is helping us strengthen our muscles and stretch our minds with exercises. She's here every Monday and Thursday. Nancy and Barb lead exercises the other days. We exercise every day we are open at 11 a.m.

Sarah has also undertaken to keep our outdoor sign up to date with Day Sponsors and other

witty sayings.

Colleen Martin serves on our board, is our chief development officer and makes sure we are supplied in the kitchen area.

We appreciate all our volunteers.

Jane Schmitt leads a group of creative folks in making cards every month and she makes special cards we send for thank yous and birthdays to our sponsors.

If you would like to recognize someone in your life, you can become a day sponsor and we'll get them up on the sign for you.

Thanks, also to our Friday lunch sponsors. Humana has recently come back on board. Atria brings delicious meals every month and Cypress Grove is helping once a quarter. Myra Teal and Tom McCool, from Edward Jones, brought lunch in February.

Please remember to thank our lunch providers and volunteers.

If you know an organization, business, family or friends who would like to support the Center, please have them contact our manager or mail contributions to Newburgh Senior Center, 529 Jefferson St., Newburgh, IN 47630

I'm fine, thank you

There is nothing the matter with me,
I'm as healthy as I can be.

I have arthritis in both my knees
And when I talk, I talk with a wheeze.
My pulse is weak, and my blood is thin,
But I'm awfully well for the shape I'm in.

Arch supports I have for my feet,
Or I wouldn't be able to be on the street.
Sleep is denied me night after night,
But every morning, I find I'm all right.
My memory is failing, my head's in a spin
But I'm awfully well for the shape I'm in.

The moral is this as my tale I unfold —
That for you and me who are growing old,
It's better to say "I'm fine" with a grin,
Than to let folks know the shape we are in.

How do I know that my youth is all spent?
Well, my "get up and go" has got up and went.
But I really don't mind when I think with a grin,
Of all the grand places my "get up" has been.

Old age is golden, I've heard it said
But, sometimes I wonder as I get into bed.
With my ears in the drawer, my teeth in a cup,
My eyes on the table until I wake up.
Ere sleep overtakes me, I say to myself
"Is there anything else I could lay on the shelf?"

When I was young my slippers were red,
I could kick my heels over my head.
When I was older, my slippers were blue,
But I could still dance the whole night through.
Now I am old, my slippers are black,
I walk to the store and puff my way back.

I get up each morning and dust off my wits,
And pick up the paper and read the obits.
If my name is still missing, I know I'm not dead,
So I have a good breakfast and go back to bed.

— Author Unknown

Reservations for lunch are needed

Please sign the registration sheet for SWIRCA lunches. Barb has to call in reservations on Fridays for the following week. This is the easiest method to make your lunch date each week, so remember to do this each week (or by the month).

However, if you don't know which days you will be available to join us, please call 812-853-5627 at least 24 hours ahead of the days you would like to eat.

If you do not have a reservation, we cannot guarantee we'll have enough food to share with you.

Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Zion United Church of Christ Newburgh** — Our hospitality sponsor.

***Women's Club of Newburgh** — Landscaping and flowers sponsor.

Better Business Bureau keeps us posted

In it's March newsletter, the BBB is predicting a spike in emergency scam calls during spring break for local schools and universities. Here is how the scam typically works. Someone calls you and says something like, "Grandma, it's me."

You might answer, "Bobby, is that you?" This gives the scammers a name to work with. They continue with a made up story that "Bobby" was on Spring Break in another country and got into trouble or was in a serious accident. Then comes a plea to send money via wire transfer, MoneyGram or GreenDot card sometimes in amounts of a couple thousand dollars. We've heard from someone who re-

ceived one of these calls. She said the caller even sounded like her grandson but she was alerted because he didn't call her the name he used for her, not Grandma, as the caller said.

If you have family who might be travelling, set up a code with them so you know it's really them if an emergency arises. You can figure out with them how to send money if it comes to that. If they leave you a deposit ticket from their bank, you could put funds in their account for their easy access.

People who are deaf or hard of hearing are being contacted by IRS scammers. It seems that a day doesn't go by that we learn of a new twist on the IRS collections scam.

Your BBB® recently received information from the IRS that people who are deaf or hard of hearing are being contacted by IRS scammers. Here's the twist that's being used. These scammers are using VRS, Video Relay Service to perpetrate this scheme. The caller contacts the VRS and the person receiving the call conducts a video chat with the victim, and relays the message via sign language.

Just to make things a bit more confusing, the IRS has contracted with independent collections agencies to collect back taxes, so the saying, "The IRS will never call you," is no longer true. However, if you do not owe back taxes, the IRS will still send you a letter if there are questions about your tax return.

You can pay your dinner theater reservations now

Reservations for the "Music Man," Wednesday, August 16 and "Southern Fried Nuptials," Sept. 27 at Derby Theater are being accepted. Members' discount price is \$39.50 for each performance. Non-member cost per trip is \$79. Dues must be paid ahead of the trip in order to get the discount.

Reservations should be paid by July 1 for the first trip and by August 15 for the second. We have 15 seats available for the bus and the theater.

The bus will leave from and return to St. John's Catholic Church in Newburgh.

The Center board has approved the discounted price for members. Feel free to invite friends and family to these fun days.



April will bring showers but it also brings us several weird holidays

April 1 *Sorry Charlie Day	as the one in October.)	April 25 * Red Hat Society Day
April 2 *National Peanut Butter and Jelly Day	April 15 * Take a Wild Guess Day	*World Penguin Day
April 3 *Fan Dance Day	April 16 * Bat Appreciation Day (Emerge from Hibernation)	April 26 * Audubon Day:
April 4 * World Rat Day	April 17 * Dyngus Day (Always Monday after Easter) A fun Polish holiday for guys and gals to get together	*Hug An Australian Day
April 5 * Read A Road Map Day		*National Pretzel Day
April 6 * Hostess Twinkie Day		April 27 * Babe Ruth Day
April 7 * No Housework Day		*Poem In Your Pocket Day
April 8 * Take Your Parents To The Playground Day (The Saturday on the weekend before Easter)	April 19 * Bicycle Day	April 28 * National Hairball Awareness Day
	*National Garlic Day	April 29 * International Dance Day
April 10 * Safety Pin Day	*National Hanging Out Day	* Eeyore's Birthday Day
April 11 * Submarine Day	April 20 * Bulldogs are Beautiful Day	* Save The Frogs Day
April 12 * Grilled Cheese Sandwich Day	April 21 * Queen's Birthday	* World Tai Chi & Qigong Day
April 13 * Scrabble Day	April 22 * Earth Day	* World Wish Day
April 14 * Dictionary Day (Always part of Library Week. Not the same	*"In God We Trust Day" Day	* Zipper Day
	*National Jelly Bean Day: 22	April 30 * Bugs Bunny Day
	April 23 * Talk Like Shakespeare Day	* National Honesty Day
	April 25 * International Marconi Day	* Walpurgis Night

Community activities of note

Here are some events you might find interesting that are not connected to the Center.

April 1, American Legion Auxiliary Easter Egg Hunt, 11 a.m., New Lock & Dam Park, Newburgh.

Beginning line dancing classes are held at the Newburgh United Methodist Church, Wednesdays, 3:30-4:30 p.m.

Heartstring Stitches is a new project at Newburgh United Methodist Church that provides handmade blankets to the babies in the St. Mary's

NICU. The yarn drive will continue until April 16 and is seeking soft yarn or craft store gift cards. Please drop your donations off in the NUMC main office. If you desire to be involved in this mission project, Heartstring Stitches needs knitters and crocheters of all skill levels. Contact: heartstringstitches@gmail.com or join us on Facebook.

Physical Movement Classes are at Zion UCC Fellowship Hall, Monday and Wednesday, 11 a.m. to noon. There is a fee. For info, call Julie at 812-455-

7163.

The annual youth rummage sale at Newburgh United Methodist Church is April 28 and 29. The Friday sale is the preview, with a \$5 donation at the door, 5-8 p.m. Saturday, the sale continues from 8 a.m. to 2 p.m. in the lower level.

If you have items to donate, you can start bringing clothes and such April 17. Heavier items can be brought in April 26-28. If you need help with items, please call Emma at **812-573-9595**.

Kazoo Band welcomes spring at April performances



What a great spring we are having! We're back with the warm weather!! Thanks to each of you for your "servant's heart" to bring entertainment to nursing home residents. You are a blessing.
Colleen

Please mark your calendars for the following dates:

Thursday, April 6 at 2 p.m. – Signature Health Care. Please be there by 1:45 p.m.

***PLEASE NOTE THE TIME.

Wednesday, April 12 at 2:30 p.m. -- Woodlands. Please be there at 2:15 p.m.

Thursday, April 20 at 1:30 p.m. -- Bell Oakes Place. Please be there by 1:15 p.m.