

# Newburgh Senior Center

## August 2017 Newsletter

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### Manager's Corner

When we were younger, we thought the summers passed so quickly. We could barely get swimming and baseball, 4-H Fair and church camp in before school started again after Labor Day. Now it seems we hardly blink and not only is the year more than half over, the kids are heading back to school and we are thinking about Halloween and Christmas.

I remember looking forward to the start of school each fall. I would get a new school wardrobe, new saddle oxfords and a new winter coat. It didn't take long for the newness to wear



### August birthdays

Beverly Preske  
Janet Anderson  
Susie Williams  
Paul Suter  
Pat Miller  
Sarah Burke  
Rev. Dan Kennedy  
Ed Cooper  
Linda Schifano  
Al Johnson  
Mary Lovell  
Wayne Brakel  
Cheryl Grimm  
Dick Slade  
Charlotte Koewler

off, the shoes to get scuffed and the homework to pile up. Then I wanted summer vacation to come back. I spent some of my summer wanting school and then when I got it, I wanted summer break again.

As adults, I don't think our attitude has changed much. We look to the future with anticipation; we don't cherish where we are right now. Let's all try to enjoy ourselves each day and not look back on the "way it was" or the way it's going to be tomorrow. This has been a dry, hot summer and I'm expecting an early fall because of it. One of the trees here at the Center is already losing leaves.

I know that could be a different problem altogether, but it still brought to mind that autumn is approaching. Someone posted on a Facebook page last week that in 17 weeks, we'd be looking at winter weather. I don't like winter any more than I like summer, but I'm surely looking forward to cooler fall evenings and less humidity. I'm tired of chewing my air.

However, summer hasn't been a total waste. Thanks to Ruth and Kay and Linda, we have had a decent garden this year. The squash and zucchini have been plentiful and we have tomatoes and watermelons getting ripe. Next year we hope to have new dirt and/or raised bed boxes for our growing spaces.

We have a lot to look forward to this next few weeks.

September 8, we will be fortunate to

have volunteers from Alcoa here with their paint rollers and ladders. Unless you hear differently, we will be closed that Friday so we don't have a lot of people breathing in paint fumes.

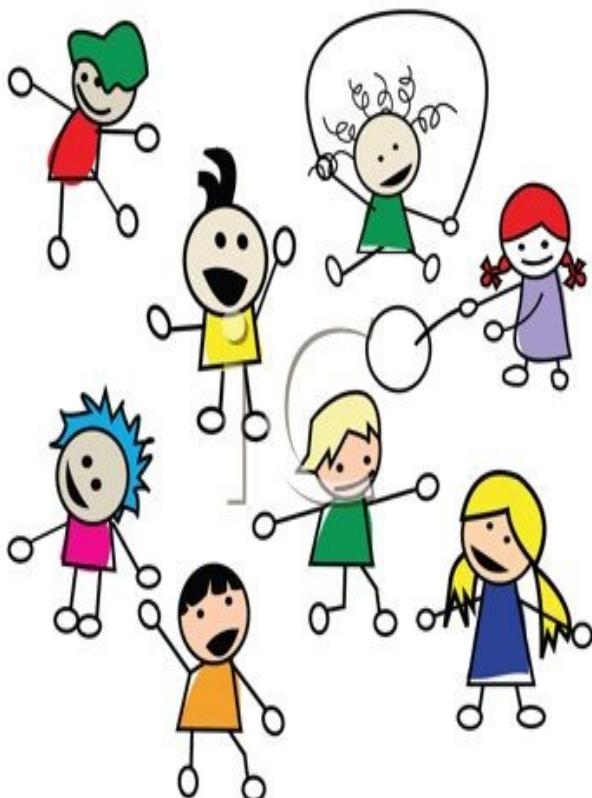
At the end of September, we will be busy with our annual fundraiser, Porkapalooza. We'll need lots of help with that. Our able chairs, Debbie Craig, Colleen Martin and Theresa O'Rourke, will be telling us what they need from us.

One thing for sure, we will be wrapping forks again and planning our bake sale. The bake sale was a huge success last year and we've been asked to repeat it.

We'll be saying this often before and following the event: Thanks to all who help with the set up, serving, smoking and clean up. And a huge thanks to our sponsors. Without all you all, we could not hold Porkapalooza. With all the help we get, it doesn't seem too much like work.

Agnes and Jack Spillman are celebrating their anniversary on August 4. They were married in 1956. We wish you many more happy years together.

# Thanks to our Activity Sponsors



**Town of Newburgh** — Provides our building, maintenance and supplies/services.

\***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

\***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

\***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

\***Zion United Church of Christ Newburgh** — Our hospitality sponsor.

\***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

\***Ohio Township** — Activity sponsor.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at [manageratnsc@gmail.com](mailto:manageratnsc@gmail.com).

## Senior Center chosen by Schnucks for August donations

Our Center was selected to be the recipient of August proceeds from Schnucks Grocery's "Giving is in the Bag" program. For every bag sold at the Newburgh store, the Center will receive \$1. Please buy a bag and tell your friends and family about the program. Be sure it is the red bag. These are large bags and will hold more than your usual plastic grocery bag.

To date, 170 non-profits have been

gifted through this program with more than \$8,000 donated by Schnucks.

Schnucks estimates for every bag sold and used just **one time**, eight single-use bags are NOT used. And you can use your bag again and again.

With the number of bags already sold, they estimate more than 64,000 single-use bags have not been used.



## CCC workers to be the topic for presentation in October

Michigan based author Bill Jamerson will be at the Center with a music and storytelling program about the Civilian Conservation Corps on Saturday, October 22 at 2 p.m.

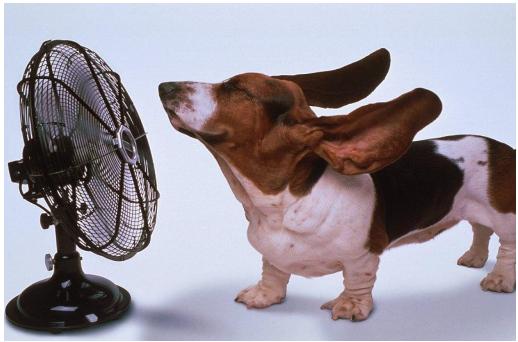
Dressed in uniform, Jamerson shares stories about the CCC, reads excerpts from his book and sings original songs with his guitar. It's a nostalgic, fun-filled program with songs, laughter

and many heartfelt stories. He has performed at CCC reunions around the country and at dozens of CCC-built national and state parks. The program is as entertaining as it is important; as honest as it is fun.

The Civilian Conservation Corps was a federal works program created by President Franklin Roosevelt in the heart of The Great Depression. During

its nine-year run beginning in 1933, more than 54,000 men, aged 17-25, served in Indiana. The camps were operated by the Army, with an average of 37 camps in operation for each year. The enrollees were paid \$1 a day with \$25 sent home to their families each month. The money provided relief for their families who were desperate for food and basic necessities.

# Thanks to our Day Sponsor for August



**WE WILL BE CLOSED FRIDAY,  
SEPT. 8 FOR PAINTING.**  
**A group from Alcoa is volunteering to paint our accent walls through the United Way Day of Caring.**  
**Thanks, Alcoa and the United Way for helping the Center.**

We love our Day Sponsors!  
**August 29** is sponsored by Blake Larson in honor of his wife Jan's birthday. Happy Birthday, Jan.

Many thanks to Jan and Blake for their active participation in our community. Thanks for including us in the happy occasion.

## Derby Theater trip details announced

As of now, there are a few seats available for the Wednesday, August 16 trip to the Derby Theater in Clarksville, Indiana. If you want to go and have not signed up, contact Barb Isaac at the Center right now.

The bus will be loading at St. John the Baptist Catholic Church in Newburgh at 7:30 a.m. It will be leaving, whether or not you are on it, at 8 a.m.

Tickets for "Music Man" are \$79 but are discounted through the Center to \$39.50 for members.

Joe Seibert, of Happy Hoosiers" is the leader of the trip. Ticket price includes the show, the lunch buffet, transportation and all taxes and gratuities.

## Quirky holidays in August: some to remember, some to forget

1 National Girlfriends Day	7 International Forgiveness Day	21 Senior Citizen's Day
2 National Ice Cream Sandwich Day	9 Book Lover's Day	22 Be an Angel Day
3 National Watermelon Day	10 National S'mores Day	22 National Tooth Fairy Day
4 National Chocolate Chip Cookie Day	12 Middle Child's Day	23 Ride the Wind Day
5 National Mustard Day	13 Left Hander's Day	24 Vesuvius Day
5 National Underwear Day	14 National Dreamsicle Day	25 Kiss and Make Up Day
6 Friendship Day	16 National Tell a Joke Day	26 National Dog Day
6 Sisters Day	18 Bad Poetry Day	27 Just Because Day
6 Wiggle Your Toes Day	20 World Mosquito Day	30 Toasted Marshmallow Day

## The Dog Days of Summer include a solar eclipse this year

**Dog Days** are the hot, sultry days of summer, and this year on August 21, we're going to get a total solar eclipse around this area.

Dog Days were historically the period following appearance in the night sky of the star Sirius (aka the Dog Star), which Greek and Roman astrology connected with heat, drought, sudden thunderstorms, lethargy, fever, mad dogs, and bad luck.

They are now taken to be the hottest, most uncomfortable part of summer in the Northern Hemisphere. We in southwestern Indiana will certainly agree with that.

Various computations of the dog days have placed their start anywhere from July 3 to August 15 and lasting for any-

where from 30 to 61 days. They may begin or end with the cosmical or heliacal rising of either Sirius in Canis Major or Procyon (the "Little Dog Star") in Canis Minor and vary by latitude, not even being visible throughout much of the Southern Hemisphere.

In Anglo-Saxon England, the Dog Days ran from various dates in mid-July to early or mid-September. Canonical "dog daies" were observed from July 7 to September 5 in the 16th-century English liturgies. They were removed from the prayer books at the restoration of the monarchy in 1660 and their term shortened to the time between July 19 and August 20. During the British adoption of the Gregorian calendar in 1752, they were shifted to

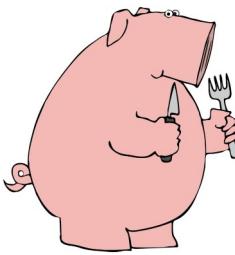
July 30 to September 7. It's always a good idea to drink plenty of water, but it is especially important during the Dog Days of Summer. Remember, it's cool at the Senior Center, in more ways than one.

## Elder law attorney to visit the Center

Elder law attorney, Chris Ripley, will be with us at the Center on Thursday, August 24 at noon. He will share with us information about financial security, Medicare and Medicaid. Then he will stick around for your questions.

Mr. Ripley formerly worked with Bamberger, Foreman, Oswald and Hahn in Evansville before launching on his own.

# 'Wild Hogs' kicks off Porkapalooza 2017



Invite your friends, neighbors and people on the street to our 2017 Porkapalooza kickoff party at 11:30 a.m., Thursday, Sept. 7. We'll be sampling the traditional Porkapalooza lunch menu of

pulled pork sandwiches, chips and delicious dessert.

We'll have at least one Harley and rider parked out front for photo opportunities. Please wear your pink Porkapalooza shirt.

## PORKAPALOOZA 2017!

### Porkapalooza 2017 shirts available now

We have new pink Porkapalooza shirts in a size to fit everyone. The suggested donation is \$5 each.

There is a list to sign up for new shirts. However, if you already have one and one is enough for you, that's fine, too.

We'll be asking folks to wear their shirts both before and during Porkapalooza, so make sure you have an adequate supply.

Some of us have been a victim of the closet fairy who slips into our closets at night and exchanges the clothes that fit with those of a smaller size. Make sure your shirt has not been stolen by the closet fairy.

Some sizes are limited, so don't wait to get your new shirt.

### Keep your personal info safe

The Better Business Bureau is reporting another new scam that's affecting people throughout the country. People have received an email from someone claiming to be FTC (Federal Trade Commission) Acting Chairman, Maureen Ohlhausen. The email asks people to provide their bank account information in order to receive refunds from a Western Union settlement. It's a total scam.

Don't click on any links and do not reply to that email. Forward it to [spam@uce.gov](mailto:spam@uce.gov).

The Western Union settlement is final, but the refunds will be handled by the U.S. Department of Justice, not the FTC. Also, the refund process hasn't started yet.

The FTC will never ask for your bank account number or money in exchange for a refund or any other type of services. If the FTC needs to send you money, they will usually send a check through the mail.

If you are waiting on a refund, you can go to [gov/](http://gov/) refunds to find out more information.

To stay ahead of scams, you can sign up for free to get scam alerts. Also, if you've been victimized by a scam, you can report it to [bbb.org/Scamtracker](http://bbb.org/Scamtracker).



### Bake Sale popular with Porkapalooza visitors

Dig out those recipes and give them a try. We have volunteers standing by to taste test possible bake sale items for this year's Porkapalooza. You can start bringing your samples any time for tasting.

Last year we raised more than \$400 on the bake sale, with all money going to the programs held at the Senior Center.

We'll need baked items for both the Friday and Saturday of Porkapalooza. We'll have a list for sign ups. You can tell us what you plan to bring or you can surprise us. We just need to know which day(s) you plan to bring baked goods.

### Volunteers needed for Porkapalooza

Inside and outside volunteers are needed to help with Porkapalooza, September 29 and 30. Colleen Martin has posted the sign up sheets. She'll let you know what she'd like you to do.

We will be wrapping forks again this year two weeks ahead of the event.

### Party with your friends at the Center when we have midnight at midday

Since those of us who are old enough to come and play at the Senior Center will never see another total solar eclipse, we are using the event as an excuse to party.

Join us August 21 for games, fun and watching the eclipse with special glasses donated to us by the Ohio Township Public Library. (Thanks!)

We'll have special updates through the day and everybody can go out with their special glasses when the eclipse starts and gaze at the sun.

If the weather doesn't cooperate here, we'll have a streaming report from NASA that will show the magic as it occurs across the country.

This is an unusual eclipse for us in that it is total and that encompasses the entire span of the United States from Oregon to South Carolina.

Information will be available about eclipses and what science hopes to discover as we get a glimpse of the power that lights up our world.

