

# Newburgh Senior Center

## December 2014



### Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com [Lisa1ashlyn@aol.com](mailto:Lisa1ashlyn@aol.com) "Like" us on Facebook ☺

Hours: Monday - Friday, 9am to 2pm

Lisa Ashby Goff, Manager

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### Happy Birthday

Martha Adickes - December 5

Betty Hendrickson - December 15

Rosemary Hannan - December 29

### Dues:

Please see Lisa or Barb to pay 2015 dues (\$12.00 for the year).

Please make checks payable to Newburgh Senior Center.

### "Senior Class" Kazoo Band-Merry Christmas through Music

Please mark your calendars for the following dates:

Thursday, December 04 at noon-Kazoo Practice

Thursday, December 11 at 2:30 pm at Golden Living Center-Woodlands. Please be there by 2:15 p.m.

Wednesday, December 18 at 1:30 pm at Bell Oaks. Please be there by 1:15 pm.

If you don't kazoo, please come out and support our kazoo band☺



## Thanks to our December Day Sponsors:

December 13 is sponsored by Diane Shinn in honor of the birthday of her husband, Bill Shinn. Happy Birthday Bill! Many thanks to Bill and Diane who have been long time supporters of the NSC.

December 27 is sponsored by Teresa O'Rourke in honor of her husband, Mike's birthday. Happy Birthday Mike! We are so appreciative of Mike and Teresa who are so talented and share those talents with the Center.

December 31, New Year's Eve is sponsored by John and Martha Maier of Boone Funeral Home, Inc. They remind us to celebrate responsibly and wish everyone a Happy New Year. Thank you Boone Funeral Home for your support.

### A few December highlights...

Better Business Bureau with Jackie Heathcott-consumer class on Thursday, December 4<sup>th</sup> during lunch (11:30) at the senior center.

Sing a long is Thursday, December 4<sup>th</sup> at noon.

Our Soup Jar Giving Project is \*Friday, December 5<sup>th</sup> at noon. We need all hands to be here to help us with our annual Christmas project. This is our opportunity to show our donors, sponsors, friends and community our thanks and gratitude for their support of the senior center.

Card-making with Jane is Tuesday, December 9th at noon.

Nutrition class with Carolyn, Purdue Extension Office of Warrick County is Thursday, December 11 during lunch (11:30).

Music with Suzette Ewer is Thursday, December 18<sup>th</sup> at noon.

Christmas carry-in meal is Friday, December 19th at 11:30, followed by music with Linda & Earl "Heavenly Express".

## SHIP News from volunteer Melissa Meredith....

What does Medicare Part A cover?

In general, Part A covers:

*Hospital care*

*Skilled nursing facility care*

*Nursing home care (as long as **custodial care** isn't the only care you need)*

*Hospice*

*Home health services*

\*If you need to find out whether Medicare covers your item, service, or supply you can look on the website [www.medicare.gov](http://www.medicare.gov) , call a SHIP counselor at 1(800)452-4800, or call SWIRCA & More at (812)464-7817.

### Health and Wellness at the Center

Arthritis exercise is Monday, Tuesday, Wednesday, and Friday at 11:00.

SWIRCA exercise meets every Thursday at 12:30 at the center.

Tai Chi class meets Thursday mornings at Zion UCC. Beginner class is at 9:30; advanced class is at 10:00.

The center's exercise room is available Monday through Friday 9am to 2pm.

Physical therapy staff from Golden Living Center-Woodlands conducts our exercise program the 2<sup>nd</sup> Tuesday each month at 10:45 here at the center.

### Thanks to our Business Sponsors for 2014:

\*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.

\*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

\*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

\*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

\*Tom & Penny Bodkin-Landscaping Sponsor

\*Ohio Township-Activity Sponsor



Happy New Year