

Newburgh Senior Center

July 2017 Newsletter

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Manager's Corner

In case you blinked, we are officially into summer now and more than half way through the year. Some smart alec recently posted on Facebook that there are only 27 Fridays until Christmas. That was not something I wanted to hear.

Since time is passing so fast, we need to stop and check to be sure we are trying new things and looking at life with optimism and gratitude. New adventures help us learn new stuff, expand our thinking and grow our confidence.

As we look towards the heat and humidity of summer, remember to stay cool and drink lots of water. As the air is thicker, we will be moving slower.

This month we'll welcome a new bingo sponsor, Horizons Home Care. And T.J. from Hamilton Pointe will be bringing back bingo from there. Hamilton Pointe also became a Friday lunch

sponsor in June. We appreciate both these organizations for their support, as well as all the businesses and volunteers who help us in many ways.

I took Senior Center info to the Rathbone Home for their first Elder Abuse Awareness Day. It was a fun event and I hope they will grow that so more people are educated about elder abuse. (Never hesitate to let someone know if you are the victim of abuse or suspect it among your friends.)

I want to encourage you all to participate in Newburgh events this summer. Coming up in July are the fireworks at the Old Lock and Dam Park, along with the Old Dam Band and other fun and games; Newburgh Remembers in mid-July and then Fiddler Fest later in the summer. These are some of the reasons we love living in a small town.

We recently watched a show at home where a little girl only wanted spark-

lers for her birthday. Not only did her dad get sparklers for the family to wave around in celebration, he bought fireworks and shot them off in the dead of winter in western Canada.

I remember sparklers as a young kid. They were lots of fun until we moved up to the hard stuff.

Most of us learned to respect cherry bombs and fire crackers after up close and personal experience with a wild one or two. The lit one, that was thrown out the front window of the car but came back in the rear window where we were sitting, was a test of quick reflexes. I wouldn't want to try that at this age. I have not shared that with my grandkids, so don't tell them.

July birthdays



Darris Brown	July 1
Martha Lease	July 3
Carman Edmonson	July 5
Allen Gomoll	July 10
Brenda Harper	July 17
Sylvia Sorensen	July 17
Ron Weatherford	July 18
Donna Yuschak	July 23
Rudy Fischer	July 25
Carol Parsons	July 28

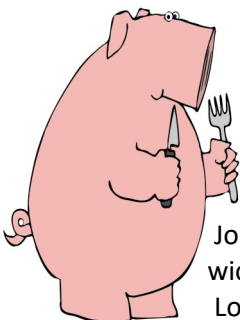
Save the dates!

Porkapalooza 2017

September 29 & 30

Hog Wild Kickoff lunch

**Friday, September 8,
11:30 a.m.**



Join your friends and their friends for a great pulled pork sandwich and sides, and help us kick off Porkapalooza 2017. Look for the Harleys, etc. out front and get your picture taken with Harley riders and other celebrities.

Thanks to our July day sponsors



Happy 4th of July!

Bridge players needed

The Tuesday Bridge group is looking for experienced players to make up teams and substitutes for regular players. Please pass the word to your favorite bridge players—the ones who have fun playing bridge.

Contact Susie Williams at 812-858-2892 if you are interested.

At this time, we don't have classes to learn bridge, but if enough folks express interest, we'll find a teacher.

Our garden is looking good

Thanks to a few dedicated volunteers, our garden is looking great. It won't be long now before we start to have our own squash and tomatoes.

Next year, we'd like to do this better. If you know a Boy Scout who needs ideas for an Eagle project or a Girl Scout looking for a Silver or Gold Award project, revitalizing our garden would be a possibility.

We might not need as much space as we are using now, or we could talk about using that space for a community garden. We have even talked about raised containers.

What we know for sure is that it needs to be deeply tilled and the soil revitalized, one way or another.

We'll be getting a committee together in January to plan the 2018 garden. We're open to suggestions.

July 01 is sponsored by Tom and Penny Bodkin in honor of Newburgh Museum as it celebrates its fifth birthday. The museum cares for, showcases, and interprets authentic pieces of Newburgh history. Located on the first floor of the Old Newburgh Presbyterian Church, aka Preservation Hall, it opened in July 2012.

Permanent displays at the museum include information about the town's founding, how it got its name, its early industry, a period of decline and how it has changed in modern times. The main exhibit at the museum is changed every few months. Thank you, Penny and Tom. Happy Birthday Newburgh Museum!

July 02 is sponsored by Dr. JP Morgan who has a birthday on that day. Dr. Morgan, of the Hand Center of Evansville, has been a Day Sponsor for many of his birthdays! Thank you and Happy Birthday, Dr. Morgan.

July 04 is sponsored by Charlotte and Charles Koewler in honor of Independence Day. They remind us to reflect on the freedoms that the United States of America provides to us all and to celebrate our country. Thank you, Charles and Charlotte, for your generosity.

July 30 is sponsored by Mike Andreas in honor of his wife's birthday. Mike and Linda are the NSC Garden and Landscaping sponsors and have been dedicated and generous supporters. Thank you so much. Happy Birthday, Linda. We are happy to be part of your celebration.

Listen up: BBB offers advice on purchasing hearing aids

If you think you're losing your hearing, make sure to see a doctor and ask about hearing aids. If they are what the doctor prescribes, there are a few things to keep in mind before buying one:

1. Find a reliable provider. It's best that you do your research before making a purchase. Ask your doctor for a list of providers, look them up online and even give them a call if you have any questions. If you are not sure about a certain provider, look them up on bbb.org!

2. Watch out for extremely low prices. Ask questions. If a deal sounds too good to be true, it probably is. Gather as much information about providers as possible.

3. Resist high-pressure tactics. If you contacted a provider and you are being pressured into making a purchase, using words like "one-time deal", "it's now or never," etc., walk away. Also, make sure you get your deal in writing

and ask the provider to write down every single detail of your agreement. Make sure the company name, phone number, and address are spelled correctly.

4. Try it before you buy it. Don't buy hearing aids that you haven't had the chance to try first. It's also good to know that most states require a 30 to 60-day trial period.

5. Warranty information — Ask your provider questions like: How long is my warranty? Can it be extended? What services does it cover? Since some services may differ among providers, try to compare apples to apples. ASK! ASK!

6. Ask what your total cost will be. Your hearing aid could require fitting services, follow-ups and so on. Make sure to get a list of all the products and services you will be receiving with your actual hearing aid. Otherwise, you may get some unwelcome surprises when it comes time for help.

Thanks to our Activity Sponsors



***Town of Newburgh** — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Zion United Church of Christ Newburgh** — Our hospitality sponsor.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

Computer classes offered at Warrick Education Center

If your computer skills are rusty or if you need to get into the 21st Century, classes are being offered at the Warrick Education Center on Tuesday and Wednesday evenings.

For information and to register, call 812-858-4309 and leave a message. They don't have summer office hours, so someone will get back to you about starting the classes.

United Way Day of Caring offers help at non-profits

We are hoping to be one of the non-profits that will benefit from the annual United Way Day of Caring. The jobs we've asked for help with will allow us to be open the day of the event, September 8 — the same day as our Porkapalooza lunch. If we're accepted, we'll let the volunteers help us kick off Porkapalooza while they wash windows, etc.

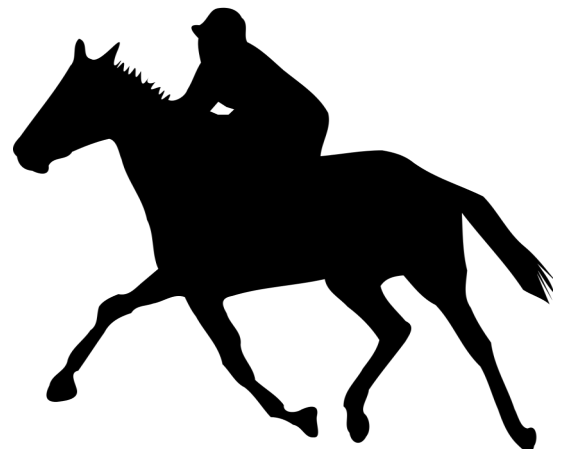
They were a great bunch of volunteers last year. They helped with lots of chores and had fun with us in the bargain.

First 2017 Derby Theater trip getting closer

If you want to go with your friends from Newburgh Senior Center on our first trip of the year, time is running short for you to claim a seat and pay. The cost per trip this year is \$39.50 for members. For non-members of NSC, the cost is \$79. You can pay for both trips at once or each separately. Your ticket covers the cost of your meal, the play and the bus trip.

Our first trip to the Derby Theater is Wednesday, August 16 and it is "The Music Man." We currently have one seat open. We reserved 15, and if it's as usual, that's all we can get. We need to turn in the money by July 15, so if you have reserved a spot, we'll need your payment.

We have five seats open for the September 27 show, "Southern Fried Nuptials." This is a comedy you won't want to miss. Once the seats are filled, there will be no more availability.



There's more to July than the 4th: Bizarre and unusual holidays



Just so you know, the second week of the month is the National Nude Recreation celebration. It has been politely suggested that we not observe this holiday at the center.

There are, however, plenty of other bizarre holidays to celebrate in July. Feel free to remind us and we'll help you observe them.

July 2017 Daily Holidays, Special and

Food boxes available for Warrick County seniors

If you are 60 or older, live in Warrick County and could use a bit of extra food every month, contact Colleen Martin at 812-598-8332. She is in charge of the Commodity Supplemental Food Program.

Income limits for the program are \$15,444 annually, per single person, with the amount going up for extra people in the family.

Colleen is the only person who can register people for the program, so you must contact her. Leave a message if she doesn't answer, and she'll get back to you as soon as possible.

Even if you don't meet the income guidelines, please keep this program in mind and tell your friends, family, members, etc. They might qualify and be interested.

Typically, each food box contains four

Wacky Days:

- 1 Creative Ice Cream Flavors Day
- 1 International Joke Day (Share your favorites with us!)
- 2 Build A Scarecrow Day (If you build it, they will come. Our garden could use a couple.)
- 2 I Forgot Day
- 3 Compliment Your Mirror Day
- 4 Sidewalk Egg Frying Day (It's not just for fireworks!)
- 6 International Kissing Day
- 7 Chocolate Day
- 7 National Strawberry Sundae Day
- 8 National Blueberry Day
- 9 National Sugar Cookie Day
- 10 Teddy Bear Picnic Day
- 11 Cheer Up The Lonely Day
- 12 Pecan Pie Day
- 14 Pandemonium Day
- 15 Cow Appreciation Day (Give a cow a hug!)
- 16 National Ice Cream Day
- 17 Peach Ice Cream Day (If you chose a different flavor yesterday.)

cans of vegetables, dry beans or peanut butter, shelf stable milk, a 2-pound block of cheese, canned meat, stew or chili, powdered milk (alternate months), cereal, two cans of fruit, pasta or rice and juice.

Distribution is always the **fourth Friday of the month, 9-11 a.m.** You must sign up in person but you may designate someone specific to claim your food box if you cannot conveniently pick it up every month.

This is a USDA program, so it's not us making the rules or deciding what food goes in the boxes. There are a limited number of boxes available for each site. You can opt out of the program at any time.

If you think about it, please ask your church to put it in the monthly newsletter.

17 Yellow Pig Day (Didn't know there were yellow pigs.)

20 National Lollipop Day

21 National Junk Food Day

22 Ratcatcher's Day

23 National Hot Dog Day

23 Vanilla Ice Cream Day

24 Amelia Earhart Day

24 Cousins Day

25 Threading the Needle Day (There is a web site with threading directions — taking 14 steps.)

26 All or Nothing Day

27 Take Your Pants for a Walk Day

28 National Milk Chocolate Day

29 National Lasagna Day

30 National Cheesecake Day

30 Father-in-Law Day

30 International Day of Friendship

31 Mutt's Day (If you are owned by a mutt, give him/her a hug. If not, visit a shelter and love on the mutts there.)

Friday lunch news

We are so grateful to the organizations and individuals who support our Friday lunches at the Center.

We are a SWIRCA meal site, with lunches being brought in four days a week. The suggested price for meals is \$3.50, if you can afford it.

Because they needed to reduce their costs, SWIRCA does not bring in lunches on Fridays. We decided we would provide lunches on Fridays because we think it is important to have nutritional meals every day of the week.

We have been blessed with people and organizations that bring lunches to us on Fridays.

There are times, however, when lunch is sponsored by the Center. That can get expensive, so we ask that everyone pay the \$3.50 on Fridays, even if the lunch is sponsored by an outside group. It helps defray the costs of lunches the weeks that we bring you lunch.