

# Ivy Café & More

June 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Operated by the SWIRCA &amp; More Nutrition Program</b> <b>16 W. Virginia St Evansville, Indiana</b> <b>812-464-7807</b>	Your meal is provided on a donation basis, whatever you can afford to contribute. There is no set fee or charge. A suggested donation is \$3.50 per meal. Cash, checks, or Food Stamps are accepted	1 Penne Pasta w/Meat Sauce Corn Spiced Peaches Texas Toast Milk	2 Smoked Sausage Sauerkraut Mashed Potatoes Cinnamon Apples Wheat Bread/Marg. Milk	3 Pulled pork sandwiches, corn, cole slaw
6 Cheeseburger on Bun Baked Beans Cauliflower Pears Bread/Margarine Milk	7 Salisbury Steak w/Gravy Mashed Potatoes Carrots Snack Cake Bread/Margarine Milk	8 Sausage Pattie Country Gravy Southern Style Biscuit Spiced Apples Milk	9 Oven Fried Chicken Root Vegetables Brussel Sprouts Pudding Milk	10 Vegetable soup, sandwiches
13 Parmesan Chicken Baby Bakers Green Beans Bread/Marg Tropical Fruit Milk	14 Ham & Pinto Beans Pickled Beets Cornbread Fruit Crisp Milk	15 Stuffed Chicken Red Skin Potatoes Broccoli Bread/Marg Apricots Milk	16 BBQ Riblet on Bun Cheesy Potatoes Peas Pears Milk	17 Lunch provided by Humana (fried chicken, mashed potatoes, gravy, green beans)
20 Quarter Pound Frank on Bun Baked Beans Mixed Vegetables Fresh Fruit Milk	21 Fish Homemade Macaroni & Cheese Vegetable Blend Wheat Bread Peaches Milk	22 Sloppy Joe on Bun Hash Brown Potato Zucchini Mandarin Oranges Milk	23 BBQ Pork Chuckwagon Corn Spinach Rye Bread/Marg Applesauce Milk	24 Gerald Bowser grilling burgers, etc.; chips, potato salad
27 BBQ Chicken Roasted Sweet Potatoes Broccoli Bread/Margarine Mixed Fruit Milk	28 Smoked Pork Chop Garlic Diced Potatoes Green Beans w/Carrots Pineapple Chunks Bread/Margarine Milk	29 Penne Pasta w/Meat Sauce Corn Spiced Peaches Texas Toast Milk	30 Smoked Sausage Sauerkraut Mashed Potatoes Cinnamon Apples Wheat Bread/Marg. Milk	<u>Meat/Entrée:</u> 2 $\frac{1}{2}$ - 3 oz <u>Veg/Salad/Dessert</u> $\frac{1}{2}$ cup Margarine: 1 teaspoon Bread: 1 slice Milk: $\frac{1}{2}$ pint <u>Casseroles:</u> 8oz  <b>Red, White &amp; Blue food carry-in to celebrate July 4th</b>

