

Newburgh Senior Center

June 2017 Newsletter

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Manager's Corner

Summer is here for sure. The deer and rabbits are in the garden and all's about as usual. We are blessed, however, with plants that are growing and a couple of trees that smell like childhood memories.

Thanks to our garden volunteers for planting and watering our crops. We are anxious to taste the fruits of their labors. If you would like to be a garden volunteer, bring your hoe and have at it. We have marked nearly all the preferred plants with plastic forks and chicken wire cages.

Summer was a great time for me as a kid. We grew up on a creek, so there was fishing and rock skipping, but no swimming. My folks knew that water was a health hazard if you got took a gulp of it.

Daddy would recruit my brother and me to help seine the creek for min-

nnows. We had this heavy net apparatus that we would stretch out across the creek and try to walk in sync to gather what we could in the net. There were some interesting finds, I can tell you. Stuff like old cans, broken beer bottles, crawdads and schools of little silvery minnows that Daddy wanted to use for bait when he went fishing.

He lost maybe half his minnow population because I couldn't stop playing with them. He was right when he warned me if I kept handling them, they would die. Twenty or thirty little baby fish floating belly up in the minnow bucket did not endear his only daughter to his heart.

Minnows aside, we had fun on the creek. We built an outrigger one year from half a 50-gallon oil drum, cut down the center long ways. Daddy

helped us fashion outriggers and launched it one stinking hot day. My brother made it to the middle of the creek before it sank like a ton of bricks. Neither of us are particularly good sailors to this day but we still like to play in the water.

We gave one side of our family water cannons for Easter this year but it was too cold to play when they were here. I was a little disappointed when they took them home.

I hope you are planning to play with us at the Senior Center this summer. We are looking at some special activities and I'll let you know as soon as the schedule is finalized.

Thanks for your time, talents, caring

We appreciate all our volunteers, so we take this space each month to recognize the folks who make the Senior Center a better place because they donate time, talents and items.

Thanks to Theresa O'Rourke, Sue Welte and Sarah Burke for the decorations. It always looks great inside.

We are loving our new chairs in the computer room, thanks to a donor who wishes to remain anonymous.

Thanks to Kay Fenimore and Jon Lybarger for helping with the garden. Kay planted the tomatoes that were anonymously donated. (To the tomato donor, your box is out front. Don't forget to come claim it.)

Thanks to the ladies who help each day with our set up.

New groups forming

Welcome to our second set of bridge players. This group of eight ladies chose to play here because we have a great facility, delicious lunch and friendly people.

We are also forming a Hand and Foot gathering. As of now, there are four folks playing at noon on Fridays. If you are interested in playing, contact the Center, 812-853-5627. We have two sets of racks and another available. If you need to learn, we can talk about lessons.

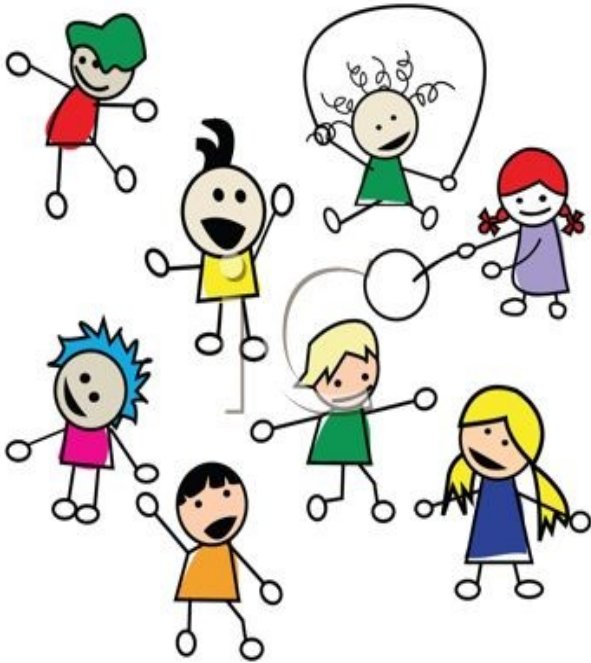
Thanks, Jack Spillman, for making the racks.

June Birthdays



Jackie Snodgrass	June 2
Connie Levengood	June 14
Becky Brackett	June 15
June Huber	June 19
Lorraine Gilly	June 25
Catherine Bausch	June 29

Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Zion United Church of Christ Newburgh** — Our hospitality sponsor.

***Women's Club of Newburgh** — Landscaping and flowers sponsor.

***Ohio Township** — Activity sponsor.

Kazoo Band schedule for June

Summer is coming, and our June song package will be like a cross country trip! We will take a break in July, August and September. We will begin again in October. Think of some Senior Center members or outside friends of yours and invite them to sing with us. Singing is good for you (and that is scientific!). So share some of the benefits of singing with your friends.



Thanks so much for your service.

Please mark your calendars for the following dates:

Thursday, June 08 at 2:30 p.m. at Woodlands. Please be there by 2:15 p.m.

Thursday, June 22 at 2 p.m. at Signature Healthcare. Please be there by 1:45 p.m.

Thursday, June 29 at 1:30 p.m. at Bell Oaks Assisted Living, near Showplace Cinema. Please be there by 1:15 p.m.

Newburgh events during the summer



Newburgh is a good place for families during the summer. A couple events we know about are the Evening on the River Independence Fireworks, on Saturday, July 1, sponsored by Historic Newburgh, Inc.; then *Newburgh Re-members*, sponsored by the Newburgh Museum, July 14-16.

The evening on the river features music, food and fireworks at the Old Lock and Dam Park starting at 6:30 p.m. The Old Dam Band will be in concert and the fireworks will go off at 9 p.m. Preferred seating buttons will be on sale at several locations. Buying a button is

a good way to help support the fireworks.

Remembering the Raid on Newburgh during the Civil War, activities will span July 14-16, and include a reenactment of the raid, several skirmishes, a period village with activities and characters, a wreath ceremony, a Cotillion Ball and a Ladies' Tea. Information, times and fees are on the Newburgh Museum's web site at www.newburghmuseum.com. Tickets for the Ladies' tea and the Ball are going fast, so if you want to go to either event, do not wait to register.

Thanks to our Day Sponsors for June



June 18 — Thanks to our June Day Sponsors, Dennis and Colleen Martin, in honor of all the wonderful dads out there. Thank you, fathers, for being such a good influence on your children and to our community!

Hug your own father if you can. Thank him for being there for you.

If your father is no longer with you, remember good times with him on this day and be thankful for his legacy.

Seats available for August, September Derby Theater dates

We still have a few seats available for the August 16 performance of “The Music Man” and the September 27 show, “Southern Fried Nuptials” at the Derby Theater in Clarksville, IN. The price of your ticket includes dinner buffet at the theater and a seat on the bus.

Joe Seibert is the group leader and has taken this trip many times. We leave from St. John’s Church in the morning and get back before dark.

For members of the Senior Center, the price of each ticket is \$39.50. That is half the usual cost. The Center subsidizes the other half the cost for paid members. Membership costs \$12 a year, so it’s still a savings.



Better Business Bureau gives hints to protect your identity

The Better Business Bureau wants consumers to understand the importance of destroying all documents containing personal information such as bank account numbers, social security numbers, credit card numbers, home addresses, cell phone numbers etc. If you own old documents featuring this type of information, the best thing to do is shred before discarding them in order to avoid identity theft.

“It’s true what they say: one man’s trash is another man’s identity! Cutting your bills in half before throwing them into the trash is not enough – you need to shred everything if you want to protect your personal information,” says Tri-State BBB Director of Media Services, Oana Schneider.

Vanderburgh County Prosecutor, Nick Hermann, said, “Protecting your personal information is the most critical step you can take to lowering your risk of identity theft. Scammers and hackers are looking for easy targets. Spare yourself unnecessary headaches by examining who you share information with; store and dispose of your information securely; always ask questions; and keep your security measures up-to-date on all electronics. Simple fixes

today can save you big headaches tomorrow.”

To help avoid ID theft, follow these recommendations.

1. Install a firewall and anti-virus program to protect your computer and other devices holding personal information. Update these programs frequently.

2. Update your operating system and web browser software regularly on your computer and other devices. Your computer will tell you when these updates are available. A word of warning about updates: The option to update may be a pop up virus or a download from someone other than your security provider. Be sure you only do the updates suggested by your provider.

3. Protect your passwords by keeping them in a safe place. Your passwords should have at least eight characters and should contain numbers, symbols, and letters. Create different passwords for each online account that you have. Do not use your birthday or other significant life event dates, such as your anniversary or your kids’ birthdays. Random letters and numbers are hardest to hack.

4. Never give personal or financial information to unsolicited callers. If you are interested in supporting a particular cause, request the caller send you information via regular mail.

5. Shred all documents before throwing them away.

If you think your personal information has been compromised, immediately contact your debit or credit card issuer to report the misuse and request a new card. You may have to do this with more than one card.

Report the incident to the Federal Trade Commission (FTC) through their ID Theft Clearinghouse at www.ftc.gov/idtheft. This will allow the FTC to identify patterns associated with the unauthorized transactions and investigate data breach source.

If you think you’ve been victimized by this scam, contact your BBB and local authorities immediately. Also, in order to stay informed about other scams happening in your area, go to bbb.org/scamtracker.



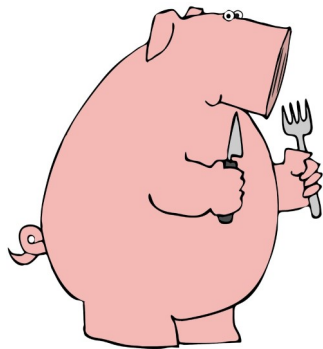
Wacky holidays for June

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| 1 Flip a Coin Day | 17 World Juggler's Day |
| 2 National Bubba Day | 18 Father's Day - third Sunday |
| 2 National Doughnut Day always the first Friday in June | 19 National Kissing Day |
| 3 Repeat Day (I said "Repeat Day") | 19 World Sauntering Day |
| 4 Applesauce Cake Day | 20 Ice Cream Soda Day |
| 5 World Environment Day | 21 Finally Summer Day- Summer Solstice |
| 6 National Gardening Exercise Day- Get out and exercise with your plants. | 22 National Chocolate Eclair Day |
| 6 National Yo-Yo Day | 23 National Pink Day |
| 7 National Chocolate Ice Cream Day | 23 Take Your Dog to Work Day Friday after Father's Day |
| 8 Best Friends Day | 25 National Catfish Day |
| 9 Donald Duck Day | 26 Forgiveness Day |
| 10 Iced Tea Day | 27 Sun Glasses Day |
| 11 National Corn on the Cob Day | 28 Paul Bunyan Day |
| 12 Red Rose Day | 29 Share a Hug Day |
| 15 Smile Power Day | 29 International Mud Day |
| 17 Eat Your Vegetables Day | 29 Waffle Iron Day |
| 17 National Hollerin' Contest Day | 30 Meteor Day |

Save the dates!

Porkapalooza 2017

September 29 & 30



iSenior returning to the Center for the summer

We are so excited to have the young folks from iSenior coming back here for their summer break. They will be here Tuesdays, 10-11 a.m., until they go back to school in August.

For those who are not familiar, the iSenior group comes from Castle High School and helps us with our "new tech" devices such as smart phones and I pads. They are a pa-

tient bunch of gifted students and we love them.

They also go places other than the Senior Center, so if Tuesdays won't work for you, they can help you at a different time.

They have public demonstrations, too, such as the one that was just at Hamilton Pointe. Watch the newspaper for dates.



SHIP representative plans to be at the Center

BriAnn Hill, our new representative with the State Health Insurance Assistance Program (SHIP), is in the process of setting up the office again at the Center and plans to have someone here at least once a month.

She is looking for a volunteer to staff the office here. If you are interested, please contact her.

If you have questions about medicare, she will be glad to help you find answers. She is at 812-457-3238 or email her at bhillship@gmail.com.

Yoga classes a possibility if enough are interested

Thanks to the owners of *A New Beginning for Your Health* for demonstrating what they do in their business. Coral Haynes is a counselor; Kelly Endsley is a massage therapist and Beth Trent is their yoga instructor.

Beth is interested in leading a yoga class at the Center. There is a fee for each session and enrollment is limited. If you are interested, please contact the Senior Center at 812-853-5627.

If you are interested in their services, call 812-641-6649 for information.