

Newburgh Seniors Speak

April 2011



Newburgh Senior Center
529 Jefferson St.
Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629
NewburghSeniorCenter.com

Hours: Monday - Friday, 9am to 2pm

Lisa Goff, Manager

Hurray! Spring is here! It is so motivating to see green grass and buds on the trees...to smell flowers blooming, so lovely. It's time to get out together, breathe in the fresh air, and get our blood pumping with exercise. Be sure and join your friends at the Center. *Lisa*

Don't forget these dates...

*The center will be closed on Good Friday, April 22, which also happens to be Earth Day.

*Sundae Friday is April 8.

*Birthday cake for April birthdays is April 29.

Happy Birthday

Wanda Smith - April 20

Orville "Bud" Huber - April 30

Happy Anniversary

Bettie & Bob Abney

*****Senior Class Kazoo Band Schedule for April 2011*****

Please mark your calendars for the following dates:

Tuesday, April 05-Kazoo practice after Bingo

Thursday, April 07 Baker's Rest Haven 2:30pm

Thursday, April 14 Angel River 2:30pm

Wednesday, April 20 Woodlands 2:30pm

We appreciate our April Day Sponsors:

- *Thanks to Dr. Brian Schymik for being our Day Sponsor for April 05, which is National Stress Awareness Day. Dr. Schymik reminds us that managing our health risks will help reduce stress.
- * Thanks to Tom and Judy Morton for sponsoring April 10 in honor of National Library Week, April 04-10. We are so lucky to have such wonderful libraries in Warrick County that benefit so many residents
- *Thanks to Norm Miller of Northwestern Mutual Financial for sponsoring April 21 which is Administrative Professionals Day. Remember all those people who make things happen for us!



The Evansville Group

- *Thanks to Don Lee, of Don Lee Realty, for sponsoring April 22, which is Earth Day. Celebrate Earth Day by conserving national resources all year long.
- *Thanks to Colleen Martin, for sponsoring April 28 in honor of her husband Dennis Martin's 62rd Birthday!!! Happy Birthday Dennis!

Community News/Happenings

We are so fortunate and grateful for the community support for our Center. Many businesses, organizations and even individuals give their time and money to our Center. There are simple ways we can give back to our community to show our gratitude.

*Be a Grandfriend. TRI-CAP Head Start visits us on Tuesdays, two times a month. Seniors partner up with children to do art, games, or music at 10:45. Children then eat lunch with their senior friends before loading their school bus. Everyone wins when you choose to be a mentor. The experience is rewarding to the mentor, rewarding to a child, and a beneficial investment for our community's future. Join us Tuesdays, April 12 and 26 at 10:30.

*Blood Drive at Newburgh United Methodist Church on Wednesday, April 6, 3-8pm at Fellowship Hall.

*Chili cook-off on Saturday, April 9 at Cricket's in Newburgh. Proceeds go to the Newburgh Volunteer Fire Department.

*1st Annual Newburgh Peeps Show, Saturday, April 9 at Preservation Hall 10am to 4pm to benefit the Newburgh Museum's restoration of the 1885 Chickering Grand Piano.

Return of "Armchair Travels"– Friday, April 29- Dale and Janet Waller, will be our guides. The Wallers, experienced travelers, were part of a group from the University of Evansville who recently returned from a trip to exotic India.

Health & Wellness Highlights:

- *Walking Club meets Fridays at the center at 9:15 a.m. Please see Lisa or Ruth Edgerton to discuss other days/times you may be interested in walking together.
- *Stay tuned for our Spring Fling walk. If you or a friend uses a wheelchair, we hope you can still join us at the Newburgh Elementary track.
- *Please see Velda, Lisa, or Kenny Scheessele if you would like to help Artie with the garden this year. We're looking forward to not only the fresh, healthy produce but also fresh air and exercise.
- *Thanks to the ITT Nursing program, which sends students on Mondays to do blood pressure checks for us.
- *USI nursing students will be here Wednesday, April 6, will speak on health topics and offer blood pressure checks.

2011 AARP TAXAIDE SCHEDULE

04/01/11	Friday	9:30-1:00	McCollough
04/04/11	Monday	1:00-4:00	McCollough
04/05/11	Tuesday	9:30-1:00	Central Library
04/05/11	Tuesday	1:00-4:00	Newburgh Central
04/06/11	Wednesday	9:00-12:00	Lakeside Manor
04/06/11	Wednesday	12:00-4:00	SWIRCA
04/08/11	Friday	9:30-1:00	McCollough
04/11/11	Monday	1:00-4:00	McCollough
04/12/11	Tuesday	9:30-1:00	Central Library
04/12/11	Tuesday	1:00-4:00	Newburgh Central
04/13/11	Wednesday	12:00-4:00	SWIRCA

****MEMBER DUES-Thanks to the many seniors who have paid \$12 dues for the year. Just one dollar a month goes a long way for our center, when everyone contributes.

Thanks to our Business Sponsors for 2011:

- *Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.
- *Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.
- *Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.
- *Zion UCC Church, Newburgh, is our Hospitality Sponsor.

Happy Easter to you all.