



Newburgh Senior Center

October 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 *11:00 Gentle Stretch *Noon-Clabber Club	2 *9:30 Knitting *9:45 Walking Club *Noon-Bingo-Sterling - Leslye *1:00 Exercise at Kiwanis	3 *11:00 Arthritis Stretch *12:15 Bingo-Maryanne Cypress Grove	4 *9:30, 10:00 Tai Chi *12:30 SWIRCA Exercise *1:00 Sing-a-Long w/Colleen	5 *9:30 Walking Club *10:30 Billiards/Pool *Senior Hobby Show and Tell	6
7	8 (Columbus Day) Candidates Day- Carry-in Meal 11:30	9 *9:30 Knitting *9:45 Walking Club *1:00 Exercise at Kiwanis	10 *10:30 Billiards/Pool *11:00 Arthritis Stretch *Noon-Card-Making Class with Jane *2:30- Kazoo at Angel River	11 *9:30, 10:00 Tai Chi *Noon-Marlene's BINGO *12:30 SWIRCA Exercise	12 *9:30 Walking Club *10:30 Billiards/Pool *Noon-Bingo-Ellen- Asera Care	13
14 Talent Show 2-4pm	15 *11:00 Gentle Stretch *Noon-Clabber Club	16 *9:30 Knitting *9:45 Walking Club *Noon-Bingo – Buehler's IGA-Barb *1:00 Exercise at Kiwanis	17 *10:30 Billiards/Pool *11:00 Arthritis Stretch *Noon-Bingo-Sarah – Golden LivingWoodlands *1:00 Sjogren's Meeting *2:30 Kazoo at Woodlands	18 *9:30, 10:00 Tai Chi *Noon-Heritage Federal Credit Union BINGO *12:30 SWIRCA Exercise	19 *9:30 Walking Club *10:30 Billiards/Pool *Noon-Rummicube Tournament <i>GHOST WALK</i>	20 <i>GHOST WALK</i> Call Historic Newburgh, Inc. at 853-2815 or visit their site on the internet.
21 Ghost Walk Talk at Preservation Hall	22 *11:00 Gentle Stretch *Noon-Clabber Club	23 *9:30 Knitting *9:45 Walking Club *Noon-Bingo-Chloe- Reliable Adult Care *1:00 Exercise at Kiwanis	24 *10:30 Billiards/Pool *11:00 Arthritis Stretch *12:15 Bingo-Willow Park *2:30 Kazoo at Newburgh Health Care	25 *9:30, 10:00 Tai Chi *12:30 SWIRCA Exercise	26 *9:30 Walking Club *10:30 Billiards/Pool *Noon-Bingo-Gary- Freedom Medical	27
28	29 *11:00 Gentle Stretch *Noon-Clabber Club	30 *9:30 Knitting *1:00 Exercise at Kiwanis	31 <i>Halloween</i> *12:15 Bingo-Cindy- Bright Star Helpers			
	SWIRCA lunch is served at 11:30 daily. Call 853-5627 to make a reservation.	SWIRCA meals are \$3.50 per person. Please reserve at least one day prior.				

