

# Newburgh Senior Center

## December 2011 Newsletter



### Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Goff, Manager

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"During this holiday season, let's remember those who cannot get out and see their friends. This time of year can be a bitter-sweet time, so we need to spread warmth to those in need, whether it be someone who is home-bound or in a nursing home. Those of us who are able can visit friends and spread love and cheer. We hope you will take a moment out of your busy schedules and visit with our kazoo band, who lift spirits at local nursing homes. This is a great way to honor those we miss in our own lives, by helping others in need. Merry Christmas."

--Lisa

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### Happy Birthday

Carolyn Barrett - December 01

Fran Sites - December 08

Betty Hendrickson - December 15

Betty Kroeger - December 23

### Welcome new members:

Carl & Catherine Bausch

\*\*\*\*\*Reminder of MEMBER DUES-Thanks to the many seniors who have paid \$12 dues for the year. Just one dollar a month goes a long way for our center, when everyone contributes.

We appreciate our December Day Sponsors:

December 11, International Children's Day is sponsored by Janet Bockelman. Remember that all children are special.

December 13, 2011- Happy Birthday to Bill Shinn, from his wife Diane Shinn. Thank you Bill and Diane for being such good supporters of the NSC.

December 21, 2011 is sponsored by Sharon Lemond in memory of her parents, Bob and Sue Seitz. Thank you Sharon for honoring your parents' memory by supporting the Center.

December 31 is New Year's Eve Day and is sponsored by David Zengler. Please celebrate responsibly. Thank you David for your support and for serving as a board member.

**Just a few Upcoming Events in December:**

**\*Piano recital With Students of Sue McClary:** Sunday, December 4 at the center at 2:30. Holiday songs.

\*\*Special Thanks to Ray Yonce, Piano Tuner Extraordinaire and H&H music. H&H is sending Ray to tune our piano for the piano recital Sunday and donating the piano tuning service as a Christmas gift to the NSC.

**\*Card-making with Jane** is Wednesday, December 14 at 9:00.

**\*Musical Guests** at noon on December 9, 14, and 23.

**\*Boonville High School Choir** will sing at the center on Friday, December 16 at 11:00.

**\*Christmas Celebration Potluck** is Friday, December 23. Carry-in meal at 11:30 followed by "Heavenly Express" gospel band\***Lunch outing** is Monday, December 26. We will take the WATS bus from the senior center at 10:25 to Pizza Chef. Clabber club to follow at noon.

"\*\*" Signifies Sign-up Sheet. See calendar for full list of activities

***The Christmas season special events provide the perfect opportunity to invite someone to come to the Center!!!***

**"Senior Class" Kazoo Band December 2011**

**Merry Christmas to All**

Please mark your calendars for the following dates:

**\*Thursday, December 01 at 1 p.m.-Kazoo Practice after SWIRCA exercise**

**Friday, December 09 at 2:00 pm at Angel River. Please be there by 1:45p.m.**

**Thursday, December 15 at 2:30 pm at Woodlands. Please be there by 2:15 pm.**

**Thursday, December 22, at, 2:30 pm at Bell Oaks. Please be there by 2:15 pm.**

If you don't kazoo, please come out and support our kazoo band😊



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**Community Events:**

**Healthy Aging Series: Lunch & Learn at Ohio Township Central Library**  
Diamond Room includes free lunch on Monday, December 5 at 11:30. HELP (Healthcare Education Learning Partners) and Ohio Township Central Library are sponsoring this event to offer resources for seniors and caregivers. Please call 853-5468, ext. 305 to sign up for this event.

**Blood Drive at Newburgh United Methodist Church on Wednesday, December 7 at Fellowship Hall from 3:00 to 8:00 p.m. Sponsored by Newburgh Kiwanis & Newburgh Historic Kiwanis.**

## Health and Wellness

Congrats to the "Living a Healthy Life" workshop participants who completed the six-week course: Joye Alexander, Jack and Agnes Spillman, Joan Holsapple, Adrian Smith, Francis Riger, John Barrett, Monte Williams, and Betty Hendrickson. And thanks to SWIRCA instructors Kristin and Holly who made the series both fun and informative.

Carolyn Fuchs from the Purdue Extension office will be at the center on December 22 to give a nutrition class at noon.

Thanks to a scholarship from the Arthritis Foundation, Lisa was able to complete a course in arthritic exercise, which is the first step toward getting certified as an arthritic exercise instructor.

## Thanks to our Business Sponsors for 2011:

- \*Bayer's Plumbing-(812) 853-2305- is our Sundae/Fruitful Fridays sponsor.
- \*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.
- \*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.
- \*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

\*\*\*\*\*If you know people who may want to be day sponsors or business sponsors for the Newburgh Senior Center, just let Lisa know and she will make sure they get contacted.

