

## Newburgh Senior Center

### June 2012 Newsletter



Newburgh Senior Center

529 Jefferson St.

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Hours: Monday - Friday, 9am to 2pm

Lisa Goff, Manager

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From Barb Isaac:

*Members of the Newburgh Senior Center enjoyed a day trip to the Derby Dinner Theater in Clarksville, Indiana on May 9, where we saw the play "Happy Days". The musical was based on the TV series, with lots of singing and dancing. "Fonzie" stole the show. Everyone enjoyed the buffet meal. The choices included fried chicken or ham, mashed potatoes, green beans, breaded tomatoes, and salad bar. Dessert was served during intermission. The stage is in the center of everything, so there are no bad seats. The tour bus was comfortable and accommodating with a restroom aboard. Everyone was back in town by 4:30...was a time enjoyed by all! -Barb*



### Happy Birthday

Kenny Scheessele - June 13

June Huber - June 19

Lorraine Gilly - June 25

Catherine Bausch June 29

### Thanks to Our June Day Sponsors

June 03 is sponsored by Joanna and Ben Laaper in honor of the 85th birthday of Joanna's mother, Emily Martucci, of Simsbury, Connecticut. Happy 85th Birthday Emily from Newburgh, IN. Thank you Ben and Joanna for your support and best of luck in South Carolina. We will miss you.

June 14 Flag Day is sponsored by the American Legion Auxiliary-Unit 44 Newburgh. Honor the Flag and remember that it stands for freedom. Thank you American Legion Auxiliary for supporting the Center and our service personnel by your work.

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**Welcome new AARP employee Marlene Crenshaw; we appreciate all her hard work and we are glad she has joined us here at the center.**

### Community:

\*Thanks to the following volunteers who helped with the second annual Rivertown Trail 5K Run:

\*Janet Anderson      \*Joy Alexander      \*Janine Asher      \*John Barrett  
\*Mary Jane Baxter      \*Peggy Boxell      \*Ruth Edgerton  
\*Jack and Agnes Spillman      \*Monte Williams      \*Arnold & Suzan Sorensen

...and congrats to Jack Spillman and Ruth Edgerton, who also participated in the race and finished!

### Safe Driving Course

Congrats to the seniors who completed AARP's Safe Driving Course in May: Joan Holsapple, Kenny Scheessele, Barbara Isaac, Marilyn Prados, Joyce Guinn, Mickie Guinn, Connie Oldham, John Oldham, John Barrett, and Bill McClain. The next course will be held Friday, July 27 at the senior center.

### **Thanks to our Business Sponsors for 2012:**

\*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.  
\*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.  
\*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.  
\*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

## Coming up this month:

- \*Card-making with Jane is Wednesday, June 13 at noon.
- \*SHIP (insurance) class by Melissa from SWIRCA, Thursday, June 7 at noon.
- \*Hadi Shriner's Brass Band will perform for us here at the senior center on Monday, June 18 at 6pm. We will have a fried chicken supper that begins at 5pm. Please bring a side dish to share. See sign-up sheet.
- \*Senior Hobby Show and Tell is Friday, June 22. Please bring in a hobby item, and/or photos to share and discuss.
- \*ALCOA Independence Day Parade is Saturday, June 30 in Newburgh.

### Senior Class" Kazoo Band News-June 2012- from Colleen

*With the hot weather, we are taking our summer vacation. But I will be doing "Sing A Longs" at a few local places in June. Please feel to join me. It will be a great way to keep your vocal cords limber and lift your spirits. Plus the residents really enjoy singing with you and me.*

Wednesday, June 06, at 2:00 pm at Angel Rivers

Wednesday, June 20-at 1:30 pm at Bell Oaks Assisted Living Center, near Showplace Cinema.

## Health & Wellness:

- \*Nutrition class is on Thursday, June 28 at noon.
- \*Breckenridge School of Nursing students visit on Thursdays for blood pressure checks.
- \*Walking Club meets Tuesdays and Fridays at the center at 10:15 a.m. We can meet other mornings at earlier times if you are interested.
- \*Zumba Gold is Tuesdays at 1pm at the Kiwanis Building.
- \*Tai Chi for beginners is Thursdays at 9:30; advanced at 10:00.
- \*SWIRCA exercise is Thursdays at 12:30.
- \*Arthritic Stretch Monday, Wednesday, and Friday at 11:00.