

Newburgh Senior Center

March 2013 Newsletter



Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Ashby Goff, Manager

Happy Birthday!

Arlene Schrader - March 6

Gerald Bowser - March 6

Mary Lafferty - March 12

Francis "Sonny" Riger - March 14

Martha Christian - March 15

Flo Neeley - March 16

Virginia Heller - March 16

We appreciate our March Day Sponsors:

*Thank you to William and Carol Woerz who are sponsoring March 02, which is "Read Across America Day". Carol is a retired librarian who wants everyone to enjoy libraries and reading. Thank you Carol and Bill for your support.

* March 16 is a special day for sponsors Mike and Tracy Neeley. They say, "Happy Birthday Flo Neeley". Thank you Mike and Tracy for supporting the Center and honoring your mother by being a day sponsor. We love your Mom and appreciate you both.

Special Thanks to Schnucks and the Escript Program-

Thanks to Schnucks Markets for the Escript Program which provides a way for their customers to support local non-profits when they shop at Schnucks.

When you scan your Escript card at checkout, a portion of the money you spend goes the non-profit you designate. It costs you nothing to participate, you just need to get an Escript card and show it to the cashier each time before you check out. To sign up for the Newburgh Senior Center, get with Lisa. She can get you a card and sign you up. In 2012, Schnucks and our Schnucks Escript supporters were responsible for over \$1,000 being donated to the Newburgh Senior Center.

March " Afternoon With an Author" -Sunday, March 14, from 2 to 4 pm

Hal Wolford, author of "October Smoke" and "When Cameras Were Round", will be the featured author for the March "Afternoon With An Author" event. The event will be held on Sunday, March 10, 2013, from 2 to 4 pm at the Center .

"October Smoke "is a collection of short stories on hunting and fishing throughout the tri-state, told with a humorous slant. "When Cameras Were Round" is a collection of short stories from Hal's days as a Backroads Reporter for WEHT-TV, Channel 25. Hal is a past member of the Great Lakes Outdoor Writers Association, and has written for numerous outdoor publications. He retired, still writes occasionally and enjoys performing music, fishing, and the outdoors. He will read excerpts from his books and stories and discuss his writing with the audience. Refreshments will be served and all community members are welcome.

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United Way 211 Tax Preparation Sites for Warrick County:

Boonville Library, 611 West Main St., Boonville - 812-897-1500

*Walk-in's only, no signing up in advance

March 13th and 27th from 11am to 4pm

Central Library, 4111 Lakeshore Dr., Newburgh - 812-853-5468

*Call library for times on each day.

March 5th, 12th, and 19th

April 2nd and 9th

A Note from your Newburgh SHIP office

Did you know there's no need to drive to the local Social Security office to apply for Medicare benefits? It's true; you can use Social Security's online application to sign up for Medicare. In most cases, once your application is submitted online you are done. You can use the online Medicare application if you:

- Are at least 64 years and 9 months old
- Want to sign up for Medicare but do not currently have **ANY** Medicare coverage, and
- Do not want to start receiving Social Security benefits at this time. (If you aren't sure, you can apply for Medicare now and apply online for benefits later).
- **Note:** If you have a Health Savings Account (HSA) and/or health insurance based on employment, you may want to ask your personnel office or insurance company how signing up for Medicare will affect you.

If you have any questions pertaining to Medicare or other related issues, feel free to call your local SHIP office.

Newburgh SHIP office: Newburgh Senior Center

529 Jefferson Street

Newburgh, IN 47630

SHIP phone: 812-490-2002

www.swirca.org

Just a few Upcoming Events in March:

Friday, March 8 at noon: International Women's Day Speaker

Sunday, March 10: "Spring Forward" Daylight Savings time begins.

Sunday, March 10 at 2pm: Author Afternoon-Hal Wolford

Wednesday, March 13 at noon: Card-making with Jane.

Friday, March 15: Noon-Flo's Birthday Bingo

Friday, March 29: 11:30 Carry-in lunch (SWIRCA Closed.) Gerald Bowser is grilling hotdogs and burgers for us. Please bring a side to share. "Heavenly Express" gospel music after lunch.

*See calendar for full list of activities

Health and Wellness

*Be sure and join us for SWIRCA exercise with Holly on Thursday afternoons at 12:30.

*Arthritis Foundation Stretch is Monday, Tuesday, Wednesday and Friday at 11a.m.

*Tai Chi with Sifu Ron Weatherford of the Shui Lung Tao meets Thursday mornings at 10:00 at the Kiwanis Building. Ron is available at 9:30 for beginners.

*ZUMBA Gold is Tuesdays at the Kiwanis building at 1pm.

*Walking Club meets Tuesdays and Fridays at 10 a.m. at the senior center. For those who prefer to walk indoors, we have been meeting at First Christian Church to walk their indoor track, Monday through Friday at 10 a.m. Chairs are available for those that need to take frequent breaks.

Thanks to our Business Sponsors for 2013:

*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.

*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

*Zion UCC Church, Newburgh, is our Hospitality Sponsor.