

Newburgh Seniors Speak

May 2011

Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com

Hours: Monday - Friday, 9am to 2pm

Lisa Goff, Manager

"April showers bring May flowers!" (Or so we hope anyway, that something good is to come out of that wild weather we just experienced.)

Happy Birthday

Jack Spillman - May 8

Jane Schmitt - May 10

John Barrett - May 16

Carolyn Barrett - May 22

HAPPY MOTHER'S DAY TO ALL MOTHERS, GRANDMOTHERS AND DAUGHTERS!!!!!! WE LOVE YOU ALL!!!!!!



We appreciate our May Day Sponsors:

*May 07 Day Sponsors - Rev. Dan and Amy Kennedy in honor of their wedding anniversary. Happy anniversary and many more happy years.

*May 15 Day Sponsors - Joe and Maria Bayer, of Bayer Plumbing, Inc. in honor of the 82nd birthday of Juanita Adams, Maria's mother. Happy 82nd birthday, Juanita.

*May 21 - Happy 83rd birthday Jean Race, sponsored by her daughter, Colleen Martin.

*May 30 - Memorial Day, sponsored by Boone Funeral Home. Use this day to remember those who are no longer with us. Hopefully you will remember the joyful times.

Don't forget these dates...

*Tuesday, May 3, sign-up for hamburger lunch carry-in. (SWIRCA is closed that day for Primary elections.) This is also Grandfriends Day starting at 10:30. Lunch-11:30.

*Birthday cake for May birthdays is Friday, May 27.

*Upcoming Butts and Ribs Sale - June 11. Call 598-8332 to place your order.

Community:

*First Annual Rivertown Trail 5K Walk/Run is Saturday, May 7 at 9 a.m. Volunteers are needed to help with registration process. This event will support maintenance of the Newburgh Rivertown Trail. Please see Lisa if you can volunteer.

*Grandfriends will meet two more times: Tuesday, May 3 and Tuesday, May 17. The TRI-CAP Head Start preschoolers will be graduating and moving on to kindergarten after the summer!

Senior Class Kazoo Band Schedule for May 2011

Please arrive 15 minutes prior to show time:

Tuesday, May 03-Kazoo practice after Bingo

Wednesday, May 04 Woodlands @ 2:30pm (Arrive 2:15)

Wednesday, May 11 Cypress Grove @ 2:00 (Arrive 1:45)

Thursday, May 19 Newburgh Healthcare @ 2:30 (Arrive 2:15)

Wednesday, May 25 Angel River @ 2:30 (Arrive 2:15)

Health & Wellness Highlights:

*Thanks to all the walkers who braved the cold weather for our Spring Fling last month!

*Walking Club meets Fridays at the center at 9:15 a.m. Please see Lisa or Ruth Edgerton to discuss other days/times you may be interested in walking together.

*Thanks to the USI student nurses who presented nutrition topics for us and donated fiber products for us to try.

*Thanks to the ITT Nursing program, which sends students on Mondays to do blood pressure checks for us.

*Thanks to Carolyn Fuchs from the Purdue Cooperative Extension office of Warrick County for educating us on calcium and nutrition. We're looking forward to her visit again in June.

MEMBER DUES-Thanks to the many seniors who have paid \$12 dues for the year. Just one dollar a month goes a long way for our center, when everyone contributes.

Thanks to our Business Sponsors for 2011:

*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.

*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.