

## Newburgh Senior Center

July 2012 Newsletter



Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com      Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Goff, Manager

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### BIG NEWS- 2012 Warrick County Community Foundation MVP ("Most Valuable Philanthropist") Nominees

Congratulations to the Warrick County Community Foundation 2012 MVP nominees who are also dear friends of the Newburgh Senior Center.

These folks were among fifteen Warrick County citizens honored for their efforts in our community to make life better.

Thank you for all you have done for the Newburgh Senior Center. We truly appreciate you.

John Barrett

Joe Schitter

Suzan and Arnold Sorensen

Newburgh BBQ Coalition

### Happy Birthday

Carman Edmonson - July 5

Allen Gomoll - July 10

Wanda Tisdale - July 20

Sally McGregor - July 23

Janine Asher - July 24

Rudolf Fischer - July 25

**Thanks to our July Day Sponsor:**

**July 06 is sponsored by Joe Schitter, a Center Board member, in celebration of his wife, MaryBeth's Birthday. Thank you Joe and MaryBeth for being such joyful supporters of the Center.**

**Welcome new members**

**Dave Asher**

**Jerry & Mary Lou Benkert**

**Jack Trainum**

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**Welcome new AARP employee Toni Martindale; we are glad she has joined Marlene in helping us here at the center.**

**Safe Driving Course**

The next course will be held Friday, July 27 at the senior center from 9:30 to 2pm. See Lisa to register.

**A few of our upcoming events this month:**

\*Tuesday, July 3 will be carry-in meal instead of SWIRCA meal at the center at 11:30. Gerald will cook the meat. Please bring a summer side to share; we especially love garden items! (The center is closed the following day, July 4.)

\*Friday, July 6 is Senior Class Kazoo Band Recognition Day; Kazoo BINGO after lunch!

\*Energizing Indiana home energy assessment info, Tuesday, July 10 at noon.

\*Senior Hobby Show and Tell is Friday, July 20 at noon. Bring a hobby item or pictures of a trip, event, or special time to share.

\*Card making with Jane is Wednesday, July 25 at noon.

\*AARP Driver Safety Course is Friday, July 27 from 9:30 to 2pm. See Lisa to register.

## **Health & Wellness:**

\*Yoga demonstration is Thursday, July 5 at noon, before our SWIRCA exercise.

\*Nutrition Class is Thursday, July 19 at noon.

\*Nursing Students from ITT Breckinridge School of Nursing will visit us on Mondays and Thursdays this month. They do blood pressure checks for us.

\*Walking Club meets Tuesdays and Fridays at the center at 10:15 a.m.

\*Zumba Gold is Tuesdays at 1pm at the Kiwanis Building.

\*Tai Chi for beginners is Thursdays at 9:30; advanced at 10:00.

\*Arthritic Stretch Monday, Wednesday, and Friday at 11:00.



## **Thanks to our Business Sponsors for 2012:**

\*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.

\*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

\*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

\*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

\*\*\*\*\*The Senior Class Kazoo Band is on its summer vacation. But keep your kazoos handy for our July 06 BINGO and Sing a Long.

