

Ivy Café & More

October 2016

Monday	Tuesday	Wednesday	Thursday	Friday
3 Smoked Sausage Mashed Potatoes Sauerkraut Cinnamon Applesauce Wheat Bread Milk	4 Smoked Pork Chop Homemade Macaroni & Cheese Seasoned Green Beans Wheat Bread Pudding Cup Milk	5 Chicken & Noodles Vegetable Blend Tomato Salad Bread/Marg Spiced Peaches Milk	6 Cream of Broccoli Soup Grilled Cheese Fruit Cup Crackers (2) Snack Cake Milk	7 Special Chicken Casserole Furnished By Ed Butch
10 CLOSED COLUMBUS DAY HOLIDAY	11 Hamburger on Bun Green Beans Stewed Tomatoes Raisins Milk	12 Chicken Parmesan Baby Bakers Carrots Bread/Marg Tropical Fruit Milk	13 Chili w/Beans Peanut Butter & Jelly Sandwich Warm Spiced Apples Crackers(2) Fig Newtons Milk	14 Lunch furnished By Walnut Creek
17 Italian Chicken Pattie Italian Veggies Red Skin Potatoes Peaches Milk	18 Salisbury Steak w/Gravy Roast Sweet Potatoes Breaded Tomatoes Bread/Marg Fruit Mix Milk	19 Spaghetti w/Meat Sauce Italian Green Beans Texas Toast Salad w/Dsg. Warm Apples Milk	20 BBQ Riblet on Bun Peas Country Blend Veg Mandarin Oranges Milk	21 Lunch furnished by Dr. Alan Gomoll Pasta casserole, salad, garlic bread
24 Quarter Pound Frank on Bun Cheesy Potatoes Festive Green Beans Snack Cake Milk	25 Homemade Beef Stew Seasoned Cabbage Biscuit Peaches Milk	26 Ham & Beans Tomato Salad Cornbread Fruit Crisp Milk	27 Fish Homemade Macaroni & Cheese California Blend Wheat Bread Fresh Orange Milk	28 Black and Orange Food Carry-in
31 Smoked Sausage Mashed Potatoes Sauerkraut Cinnamon Applesauce Wheat Bread Milk			Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807	<p>Your meal is provided on a donation basis, whatever you can afford to contribute. There is no set fee or charge. A suggested donation is \$3.50 per meal. Cash, checks, or Food Stamps are accepted</p> <p><u>Meat/Entrée:</u> 2 $\frac{1}{2}$ - 3 oz <u>Vegetable/Salad/dessert</u> $\frac{1}{2}$ cup <u>Margarine:</u> 1 teaspoon <u>Bread:</u> 1 slice <u>Milk:</u> $\frac{1}{2}$ pint</p>