

Newburgh Senior Center

September 2015 Newsletter

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The Place Where Seniors Congregate

Monday - Friday, 9 am—2 pm

Manager's Corner

We have some great events coming up in the next few months. If you are reading this newsletter, I'm asking you to pass along the info to your friends who may not yet be involved at NSC.

Anyone who is 60 or older is welcome to join us. For those whose daily assistants are not yet of the Senior age, bring them along with you to play with us.

If you are going to Derby Theater on September 23, please be at St. John's by 7:30 a.m. Park on the east side of the church.

On Friday, September 18, noon, Dawn Hoffman from Heritage Hos-

September Birthdays

Patti Rusche	9/7
Ann Neely	9/8
Bob Claborn	9/13
Roberta Guthrie	9/16
Bonnie Seibert	9/18
Bob Seibert	9/28



pice will join us for a discussion about Advance Directives. Several members have asked me to schedule this program, so I'm hoping you will invite your friends and neighbors to participate.

We had a great time at our Celebrity Chefs Gone Hog Wild kickoff for Porkapalooza. If you weren't there, you missed a good one. Don't forget to pre-order your smoked pork products from the BBQ Coalition for this year's Porkapalooza, Sept. 25 and 26 at NSC. This is our major fundraiser for the year and we are asking for your support and to help us spread the word about it. There will lunch both days and pre-order pick up on Saturday..

The board has given the members the nod to host a bake sale during Porkapalooza, so now we need to figure out what to bake! I'll have a list of items for sign-ups.

After Porkapalooza, our own Pat Yeager (one of our knitting/quilting members) will present a program about her recent Baltic cruise on Tuesday, September 29 at noon.

On October 6, we are going to have a Mad Hatter Tea Party in honor of the holiday. We'll be making Halloween favors for shut ins and we'll

host our own Halloween party on October 30.

Thanks to Bud and Jane Huber for sharing their anniversary with NSC members. We enjoyed visiting with them in August.

On November 6, at noon, Tara Powell of Heritage Hospice will join us for a program about being happier for the holidays. Regardless of our situations, most of us have a reason or two to dread the upcoming holidays, and Tara will give us some coping strategies.

And for a special Thanksgiving treat, Alonzo and Shirley Moore are making lunch for us on Wednesday, November 25. They are fixing turkey and all the trimmings. All are invited to share as we celebrate our gratitude for all our blessings. Shirley would like a head count by the previous Friday.

I am pleased to welcome Gary Krick of Deaconess Freedom Medical (He's back!), Omni Home Health Care and Oasis Dementia Care as bingo sponsors and Walnut Creek Alzheimer's Special Care Center as a Wednesday lunch sponsor. Walnut Creek is also hosting a Memory Café in our conference room. Look for the article inside for more info.

Thanks to our September Day Sponsors

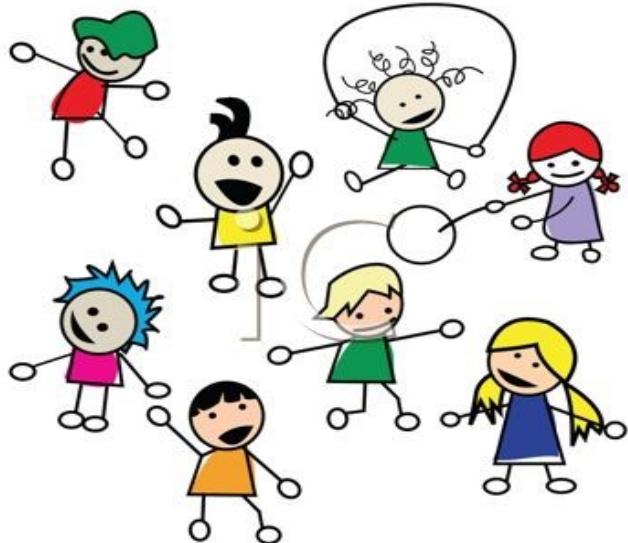
September 5 is sponsored by Don and Pat Brooks in honor of their wedding anniversary. What a special day! Many thanks to Pat and Don for their continued support.

September 6 is sponsored by Mike and Becky Ziga in honor of their 29th anniversary. We appreciate their continued support and are happy to be part of the celebration.

September 13-19 is the time to Celebrate National Assisted Living Week. Thank you, Bell Oaks Place, for your support of the Center.

Dr. Alan Gomoll is sponsoring **September 17** in memory of Elaine Gomoll. September 17 would have been their 60th wedding anniversary. Thank you, Dr. Gomoll, for making us part of such a tender memory.

September 19 is the birthday of Diane Shinn and is sponsored by her loving husband, Bill.



Thanks to our NSC activity sponsors

Town of Newburgh — Provides our building, maintenance and services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Zion United Church of Christ Newburgh** — Our hospitality sponsor.

***Women's Club of Newburgh** — Landscaping and flowers sponsor.

***Ohio Township** — Activity sponsor.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

Diane has taught hundreds of people how to play piano. Thanks Bill and Diane for their support.

September 22 means Happy Birthday to Carol Holder. With Love from her husband, Cleo, who is the principle of Shoemaker Financial. We are happy to be a part of your celebration.

September 30 is sponsored by Fred and Jane Stanley in honor of their wedding anniversary. Jane and Fred stay busy and you may know Jane as the President of the Newburgh Library Friends. Check out the used book sales that the Friends sponsor for some great books. Thanks Fred and Jane.

Giving ourselves for Christmas

December may seem a long way off, but if the rest of the year goes as fast as the first eight months, it will be here in the blink of an eye. I want to provide our shut ins with ornaments/favors for each week of Advent, so we will be busy several days with crafting. I hope lots of people will join us, helping bring joy to folks who may be a little short on happiness this winter.

A real treat awaits us on December 17, at noon, with a Christmas Carol program from a zither group. They are busy practicing now, so it should be a great show.



NSC hosting Memory Café

These days it seems like all of us know someone with dementia or Alzheimer's. It's a difficult process for the person with the condition and it's rough on their families and friends as well. Being a caregiver for an Alzheimer's patient or someone with dementia is a stressful situation.

With that in mind, the new Alzheimer's care facility, Walnut Creek, is

sponsoring a support group, Memory Café, at Newburgh Senior Center. The group will first meet on Tuesday, September 1, 11:30-12:30. Refreshments will be provided and professionals will be on hand to offer ideas and coping strategies. This is an opportunity for individuals who care for persons with memory loss issues to get together and offer support for

each other.

Walnut Creek is a new facility at 525 Bentee Wes Court off East Virginia Street just west of Cross Point Blvd. If you have questions about their services, call 812-471-3100. It is not necessary to make reservations for the Memory Café at NSC. Please spread the word about this service.

AARP seeking volunteers for programs

You don't need to be an accountant to help other seniors with their taxes. AARP Rep Dale Oberbeck says they need volunteers to greet clients, open mail and answer phones. Of course, they need experienced tax preparers, but he said there are many other volunteer opportunities. He was at NSC recently speaking about the tax program and how seniors can take advantage of this service come tax time. This year, there were free help sessions at Newburgh Central Library and at SWIRCA, downtown Evansville.

Volunteers are also needed through AARP to help in the EVSC system. They are asked to help two or three days a week, tutoring students in the classroom. There is a small stipend. Contact 812-402-3170. Training starts for this program on September 14.

Euchre lessons offered

If you would like to learn to play Euchre, lessons will be offered on Thursday mornings, 10-11 a.m. at the Center.

If you play Euchre, we need players on Wednesday, 12:30 p.m.

American Legion planning Elmer & Agnes fun night



Our friends at Kapperman Post American Legion invite everyone to their Elmer & Agnes celebration, September 12 starting at 5 p.m. at the Legion on State Street. Music

will be provided by Retro Shock and DJ T-Rob from 7 p.m. –1 a.m. The 53 Annual Bierstube will offer 25-cent beer and Marx BBQ is fixing dinner. Also, there will be raffles, half-pot, pig races and dice games.

Join us for Easybridge! instructions

Jan Tucker, a professional Bridge teacher will be offering two free lessons to those who want to learn to play bridge. She has a simpler method of teaching than other classes, she said. Classes are scheduled for two Wednesdays, August 26 and September 2 at 9 a.m. in the NSC conference room.

You can tell Nancy if you want to take the lessons (812-853-5627) or call Jan for more information, at 812-853-3014.

She needs to know ahead of time how many plan to take the lessons, so please be sure to reserve your spot.

Miscellaneous to keep in mind

Remember to use your eScrip card when you shop at Schnucks and several restaurants in the area. We receive a donation each time you use your card.

The knitting ladies are making dishcloths and will be selling them at one of our events. They always welcome new folks, Tuesdays, at 10 a.m.

As well as Facebook and Twitter, you can check our web site for updates. Our web site is newburghseniorcenter.com and our Facebook address is facebook.com/newburghseniorcenter.

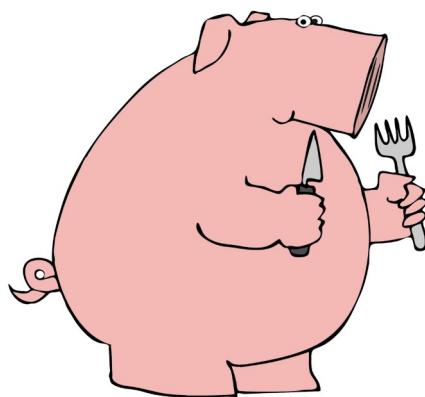
Porkapalooza 2015 coming To NSC

The fall NSC fund-raiser will fire up Friday, Sept. 25 and Saturday, Sept 26, 11 a.m. to 2 p.m.

The famous Newburgh BBQ Coalition will be smoking the pork again. This will be the last smoke for the public this year.

You can support the Senior Center by enjoying delicious pulled pork lunches on Friday and Saturday. Lunch includes a pulled pork sandwich, chips, and a drink for just \$5. You can eat in, take out or call ahead for group orders of 4 or more at 853-5627. Plus, you can order baby back ribs and tenderloins to take home with you. Ordering deadline is Sept. 22. Call Colleen at 812-598-8332 to order. Full slabs of ribs are \$25 and tenderloins are \$15 each or 2 for \$25. Orders may be picked up Saturday, Sept. 26 11 a.m.-2 p.m.

A separate flyer is included on the back of this newsletter for you to post where folks will see it.



Boot Sale hosted by Historic Newburgh

A traditional English "boot sale" is being hosted by Historic Newburgh, Inc. on Saturday, September 19, 8 a.m. -12:30 p.m. in the Town Hall/Library parking lot. This is an annual opportunity to put your STUFF out on the flow (i.e., pass it along to someone else — recycle your junque). Reserve your space now by calling 812-490-0006 or 853-2815. Each space is \$10. This is the same day as the British Car Show in Newburgh and the Farmers' Market is still in full swing. If you don't want to sell your stuff, you don't want to miss the finds at the sale.

Special days to celebrate this September

September 4: Eat an Extra Dessert Day — Enough said. Feel free to eat another one.

September 6: National Fight Procrastination Day — One of these years we're going to get around to celebrating, promise.

September 8: National Grandparents Day —

Founder Marian McQuade wanted to set aside a special day not only for the elderly, but also to encourage grandchildren to "tap the wisdom and heritage their grandparents provide."

President Jimmy Carter was so on board with this initiative, he made the first Sunday after Labor Day an official national holiday to honor grandmas and grandpas across the country.

September 10: TV Dinner Day — The TV Dinner was first introduced to consumers in the United States by C.A. Swanson & Sons in the early 1950s. This pre-packaged, frozen meal would not only provide you a whole dinner with the slight flick of an oven -- it was also designed for ease of consumption while parked in front a television screen.

September 18: Rice Krispies Treats Day — A whole day! We'll be celebrating here at NSC!

September 19: Talk Like a Pirate Day — The establishment of International Talk Like a Pirate Day on September 19 was based on someone's ex-wife's birthday. AAAAARGHH! Ahoy there, matey!

September 21: World Gratitude Day — In 1977, those hippies at the United Nations Meditation Group established World Gratitude Day to appreciate existence.

Not only are we thankful for that, but for a bunch of other blessings we share.

September 28: Museum Day — Anyone who has visited the Smithsonian Museums in Washington D.C. knows they are especially awesome—and their admission is totally free.

On this special Saturday, Smithsonian is partnering with museums all over the country to offer free admission. There are lots of museums within a day's drive from Newburgh. You can stroll through history and culture at most museums.

Call ahead to be sure.

PORKAPALOOZA 2015 IS COMING!



The **Fall 2015 Porkapalooza BBQ Fundraiser** for the Newburgh Senior Center will take place on **Friday, September 25** and **Saturday, September 26** from **11 AM - 2 PM** at the Senior Center on 529 Jefferson Street in Newburgh.

The famous Newburgh BBQ Coalition will be smoking the pork! This is the last smoke open to the public by the Coalition in 2015.

You can support the Senior Center by:

Enjoying our pulled pork lunches on Friday, September 25 and Saturday, September 26. Lunches include a sandwich, chips, and a drink for just \$5! You can eat in, take out, and even call the Center for group orders of 4+ at 812-853-5627.

Pre-ordering baby back ribs and tenderloins by Tuesday, September 22. Call Colleen at 812-598-8332 to place your order. Full slabs of ribs are \$25 and smoked tenderloins are \$15 each or 2 for \$25. Ribs and tenderloins will be available for pick-up at the Senior Center on Saturday, September 26 starting at 11 AM.

Call today to pre-order your ribs tenderloin.

We look forward to seeing you on September 25 and 26!

