

Newburgh Senior Center

December 2017 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am—2 pm

Manager's Corner

December is full of holidays around our house. Our anniversary, my birthday and Christmas are all celebrated. Each of those is a separate event and appropriate gifts are to be presented each time. If you have a birthday close to a major holiday, you will understand this necessity. Each must be observed on its own.

Don't look now, but Christmas is just around the corner! It is my favorite holiday. Some of my favorite memories are of childhood Christmases.

I remember the dolls and suitcases of handmade doll clothes, the doll houses, the silver dollars and mittens.

We were not rich by any means, but we always had scads of presents under our tree.

I know some people don't care for all the pomp that we've put with the holiday. On the contrary, I love the lights and the tinsel and the songs and the

plays and *all* the food. I scurry around making gifts for those on my list.

And then we have open house on Christmas day. It's a great finale.

When I was a kid, I wanted snow on Christmas (and every other day of the year. I was deprived of snow as a child). Now I understand why my parents would just as soon not have snow on the roads going to my grandmother's house, over the river and through the woods.

Santa always came to our house on the night of the church Christmas program because we were under my grandmother's edict to be at her house on Christmas Eve and she was not about to have Santa coming down her chimney and leaving dirty boot prints all over the floor.

I understand some people don't care for the happiest of holidays because they don't have much family left or sad

times are associated with Christmas. It's easy to get wrapped up in depression and sadness over things that are not the same as they once were.

However, my belief is that we must have Christmas or we couldn't have Easter.

So even if you don't like all the shopping and gifts and get togethers, please remember why we have Christmas and celebrate in your own way. And I hope you have a great holiday season, ever how you celebrate.

December Birthdays

Cheryl Bauer	12/3
Barb Silvers	12/4
Susan Huck	12/6
Fran Getz	12/8
Nancy Lybarger	12/8
Susan Poindexter	12/12
Betty Hendrickson	12/15
Gayle Osborne	12/22
Rosemary Hannan	12/26
Ruth Janus	12/29

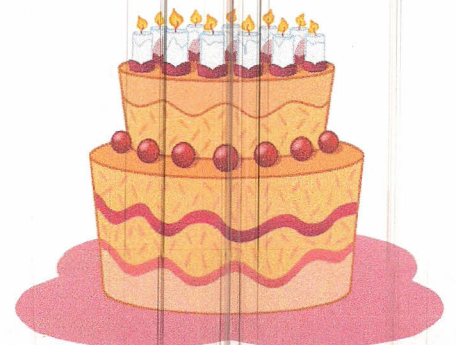
Remembering our friends who passed away this year

Many Christian denominations and other faiths have services of remembrance each year. In several churches, we call it All Souls Day. Some have a chime that rings with every name that's called. It's a touching service.

Listen in your mind for the chime as we list those members and friends of Newburgh Senior Center who passed

away in 2017.

Martha Christian, Martha Adicks, Bob McClain, Martha Sartin, Bennie Duvall, Diane Schenk, Benny Grant. If we've omitted any members and friends, please forgive. These are the names our manager had collected. If there are others you would like mentioned, please let her know.



Thanks to our December Day Sponsor



Our day sponsor for **December 13** is Diane Shinn in honor of her husband Bill's birthday. Bill stays busy even while being retired and Diane is happy that he is happy. Thank you, Bill and Diane, for your generous support of the Center.

Merry Christmas and Happy New Year to our Day Sponsor and all the others throughout the year. We appreciate your support.

We are currently in our Annual Campaign to encourage our friends and families to become sponsors for a day or for an activity. Thanks to all who have already generously responded. If

you or someone you know would like to be a sponsor, please contact the Center at 812-853-5627 or by e mail at this address: manager-atnsc@gmail.com. If you want to be a day sponsor, you can choose the day and stipulate it on your donation.

Colleen Martin is the chair of our Annual Campaign and has worked many hours getting the letters out to our faithful sponsors. Thanks, Colleen, for all you do for the Center. She also keeps track of your contributions and your choice of days and activities to sponsor.

Lots going on here in December

This is the happening place for activities in December! We'll have the usual bingo games and a spectacular Christmas bingo (or two!) to brighten up the season.

Colleen Martin and Judy Peerbloom are going to lead us in carols on Friday, December 15 at noon. They will be traditional songs, so everyone should know them and be able to participate. Bring your best singing voice.

Colleen will be here solo to pump up the player piano on November 30 and December 7 at noon. Get your pipes tuned for some rousing numbers.

We'll be making Advent favors again this year for our shut-ins. The schedule is November 30, December 7, 14 and 19. We'll start those around 10 a.m. each session. Your help will be appreciated. These are simple crafts.

Our Christmas bingo will be December 20 at noon. We have several Christmas-specific prizes that have been donated and some of the usuals.

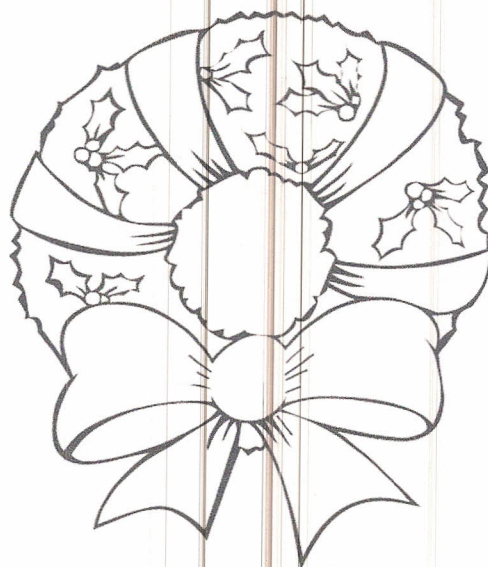
If you would like to donate something holiday-related, please drop it by the manager's office. If you are going to buy an item, make sure it's something you'd like to take home with you. You can clean out your Christmas

stash, but keep in mind the previous sentence. Don't bring it unless you would take it back home.

The finale leading up to Christmas will be our lunch on Friday, December 22. There will be a sign up sheet at the beginning of the month. We need your reservation by December 18. Feel free to ask your friends, family and others you know.

Everything will be provided by the Center. The menu will include ham, potatoes, green beans, pies and other side dishes.

We will be closed Christmas day and will reopen on Tuesday, December 26 for fun and games.



December Kazoo Band features carols

We have an opportunity to give the gift of joy and smiles. How wonderful is that? The Christmas music is in the folders, so get out your Christmas apparel and jingle bells. Our audience should know these songs, so we look forward to a sing along! Thank you so much for all you do.

Merry Christmas to you all!!

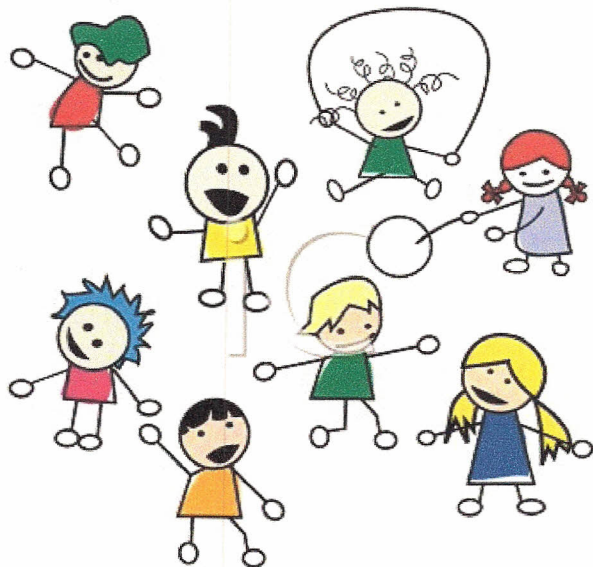
Colleen

Please mark your calendars for the following date:

Thursday, December 21- Bell Oaks Place - 1:30 pm. Please be there by 1:15 p.m.



Thanks to our Activity Sponsors



Gifts for those on your list that you haven't a clue what to buy

There's at least one in every family: the person for whom it is nearly impossible to find that perfect gift. Here's a list found on the Internet of unusual gifts.

- *Name a star after a person. (STAR REGISTRY®, INTERNATIONAL STAR REGISTRY®, and STARREGISTRY.COM®) Should be a free service.
- *31 Days of Kind Notes
- *A plot of land in Ireland
- *An acre of land on the moon or Mars
- *Socks of the Month
- *I-phone Bluetooth tracking tag
- *Race a Ferrari
- *Heart of Love personalized hoodie (with all the names of people you love and/or who love you)
- *Flying lessons (or skydiving or scuba)
- *BBQ branding iron
- *Wishing Ball (Write your wishes on a piece of paper and place in the ball.)
- *Foodie Dice (Roll the dice to find out what's for dinner.)
- *Personalized decorative garden stone
- *Hand-drawn pencil sketch or hand-painted water color from a photo
- *Moon rock meteorite
- *Heifer International (You can furnish a village with chickens, goats or a cow, depending on how much you wish to spend.)
- *Row boat serving bowl with wood serving utensils

Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Zion United Church of Christ Newburgh** — Our hospitality sponsor.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

Don't fall for scams this holiday season

This is advice from Doug Shadel in *Money Saver Magazine* on how to avoid a variety of cons. There is more info at aarp.org/fraudwatchnetwork.

Shadel said it is nearly impossible to spot an impostor, but most of us suffer from "the illusion of invulnerability" — the belief that fraud happens to others but not to us. We all are pretty confident we can spot a con, but he said we truly are not good at it.

His advice is to NEVER give information to anybody you don't know, on the phone, at your door, at the grocery or online. DON'T. After you verify they are legit, you can feel comfortable sharing your personal info, but make sure of that.

*You will never get a call from the courthouse saying you missed your jury duty and that you have to pay up or go to jail. The Sheriff may show up at your door if you miss jury duty, but he'll have ID.

*The utility company will only send you a past due notice. They will not call you and demand payment. It works the other way around. You call them and arrange to pay your bill.

*The bank will never call you about a problem with your checking account that you need to verify information in order for them to fix it. They already have your numbers, etc.

*You did not win the Canadian lottery unless you bought a ticket. Same goes for any other games.

Wacky, weird holidays in December

December 1

Clark Kent's Birthday

Faux Friday

December 2

Mutt Day

Earmuff Day

December 4

Cookie Day

December 5

Bathtub Party Day

December 6

St. Nicholas Day

World Trick Shot Day

December 8

Pretend To Be a Time Traveler Day

Lost & Found Day

December 9

Gingerbread Decorating Day

Day of the Horse

December 10

Dewey Decimal System Day

December 11

Kaleidoscope Day

December 12

Poinsettia Day

Gingerbread House Day

Cocoa Day

Ding-a-ling Day

December 14

Monkey Day

December 15

Ugly Christmas Sweater Day

Cat Herders Day

Cupcake Day

Wear Your Pearls Day

December 16

Chocolate-covered Anything Day

December 18

Answer the Telephone Like Buddy the Elf

December 19

Oatmeal Muffin Day

Hard Candy Day

December 20

Games Day

December 21

Winter Solstice

Crossword Puzzle Day

Humbug Day

Re-gifting Day

Short Girl Appreciation Day

Phileas Fogg Win A Wager Day

December 22

Be a Lover of Silence Day

December 23

Festivus

Human Light Celebration

December 26

Whiners' Day

December 27

Fruitcake Day

Howdy Doody Day

December 28

Chocolate Day

December 29

Tick Tock Day

December 30

Bacon Day

Bicarbonate of Soda Day

December 31

Global Champagne Day

Banished Words Day

Leap Second Time Adjustment Day

Collected by Michael Kerr, Humor at Work.

Closings for December and other occasions

We will be closed Christmas Day, December 25 and on January 1 for New Years.

The good news is we will be open December 26. Feel free to bring in your leftover chocolate and Christmas cookies. Pecan pie is a fan-favorite.

We are open most other days, except for holidays like Memorial Day, Labor Day and Independence Day.

If schools are closed because of inclement weather, we are also closed. If it's bad enough the buses should not be out, neither should we. If schools are delayed because of weather, we leave that to your own call.

We'll be open but you may not feel safe on the road. We understand if you aren't comfortable getting out.



Friday lunches for December

You may read in the paper or elsewhere that SWIRCA meal sites are closed on Fridays. We are open and having great lunches. Please join us. The usual \$3.50 is requested. That helps with the cost when lunch is not sponsored.

December 8 — Pasta with meat sauce, garlic bread and salad. Thanks, Allen Gommel.

December 15 — Yummy salads provided by Atria. Thank you.

December 22 — Christmas Lunch provided by the Center. Ham and all the trimmings.

Bring your friends and your appetite.

December 29 — Lunch provided by Hamilton Pointe. Thank you.

Membership dues for 2018 being accepted

You can pay your 2018 dues anytime during the year, but it's a great way to finish off the year or start the new one with your support for the Center.

Annual dues are \$12. That doesn't sound like much but it helps provide activities at the Center, like programs, events, snacks and desserts. Your support is meaningful to the Center's operation. With your dues, we can offer most of our programs at no cost to participants.

And, you get a great deal on any of our dinner theater trips. Members only pay half the cost for the bus, dinner and theater tickets.

SWIRCA & More

December 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>BBQ Boneless Rib on Bun Cheesy Potatoes Stewed Tomatoes Pudding Milk</p>	<p>5</p> <p>Meatloaf w/Gravy Mashed Potatoes Vegetable Blend Bread/Marg Mixed Fruit Milk</p>	<p>6</p> <p>Chili Mac (8 oz) Seasoned Cabbage Spiced Apples Cornbread Milk</p>	<p>7</p> <p>Cream of Broccoli Soup (8 oz) Grilled Cheese Sandwich Spiced Peaches Crackers Snack Cake Milk</p>	<p>8</p> <p>NEWBURGH SERVING OWN MEAL</p>
<p>11</p> <p>Hamburger on Bun Red Skin Potatoes Seasoned Green Beans Mandarin Oranges Milk</p>	<p>12</p> <p>Onion Sage Chicken Mashed Potatoes Carrots Wheat Bread/Marg Peaches Milk</p>	<p>13</p> <p>BBQ Pork Chuckwagon Corn Broccoli Rye Bread/Marg Pineapple Chunks Milk</p>	<p>14</p> <p>Mini Smokie Links (6) Country Gravy Southern Style Biscuit O'Brien Potatoes Fruit Milk</p>	<p>15</p> <p>NEWBURGH SERVING OWN MEAL</p>
<p>18</p> <p>Chicken Strips Homemade Macaroni & Cheese Vegetable Blend Pudding Cup Milk</p>	<p>19</p> <p>Salisbury Steak w/Gravy Mashed Potatoes French Style Green Beans Roll Pears Milk</p>	<p>20</p> <p>Chicken & Dumplings Carrots Bread/Marg Warm Spiced Peaches Milk</p>	<p>21</p> <p>Chili w/Beans Peanut Butter & Jelly Sandwiches Cinnamon Apples Crackers Milk</p>	<p>22</p> <p>NEWBURGH SERVING OWN MEAL</p>
<p>25</p> <p>CLOSED CHRISTMAS DAY</p>	<p>26</p> <p>Spaghetti w/Meat Sauce Italian Blend Veg Texas Toast Warm Spiced Peaches Milk</p>	<p>27</p> <p>Quarter Pound Frank on Bun Mashed Potatoes Sauerkraut Warm Spiced Apples Milk</p>	<p>28</p> <p>Homemade Beef Stew Seasoned Cabbage Southern Style Biscuit Cookie Milk</p>	<p>29</p> <p>NEWBURGH SERVING OWN MEAL</p>
			<p>Your meal is provided on a donation basis, whatever you can afford to contribute. There is no set fee or charge. A suggested donation is \$3.50 per meal. Cash, checks, or Food Stamps are accepted.</p> <p><u>Meat/Entrée:</u> 2 ½ - 3 oz</p> <p><u>Veg/Salad/Dessert:</u> ½ cup</p> <p><u>Margarine:</u> 1 teaspoon</p> <p><u>Bread:</u> 1 slice</p> <p><u>Milk:</u> ½ pint</p> <p><u>Casseroles:</u> 8oz</p>	<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>

Newburgh Senior Center Activities

December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				November 30 *10:00 Advent Favors *11:00 Exercise *Noon Scrabble *Noon Sing with Colleen and the Player Piano	1 *11:00 Exercise *Noon Bingo by Bell Oaks	2
3	4 *11:00 Exercise *Noon-Clabber *Noon – Scrabble BIRTHDAY MONDAY by Titzer Family Funeral Homes	5 *10:00 Knit/ Crochet *10:00 Computer help *11:00 Bridge *Noon Bingo by Omni Health Care	6 *11:00 Exercise *12:30 Euchre	7 *9:30, 10:00 Tai Chi *10:00 Advent Favors * 11:00 Exercise *Noon Music by Colleen Martin/Scrabble	8 *11:00 Exercise *Noon Cards with Jane	9 Even if it isn't listed every day, we exercise at 11 a.m., Monday-Friday. Come and join us for stretches, balancing & muscle builders.
10	11 *11:00 Exercise *Noon-Clabber *Noon – Scrabble	12 *10:00 Knit/ Crochet *10:00 Computer help *11:00 Bridge B *Noon Bingo by Cypress Grove	13 *8:00 NSC board mtg. *11:00 Exercise *Noon Bingo by River Pointe *12:30 Euchre	14 *9:30, 10:00 Tai Chi *10:00 Advent favors *11:00 Exercise *Noon Scrabble/Rook	15 *11:00 Exercise *Noon Christmas Carols by Colleen Martin and Judy Peerbloom	16 Please note the calendar is subject to change.
17	18 *11:00-Exercise *Noon-Clabber *Noon - Scrabble	19 *10:00 Knit & Crochet *10:00 Computer help *10:00 Advent Favors *11:00 Bridge A *Noon Bingo by Woodmont	20 *11:00 Exercise *Noon Christmas Bingo *12:30 Euchre	21 *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Bingo by Oasis *Noon Scrabble/Rook	22 *11:00 Exercise *11:30 Christmas Lunch *Noon Bingo by Heritage Hospice	23
24/31	25 *11:00 Exercise *Noon Clabber *Noon Scrabble	26 *10:00 Computer help *Noon Bingo Omni Home Health Care	27 *11:00 Exercise *Noon Bingo by Horizons Health Care *12:30 Euchre	28 *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Scrabble/Rook	29 *11:00 Exercise *Noon New Year's Celebration Share a resolution you aren't going to make.	30 The SWIRCA menu isn't clear about Friday lunches. If we are open, we're having lunch here at 11:30!