

# Newburgh Senior Center

## February 2018 Newsletter

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Nancy Lybarger, manager  
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### ***The Place Where Seniors Congregate***

**Hours: Monday - Friday, 9 am - 2 pm**

### **Manager's Corner**

It's been a challenging month at the Senior Center and I appreciate your patience with our door issue and having to be closed for nearly a week due to the winter storm. I think we've had enough winter and are now ready to move along to spring.

The snow was beautiful as it drifted to earth and goodness knows we needed a break from good weather. For those who were worried we wouldn't have enough snow this winter, you can stop praying for the frozen stuff. The rest of us are over snow and ice. Finis. Good-bye.

I saw a seed catalog at church last week, so I am encouraged. If seed catalogs are in the mail, can spring be far behind? I look at those publications as the real harbingers of spring. Robins can get mixed up and come early, but not seed catalogs.

Thanks to all who have helped make the blankets for Ronald McDonald House. We are about to finish them and get them delivered. This is a perfect example of how we can help in our community.

We also collected items for the Newburgh Food Pantry Kids' Corner. If you haven't had a chance to make your donation, we'll wait until mid-February to deliver our gifts.

For February, we will collect personal care products for the teens at the United Methodist Youth Home. They

need shampoo, deodorant, toothpaste and toothbrushes, underwear, socks, winter scarves and hats and gloves/mittens. You can bring your donations to the Senior Center any time we are open, which as a rule is Monday-Friday, 9 a.m.-2 p.m.

I hope you will invite your friends and family to come and hang out with us at the Center. We have fun every day (and you never know what will pop up in the fun category). Whether it's bingo or cards, we're playing something every day we are open. If you don't know the games, we'll be glad to teach you so you can have fun with us.

And, don't forget to tell all the seniors you know, and those you don't know yet, about lunches, exercise and other things we do here. We are a well-kept secret in Southwest Indiana and we need to spread the good word.

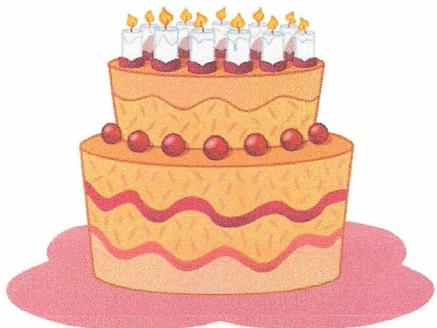
Feel free to contact me at the Center or via email and let me know if there are programs you would like to have here at the Center. We can do weekends if you'd like, too.

Please be safe this winter. Don't take chances if the weather is icy/snowy. If you haven't had a flu shot – and you can take one – please go get one. The flu is not a bad cold. It's a different monster and people are dying from it. It's different from a cold in that you go from well to sick in just a few hours. You will have a fever and feel misera-

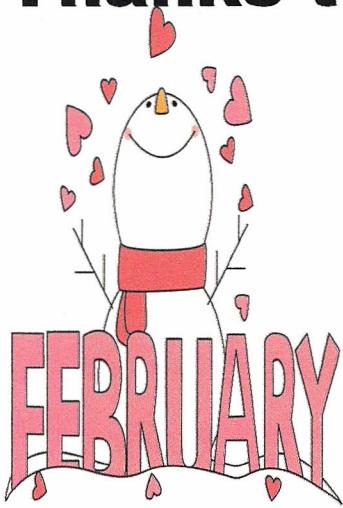
ble. Please contact your doctor if you think you have the flu. There's medicine you can take that will make you feel better quicker. Infect your enemies at will, but stay away from your friends and family.

### **February Birthdays**

Hazel Cox	2/1
Alonzo Moore, Jr.	2/2
Sue Welte	2/2
Vicki Siebe	2/3
Nancy Schauberger	2/12
Ruth Edgerton	2/14
Mary Ann Garrett	2/17
Betty Stahl	2/18
Naomi Faire	2/18
Chris Smith	2/18
Chuck Bauer	2/20
Fred Pierson	2/22
Colleen Martin	2/23
Terry Best	2/23
Sylvia Will	2/25
Craig Moore	2/26
Sue Crawford	2/28



# Thanks to our February Day Sponsors



We appreciate our Day Sponsors.

**February 14** is sponsored by Dixie and Marge Dugan, in celebration of their 58th wedding anniversary. It should be difficult to forget your wedding anniversary if it's on Valentine's Day. Best wishes to Marge and Dixie and our hopes for many more happy years! Thank you, Marge and Dixie, for including us in your special

day and being such loyal supporters of the NSC.

**February 15, National Hippo Day**, is sponsored by Claire and Maureen Martin, in honor of many special hippos in their lives, including the late hippo, Donna, who, was at the Evansville Zoo when they were children, and the wonderful baby hippo, Fiona, who resides at the Cincinnati Zoo, and just celebrated her 1st birthday!

Bet you didn't know that Hippo loosely translates to River Horse in ancient Greek. **Hippo Day**, then, celebrates the third largest mammal on Earth. We think hippos are amazing too! Thank you, Claire and Maureen, for your support.

## Dues reminder

Our annual membership dues are \$12 and are payable any time, but you may want to pay now, then you won't forget.

Membership dues are appreciated, but not necessary to participate in most of our activities. And, most of our activities are free to everyone who shows up on our doorstep.

Members get a discount on any trips we take, and that usually saves more than the cost of our dues.

## February Senior Kazoo Band schedule

"Senior Class" Kazoo Band February 2018-Valentine's Day and Love Songs!!!

We love love songs and so do our audiences. Let's have some fun and remember happy times. If you are thinking of joining the "Senior Class," this would be a great time. You'll love it. *Colleen*

Please mark your calendar for the following date:

**Thursday February 22** at

1:30 p.m. Bell Oaks

Place. Please be there at 1:15 p.m.

Let's hope the weather cooperates. If school is cancelled, and the NSC is closed, we will not kazoo.

## Gardeners needed to start planning

Seed catalogs have us wishing for spring and warmer temperatures, and the fresh veggies we get from our garden.

We have new raised planters out in the garden area that were built last fall by the volunteers from Alcoa (Thanks, again!) and now we need to start planning what to plant in them and the rest of the garden.

First we need to find some garden soil to fill the raised beds. Then we need advice on what to plant and how to keep out critters and the best way to water, etc.

If you would like to help us with this task, even if you don't want to play in the dirt, we'd love to have you. Call or email our manager and let her know your interest. A meeting will be scheduled after we find volunteers.

Also, if you have a good source for seedlings and rooted plants, please let us know.

We have some funding available but it would be nice if someone would donate plants or let us have them at a reduced price.

Our garden was so appreciated last summer. We ate fresh tomatoes, squash, peppers and green onions to our hearts content.

However, our old garden soil, outside the raised beds, needs help before we plant this year. We need to either remove what's there or get some soil to put on top of it. It's been plowed deep enough that we have a lot of glass shards and broken bricks at the top.

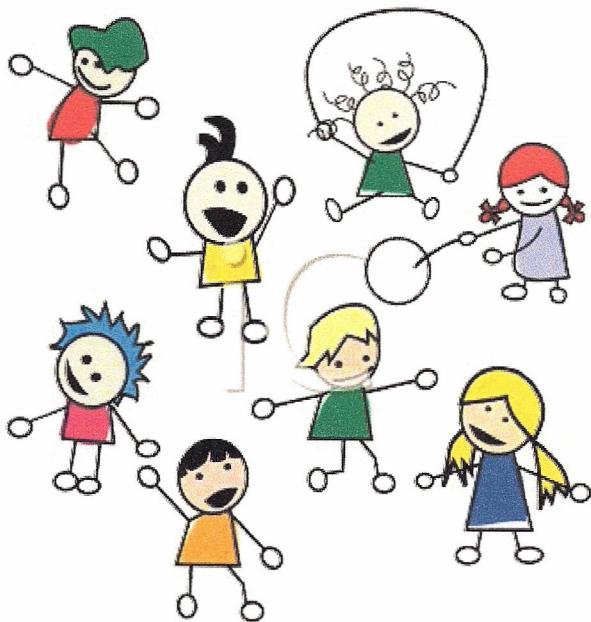
It is in the realm of possibility that we would not plant garden stuff outside the raised beds, but use that area for flowers. We have lots of options and we need input from experienced folks to help us have a great garden this summer.

If you know any groups that might be willing to maintain the garden for us once it gets planted, that would be helpful, too. A Girl Scout troop planted for us last year, and a couple of our members watered and weeded it, but it was a bigger task than two or three ladies could manage once the temperatures reached the 90s.

Master Gardeners, FFA, 4-H, scouts or high school students who need service hours are welcome to come and help. Please let us know your availability.



# Thanks to our Activity Sponsors



**Town of Newburgh** — Provides our building, maintenance and supplies/services.

\***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

\***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

\***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

\***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

\***Ohio Township** — Activity sponsor.

\***King Mechanical Specialties and Zion United Church of Christ** — Hospitality sponsors.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at [manageratnsc@gmail.com](mailto:manageratnsc@gmail.com).

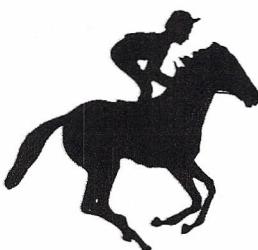
## Thanks to those who help us

We can't say it too much: Thanks to everyone who supports Newburgh Senior Center. We have faithful volunteers. We have generous bingo sponsors and Friday lunch providers. We also have a fantastic return rate for Day Sponsors and activity sponsors. We could not provide services and programs like we do without the support of our community. We invite you all to drop in any time for a visit. Have lunch with us. Play

games with us. Stay for one of our entertaining programs. Sit and talk with us. Don't forget to tell your friends and neighbors about us, too. We welcome all independent seniors in Southwestern Indiana (You don't need a passport to cross county lines.) and if you want to bring an assistant, feel free to do so if you need help in the basics. Bus service comes to our door every hour on the half -hour during the day.



## We're going to Derby Theater again



We had so much fun at Derby Theater, we're going back this spring. Only 18 seats are available through

the Center for the May 16 performance of *Oklahoma!*

The cost per person, which includes lunch, transportation and the play, is \$42 for members and \$84 for non-members.

Call Barb at 812-853-5627 to reserve your spot.

Please notice NSC members are only paying half the ticket cost. That's because the NSC board has authorized us to pay the other half

— but only for paid 2018 members.

We are going with Mr. Joe Seibert and the Happy Hoosiers on a big bus. The trip is almost as much fun as the play and lunch. Mr. Seibert is working to get more tickets but right now, 18 is all we can reserve. Do not dally around thinking you can put off getting your reservation. Payment is necessary to confirm your reservation.

There is a slight possibility the Derby Theater will put on another performance of this favorite production, but don't count on that, according to Mr. Seibert.

This is the only trip we have planned for now, but we are working with Mr. Seibert to set up another or two. Mr. Seibert does have other trips available through Happy Hoosiers but we do not offer a price break on those.

# Helping others is a theme this year at NSC

One of our themes this year at Newburgh Senior Center is that we are not the end of the chain. That may sound funny when you say it, but it means that even though we may not be as able as we used to be, we are still capable of helping others in some capacity.

Last fall we had a visit from a representative of Ronald McDonald House in Evansville. We were touched by all the support they offer families with hospitalized children.

So we offered to make some blankets

for the organization to give to their young patients. After we finish the last ones, we will be ready to donate a dozen blankets.

And that's not all.

We are serving as the distribution site for monthly food boxes for low-income seniors in Warrick County. If you know someone who might benefit, please have them call Colleen Martin, 812-598-8332.

We are going to be collecting items for a variety of causes this year, as mentioned earlier in this newsletter.

These opportunities are open to the public and we encourage everyone to get involved. They don't have to be the end of the chain, either.



## Weird and wacky holidays in February

We have a bunch of holidays in February. We have Valentines Day for chocolate lovers and we used to have Washington's and Lincoln's birthdays but now we've clumped them together for Presidents' Day.

Lent starts this year on February 14, so Mardi Gras will be celebrated the week prior to that, culminating on Fat Tuesday, February 13.

As usual, there are some other days we might want to observe holidays, some that are a bit off the wall. Here's a list:

**Feb. 1:** Work Naked Day

**Feb. 2:** Play Your Ukulele Day

**Feb. 3:** Eat Ice Cream for Breakfast Day

**Feb. 5:** Chocolate Fondue Day

**Feb. 6:** Lame Duck Day

**Feb. 7:** Send a Card to a Friend Day

**Feb. 8:** Laugh and Get Rich Day

**Feb. 10:** Umbrella Day

**Feb. 11:** Make a Friend Day

**Feb. 12:** Darwin Day

**Feb. 13:** World Radio Day

**Feb. 14:** Ferris Wheel Day/Library Lovers

Day

**Feb. 15:** Gumdrop Day

**Feb. 16:** Do a Grouch a Favor Day

**Feb. 17:** Random Act of Kindness Day

**Feb. 19:** Chocolate Mint Day

**Feb. 22:** Be Humble Day

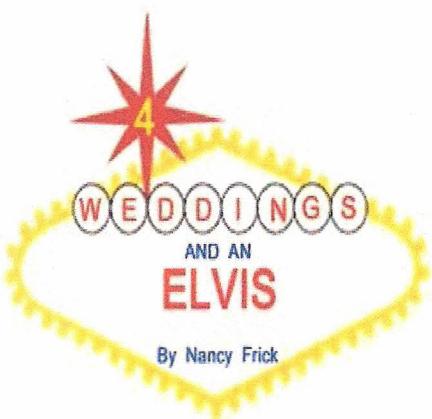
**Feb. 23:** International Dog Biscuit Appreciation Day

Feb. 24: Tortilla Chip Day/Sword Swallowers Day

**Feb. 26:** Tell A Fairy Tale Day

**Feb. 28:** Public Sleeping Day

## Newburgh Community Theater offering dinner theater



Two performances of the comedy, "Four Weddings and an Elvis" will be presented by the Newburgh Community Theater on Friday and Saturday, February 16 and 17 at Preservation

Hall, 200 State Street. Doors open at 6:15 p.m. both nights for a light dinner and finger foods with desserts and a cash bar. Curtain will rise at 7 p.m. Sandy, the four-times-married-three-times-divorced owner of a wedding chapel in Las Vegas, has certainly seen her fair share of matrimony! In the hilarious *Four Weddings and an Elvis*, we witness four of her funniest: Bev and Stan, who are getting married--by the King himself--as revenge on their exes; Vanessa and Bryce, two arrogant aging stars who are tying the knot as a publicity ploy, and are vexed by an aging Elvis who doesn't know who they are; and Martin and Fiona, a

gentle postal-worker and a tough ex-con trying to get married before the police arrive! However, the final wedding is the funniest all: Sandy's fifth and final wedding which reveals a hilarious twist!

While there are no ID requirements, this is an adult production. There are some scenes inappropriate for young audiences.

Tickets are available only on the theater's web site: [newburghcommunitytheater.org](http://newburghcommunitytheater.org). All seating is reserved and tickets are \$20 each with a \$2.03 carrying charge. If you have questions, contact the group at [info@newburghcommunitytheater.org](mailto:info@newburghcommunitytheater.org).

# SWIRCA & More

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chili w/Meat Hot Dog on Bun Warm Spiced Apples Crackers Milk	2 Newburgh open; serving meal
5 Spaghetti w/Meat Sauce Italian Blend Texas Toast Spiced Peaches Milk	6 Quarter Pound Frank on Bun Mashed Potatoes Sauerkraut Cookie Wheat Bread/Marg Milk	7 BBQ Chicken Sweet Potatoes Spinach Rye Bread/Marg Tropical Fruit Milk	8 Homemade Beef Stew Seasoned Cabbage Southern Style Biscuit Blueberry Dessert Milk	9 Newburgh open; serving meal
12 Manwich Sloppy Joe on Bun Tri-Taters (2) Broccoli Cookie Milk	13 Pork Pattie w/Gravy Mashed Potatoes Carrots Wheat Bread/Margarine Peaches Milk	14 <u>Ash Wednesday</u> Fish Macaroni & Tomatoes Seasoned Green Beans Wheat Bread Mandarin Oranges Milk	15 Sausage Pattie Scrambled Eggs Country Gravy Southern Style Biscuit O'Brien Potatoes Fruit Milk	16 Newburgh open; serving meal
19 Ivy Café CLOSED President's Day	20 Smoked Pork Chop Homemade Macaroni & Cheese California Blend Dessert Wheat Bread/Marg Milk	21 Italian Chicken Pattie Baby Bakers Cauliflower Bread/Marg Pineapple Chunks Milk	22 Chopped Steak w/Gravy Mashed Potatoes Peas & Carrots Bread/Marg Cookie Milk	23 Newburgh open; serving meal
26 BBQ Boneless Rib on Bun Cheesy Potatoes Stewed Tomatoes Pudding Milk	27 Meatloaf w/Gravy Mashed Potatoes Vegetable Blend Bread/Margarine Mixed Fruit Milk	28 Chili Mac (8 oz) Seasoned Cabbage Spiced Apples Cornbread Milk	Your meal is provided on a donation basis, whatever you can afford to contribute. There is no set fee or charge. A suggested donation is \$3.50 per meal. Cash, checks, or Food Stamps are accepted. <u>Meat/Entree:</u> 2 t - 3 oz <u>Veg/Salad/Dessert:</u> 1 cup <u>Margarine:</u> 1 teaspoon <u>Bread:</u> 1 slice <u>Milk:</u> 1 pint <u>Casseroles:</u> Box	Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807

# Newburgh Senior Center Activities

## February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	.			1	2 *11:00 Exercise *Noon Bingo by Bell Oaks Lunch by Cypress Grove	3
4	5 *11:00 Exercise *Noon-Clabber *Noon – Scrabble BIRTHDAY MONDAY by Titzer Family Funeral Homes	6 *10:00 Knit/ Crochet *10:00 Computer help *11:00 Bridge *11:00 Exercise *Noon Bingo by Women's Club	7 *11:00 Exercise *Noon Bingo by Hamilton Pointe *12:30 Euchre	8 *9:30, 10:00 Tai Chi * 11:00 Exercise *Noon Scrabble *Noon Bring a Joke to Share	9 *11:00 Exercise *Noon Cards with Jane Lunch by Atria	Even if it isn't listed every day, we exercise at 11 a.m., Monday-Friday. Come and join us for stretches, balancing & muscle builders.
11	12 *11:00 Exercise *Noon-Clabber *Noon – Scrabble	13 *10:00 Knit/ Crochet *10:00 Computer help *11:00 Bridge *Noon Bingo by Cypress Grove	14 Happy Valentines Day! *8:00 NSC board mtg. *11:00 Exercise *Noon Bingo by River Pointe *12:30 Euchre	15 *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Scrabble/Rook *Noon Bingo by Oasis	16 *11:00 Exercise *Noon Bingo by Heritage Hospice Sundae Friday Spaghetti for lunch	Please note the calendar is subject to change.
18	19 Presidents' Day We will be open! *11:00-Exercise *Noon-Clabber *Noon - Scrabble Lunch by the Islamic Center	20 *10:00 Knit & Crochet *10:00 Computer help *11:00 Bridge *Noon Bingo by Woodmont	21 *11:00 Exercise *Noon Sjrogen's Support Group in the Computer Room *12:30 Euchre	22 *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Horizons Health Care Bingo *Noon Scrabble	23 *11:00 Exercise *11:30 Lunch by Hamilton Pointe *Noon Dog Biscuit Appreciation Day: Bring your favorite dog story to share.	24
25	26 *11:00 Exercise *Noon Clabber *Noon Scrabble	27 *10:00 Computer help *10:00 Knit & Crochet *11:00 Bridge *Noon Story Wise	28 *11:00 Exercise *12:30 Euchre			The SWIRCA menu isn't clear about Friday lunches. If we are open, we're having lunch here at 11:30!