

Newburgh Senior Center

March 2018 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

Before the month is over, it will officially be spring. Whoohoo! We've had a challenging winter as far as snow and cold go, but otherwise, we've had a good time at the Center.

Thank goodness, February was a fast month. We celebrated Valentine's Day and Mardi Gras and delivered our donations to the Kids' Corner at the Newburgh Food Pantry. Trust me, a good time was had by all.

I recently told a Women's Club of Newburgh gathering that if they thought it was all fun and games here at the Senior Center, they were wrong.

March Birthdays

Mike La Barbera	3/4
Pauline Belwood-Bryant	3/5
Arlene Schrader	3/6
Gerald Bauser	3/6
Pam Wentzel	3/8
Virginia Heller	3/16
Wilma Kitchens	3/25
Teresa Delano	3/31

We eat every day, too.

We would love to have more people having fun with us. There is plenty to do here, never a dull moment. We play Clabber on Mondays, Bridge on Tuesdays, Euchre on Wednesdays and Scrabble on Monday and Thursday most weeks.

There are seats at the tables for more folks. Tell your friends and neighbors they are missing a good time.

We have computer help on Tuesdays, 10-11 a.m. and quilting on Thursdays, 9-11:30 a.m. If there's something you would like us to do here, let me know and we'll see if we can get started on it.

Among other things in March, we'll be celebrating St. Patrick's Day by wearing green and finding some Irish dishes for the lunch menu. We'll note the first day of spring on March 21 and have our annual Easter lunch on March 30. Please reserve your spot by March 23.

I wanted to take a line or two here to thank all the many wonderful people who spend time making our days a lot easier here at the Senior Center. We appreciate our volunteers, our board of directors and the town crew who take care of us. We are blessed with a town whose officials understand the need for a place where independent seniors can go for fellowship and interaction.

We have donors who faithfully sponsor our programs and activities. We have members who take care with each other and keep track of those who can't be with us.

Many new folks who are here for their first time are amazed to find us here in this fantastic facility. They didn't know we were here. The truth is we are a well-kept secret in this part of the world and we need to let our light shine so more people will join us for our everlasting fun and games — and food.

Spring equals a rummage sale

Gather your items for our booth at the rummage sale being organized by Jayne Christian at the American Legion on Saturday, April 28. We will be able to set up the night before, so we need your things by that Wednesday morning.

If you are comfortable pricing your items, please do. Otherwise, we'll spend time that week marking our stuff.

Some things that usually sell well are costume jewelry, seasonal decorations, books, patterns, toys, good clothing. Things that don't sell well, as a rule, are shoes and coats, water bottles and mugs. (We all have too many of these already.)



Thanks to our March Day Sponsors



Special thanks to our March Day Sponsors:

March 16 is sponsored by Mike and Tracy Neeley in honor of Flo Neeley, Mike's Mom, who celebrates her birthday that day. Happy Birthday, dear Flo. We hope you have a special day. Thank you, Mike and Tracy, for being Day Sponsors.

March 16 is also sponsored by Virginia Heller in celebration of her 93rd birthday! Thank you, Virginia. We hope you have a wonderful birthday.

We couldn't think of two nicer people to share a birthday. We like having you for our friends.

March 28 is sponsored by King Mechanical Specialty in honor of the birthday of Steve Yancey. Happy Birthday Steve! Thank you King Mechanical Specialty for being a sponsor of the NSC and such a good neighbor of ours.

Thanks for your generosity

Thanks to everybody who donated items for the Kids' Corner at the Newburgh Food Pantry. They were impressed by our gifts. We also presented more than a dozen blankets we made for Ronald McDonald House in Evansville. Each family is given a packet including a blanket when they leave the hospital.

We are wrapping up our donation campaign for the United Methodist Youth Home in Evansville in the next couple of weeks. We are collecting hygiene products, school supplies, socks, etc. for them. Through April 15, we will be accepting good used shoes at the Center for the Historic Newburgh Kiwanis Club, who will donate them to needy folks in third world countries.

And our next project will be to help collect items for FLOOD BUCKETS.

There is a specific list for each bucket so we need to be careful to follow instructions. These buckets are kept in warehouses of different relief agencies such as United Methodist Committee on Relief and the Lutheran Disaster Response and are distributed in areas where/when natural disasters strike.

Right here at home, they were distributed after the last tornado that hit

southwest Indiana. They were used last summer during the hurricanes that struck Florida and Texas.

We do not have to collect the entire contents of a flood bucket. All our donations will be handed over to one of the agencies that oversees distribution for them to include our gifts in flood bucket construction. For instance, the list asks for two pairs heavy latex gloves. You can donate only one pair if that's what's convenient for you.

We will accept donations through the middle of May. Here is the list of items needed to make up one bucket:

- Five scouring pads
- Seven sponges, assorted sizes (at least one fairly hefty for scouring mold)
- 18 cleaning towels
- Dry laundry detergent, 50-78 ounce size
- 12-ounce bottle of liquid concentrated household cleaner, like Lysol®
- A 25-ounce bottle liquid disinfectant dish soap, like Dawn®
- One package of 48-50 clothespins
- Clothesline, either two 50-feet or one 100 feet
- Five dust masks
- Two pairs latex gloves, long heavy-

duty, like Playtex® dishwashing gloves, not the thin ones used for painting, etc.

- One pair work gloves
- 28-bag roll of heavy duty trash bags, 30-45 gallon
- One 6-9 ounce bottle of insect repellent (pump, drops or lotion, not aerosol).

We will also accept gallon zip lock bags for storage and new or used 5-gallon buckets (must have a lid that fits). All donated materials need to be unopened.



Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

***King Mechanical Specialties and Zion United Church of Christ** — Hospitality sponsors.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

As spring arrives, our garden plans are progressing

It's garden time! We have the assistance of Master Gardener, Steven Crow and the folks at Wittscaping who are going to help us set up our raised beds. Our plans right now are to plant lettuce and spinach in the eastern-most boxes and then carrots, beets, peas, sweet peppers, onions, squash and watermelons in the other boxes that get the most sun. We'll do tomatoes in the old garden.

Mr. Crow says we need to dump coffee grounds into the soil in the beds to raise nitrogen levels. Please bring your coffee grounds and used loose tea. If no one is here to show you where to sprinkle them, just throw them on the regular garden soil. Apparently, coffee grounds are earth-

worms' favorite dish.

Wittscaping is donating time, effort and some good dirt for topping off the soil in the raised beds.

Things you may wish to donate for the garden are seeds, sets, bug spray, deer repellent, fertilizer, and a few buckets.

After this growing season, Mr. Crow suggests we dump all our pine needles, leaves, vegetable scraps and peels on the garden for composting. We'll remind you this fall when we need to start that.

He wants to demonstrate healthy cooking with our fresh vegetables. We'll schedule a presentation when our garden starts to produce.

Thanks, Mr. Crow, for stepping up to show us how to garden better (and

eat) fresher/smarter.



Thanks to our bingo and lunch sponsors

Welcome back Asera Care as a bingo sponsor. Thank you for your support.

We appreciate all our bingo sponsors: Bell Oaks; Hamilton Pointe; Cypress Grove; River Pointe; Oasis Dementia Care; Heritage Hospice; Woodmont; Horizons Health Care and Omni.

Thanks to our Friday lunch sponsors, too: Cypress Grove; Atria Senior Living; and Hamilton Pointe.

We have space for a few bingo sponsors each month and a few Friday lunch days open for sponsors. Please contact our manager if you know an organization that might be interested in either sponsorship.

Weird, wacky March holidays to celebrate



- 1 National Pig Day /Peanut Butter Lovers' Day
- 2 Old Stuff Day
- 3 *I Want You to be Happy Day*/If Pets Had Thumbs Day
- 6 National Frozen Food Day
- 7 Be Nasty Day (We do not encourage

celebrating this day.)

- 8 Popcorn Lover's Day
- 9 Panic Day
- 10 Middle Name Pride Day
- 11 Johnny Appleseed Day
- 12 Plant a Flower Day
- 13 Ear Muff Day
- 14 Learn about Butterflies Day
- 14 National Potato Chip Day
- 14 National Pi Day- Why today? Because today is 3.14, the value of Pi.
- 15 Dumbstruck Day/Everything You Think is Wrong Day/
- 16 Everything You Do is Right Day
- 20 Extraterrestrial Abductions Day
- 20 Proposal Day/Tea for Two Tuesday
- 22 National Goof Off Day
- 23 Melba Toast Day/National Chip and Dip Day

- 23 National Puppy Day
- 23 Near Miss Day
- 24 National Chocolate Covered Raisin Day
- 25 Pecan Day/Waffle Day
- 26 Make Up Your Own Holiday Day
- 27 National "Joe" Day
- 28 Something on a Stick Day
- 28 Weed Appreciation Day
- 29 Smoke and Mirrors Day
- 30 I am in Control Day
- 30 Take a Walk in the Park Day
- 31 Bunsen Burner Day
- 31 National Clam on the Half Shell Day
- 31 World Backup Day

Porkapalooza dates announced for 2018

Save the date right now so you don't plan anything else on Friday and Saturday, Oct. 5-6. We'll be serving pulled pork sandwiches for lunches, holding a bake sale inside and taking orders for ribs and tenderloins. Colleen Martin and her committee are already working on the details, so watch here for updates.

Craft day participants sought to learn for fun

We have a volunteer who will work with us on a monthly craft project. Right now, we would like to know your choices for different craft activities. We have tentatively scheduled the last Friday of the month for Craft day, 9:30 to 11:30 a.m. This is separate from *Cards with Jane* (second Friday at noon) and the tray favors we usually make for our home lunch delivery clients.

If you are interested in crafting with us, let our manager know. Her email is manageratnsc@gmail.com and her phone is 812-853-5627. This activity is open to the public, aged 55 and older. Please invite your friends and neighbors. One does not need to be a member to participate in this program, though there may occasionally be a cost involved for materials.

Derby Dinner Theater seats selling fast

Only about 10 seats remain for the May 16 performance of Oklahoma! At the Derby Theater. Cost for members, \$42, includes transportation, meal and the play. Call Barb at the Center, 812-853-5627, to make your reservations.

Kazoo Senior Band schedule for March

Wow! No more worries about snow cancellations until next winter – we hope. Feel free to invite some new people to sing with us. Extra kazoos are available.

Please mark your calendars for the following date:

Thursday, March 29, 1:30 p.m. at Bell Oaks Place. Please be there by 1:15 p.m.

"The power of music to integrate and cure...is quite fundamental. It is the profoundest non-chemical medication." -- Oliver Sacks, *Awakenings*



Remember, 2018 is Free Lunch Fridays

The Newburgh Senior Center Board of Directors has decided that for 2018 (until further notice), we will not ask for lunch donations on Fridays. Most of our Friday lunches are sponsored, so the expense to the Center is minimal those days.

If the cost is ever an issue for our meals, please don't let that stop you from joining us for lunch. The suggested donation is \$3.50 but if that is too

much for you, just contribute what you can.

