

SWIRCA & More

May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Your meal is provided on a donation basis, whatever you can afford to contribute. There is no set fee or charge. A suggested donation is \$3.50 per meal. Cash, checks, or Food Stamps are accepted.</p> <p><u>Meat/Entrée:</u> 2 $\frac{1}{2}$ -3 oz</p> <p><u>Veg/Salad/Dessert:</u> $\frac{1}{2}$ cup Margarine: 1 teaspoon Bread: 1 slice Milk: $\frac{1}{2}$ pint Casseroles: 8oz</p>	<p>1 Sausage Pattie Biscuit & Gravy Fried Egg Fresh Fruit Milk</p>	<p>2 Soft Shell Tacos (1 $\frac{1}{2}$ oz meat each) Mexican Rice Black Beans Cheese/Lettuce Snack Cake Milk</p>	<p>3 BBQ Pork Homemade Macaroni & Cheese Vegetable Blend Rye Bread Mandarin Oranges Milk</p>	<p>4 MEAL SITES CLOSED</p>
<p>7 Homemade Goulash Seasoned Green Beans Cornbread Pudding Cup Milk</p>	<p>8 Pork Patty w/Gravy Roasted Sweet Potatoes Carrots Bread/Marg Pineapple Chunks Milk</p>	<p>9 Stuffed Baked Potato w/Taco Meat Broccoli Shredded Cheese Shredded Lettuce Bread/Marg Cookie Milk</p>	<p>10 Chicken Parmesan Baby Bakers Tomatoes w/Corn Bread/Marg Peaches Milk</p>	<p>11 MEAL SITES CLOSED</p>
<p>14 Spaghetti w/Meat Sauce Italian Beans Buttered Corn Tropical Fruit Cup Texas Toast Milk</p>	<p>15 BBQ Chicken Cheesy Potatoes Spinach Rye Bread/Marg Pudding Milk</p>	<p>16 Meatloaf w/Gravy Mashed Potatoes Peas Bread/Marg Fresh Fruit Milk</p>	<p>17 Quarter Pound Frank on Bun Mixed Vegetables Cauliflower Pears Milk</p>	<p>18 MEAL SITES CLOSED</p>
<p>21 Country Fried Steak Garlic Mashed Potatoes Broccoli Bread/Marg Strawberry Delight Cookie Milk</p>	<p>22 Sausage Pattie Fried Eggs Potatoes O'Brien Spiced Peaches Danish Milk</p>	<p>23 Italian Chicken Pattie Stewed Tomatoes Brussel Sprouts Bread/Margarine Pie Milk</p>	<p>24 Fish Homemade Macaroni & Cheese Vegetable Blend Wheat Bread/Marg Mandarin Oranges Milk</p>	<p>25 MEAL SITES CLOSED</p>
<p>28 Smoked Pork Chop Scalloped Potatoes Normandy Blend Veg Wheat Bread/Marg Pineapple Chunks Milk</p>	<p>29 Salisbury Steak w/Gravy Mashed Potatoes Broccoli Cookie Bread/Marg Milk</p>	<p>30 Manwich Sloppy Joe on Bun Roasted Red Skin Potatoes Green Beans w/Carrots Mixed Fruit Cup Milk</p>	<p>31 Ham & Beans Sweet n Sour Slaw Cornbread Fruit Crisp Milk</p>	<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>