

# Newburgh Senior Center

## May 2018 Newsletter

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### ***The Place Where Seniors Congregate***

**Hours: Monday - Friday, 9 am - 2 pm**

## Manager's Corner

We have a couple great holidays in May: Mother's Day and Memorial Day. On Mother's Day, we remember our mothers – how they loved us and sacrificed for us. On Memorial Day we remember those who paid the ultimate price for our freedom.

But there are several days before, in between and after which we need to celebrate, like every day.

We should be glad every day we wake up alive. Some day that won't happen and we'll move to the next stage of our lives.

Enjoy your days on earth.

Cherish friends and family, even if they aren't close or we don't often see them. Maybe it's up to us to stay in contact.

Our kids and grandkids love to hear from us but they are busy and forget to make that call. Do it yourself.

Decide to be happy. Every day. It's your choice. Smiling is easier on your face than frowning.

Its spring and the flowers are beautiful and the grass is growing. It hasn't snowed for a few days. We have rounded the seasonal corner and April showers are nearly finished. The roses

will soon be blooming. Remember to stop and take a whiff.

Get moving. Enough said.

Show up. Getting out of bed and getting dressed is only the start.

Call someone and go do something. Staying in your home all the time is a recipe for depression. We all need human contact.

And guess what? The Senior Center can be the best place for moving and making contact and using those "smile" muscles.

We look forward to seeing everybody this spring.



## May Birthdays

Pam Gilham	5/3
Diane Wright	5/5
Mike Levengood	5/7
Jack Spillman	5/8
Jane Schmitt	5/10
Jack Ulrich	5/11
Mary Bolander	5/13
Bonnie Eberle	5/22
Patricia Retherford	5/22
Bob Ice	5/28
Lil Sturm	5/30

## Red Cross will replace old smoke detectors

Checked your smoke alarms lately? If you have ancient smoke alarms, chances are (Are you willing to take that chance?) old smoke alarms may not work correctly — or at all.

The Red Cross has a free program where volunteers will replace up to three smoke alarms in your home. They'll tell you about fire safety while they replace old equipment, so it's even better.

The number to call to get your free smoke alarm replacement is 812-471-7200. There is no age or income restriction for this program.

However, if you live in a residence like Park Place, facilities maintenance will take care of this for you.

If you rent and your landlord doesn't take care of this type of maintenance, call the Red Cross to get in on this program.

Letting smoke detectors go without maintenance is like not minding your mother. You may not get into trouble right away, but it will catch up with you someday.



# Thanks to our Activity Sponsors



**Town of Newburgh** — Provides our building, maintenance and supplies/services.

**\*Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

**\*Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

**\*Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

**\*Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

**\*Ohio Township** — Activity sponsor.

**\*King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at [manageratnsc@gmail.com](mailto:manageratnsc@gmail.com).

## Senior Center closed for Election Day, May 8



We will be closed Tuesday, May 8 for Indiana's primary election. Only those

### Piano Recital scheduled here

Kay Keller's talented piano students will be presenting a spring recital on May 6, 3 p.m. at the Senior Center. It's a great opportunity to hear the next generation of musicians.

There will be refreshments, if the music is not enough of an enticement for you.



who declare a political party are allowed to vote in primaries. This year, we are voting for county and township positions. There are two Town Council seats up for election this year, but neither position is opposed within the Republican or Democrat party, so there will be no names on the primary

ballot.

This fall, to vote for Town Council, you must live within Newburgh town limits, not in the township.

If you have not registered to vote in Indiana, it's too late for the May elections, but there's plenty of time for the general election in November.



## Get ready for garden season at NSC

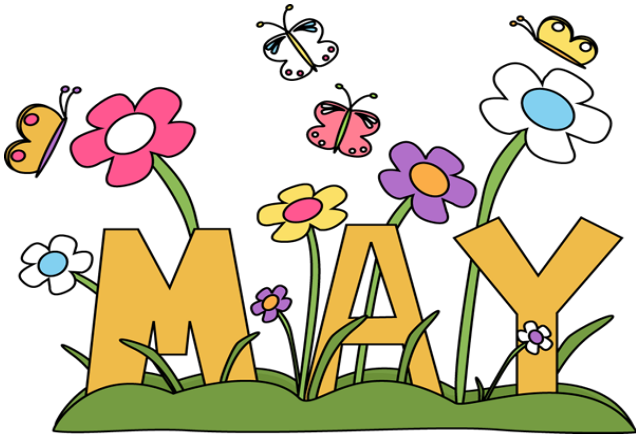
Spring is here and it's almost time to garden! Brent Wittenbraker from Wittscaping Landscaping brought us soil for the raised beds. Thanks, thanks, thanks!

As soon as we get the compost/manure to mix in with the soil, we'll be looking for plants and seeds. Let us know what you want to eat this summer from the garden. We'll do flowers and herbs in the east flower boxes on

the back porch, so even if you can't get to the garden, you can play in the dirt and water the plants there.

If you have thoughts where we could easily pick up some manure or compost, we could use the help. If it's manure, it needs to be at least three years old in order for all the e. coli bacteria to have died. Although we are a hardy bunch of seniors here, we don't want to take any chances.

# Thanks to our May Day Sponsors



## Welcome our new board member

Linda Schifano has joined the Newburgh Senior Center Board of Trustees. Linda has a business background and plays euchre with us most Wednesdays at the Center. She has been a Porkapalooza volunteer for a couple of years.

Linda is originally from around Washington, Indiana. She's a mom, a grandma and recently celebrated the birth of a great-granddaughter. But like us, she's not old. Welcome, Linda!

## Helping others on NSC agenda

We are still accepting donations for the pantry at Warrick Education Center. The students there can grab a quick breakfast or lunch or snack from the stash in the pantry.

The director there said they like Pop Tarts, single serve mac 'N' cheese, crackers and peanut butter, crackers and cheese, cheese nips, chips, SpaghettiOs, etc.

All food items need to be single servings, but you can donate an entire box of such if you choose. The pantry has a microwave, toaster and a can opener, so make your choices fit those parameters, please.

The Warrick Education Center provides an alternate education experience for students who are not currently in classes at Warrick County high schools. Some may have left classes in order to help their families by working; others have chosen other lifestyles or made some poor choices. The education center offers them a chance to finish high school or obtain their GED. It also offers adult classes to obtain a GED or learn about computers, etc.

If you would like more information, you can contact WEC at (812) 858-4309. We are never too old to learn something new.

**May 1** is sponsored by Newburgh Healthcare owners, Bruce and Carol Baker, in honor of their 40th anniversary of being in business. Thank you Newburgh Healthcare for 40 years of caring for seniors.

**May 5** is sponsored by Betty Hendrickson, a long time board member and supporter of Newburgh Senior Center. Thank you, Betty for all you've done over the years.

**May 13, Mother's Day** is sponsored by St. Luke's Lutheran Church on Epworth Road. They wish all a Happy Mother's Day. Thank you, friends at St. Luke's. We appreciate your support.

**May 24** is sponsored by Allen Gomoll in memory of his wife, Elaine, on what would have been her 84th birthday. Thank you, Dr. Gomoll for sharing your special memories and for your support of the center.

**May 28, Memorial Day**, is sponsored by Red and Susie Williams. Thank you for supporting the Center.

## Woodworking classes offered at Central Library in Newburgh

If you've ever wanted to sit on the porch and whittle away the time, there's a new program at the library on Bell Road that will get you started. Library Woodworkers meet in the café at the Central Library on Thursdays, 9:30 a.m. to noon. They have wood blanks you can purchase to get you started or you can bring your own. This group is open to everyone, from novice to experienced. You don't need a reservation. If you know what a carving knife is, bring one, otherwise go to one of the sessions and get the basics so you don't cut off an arm.

## Happy Mother's Day and Memorial Day

We want to wish all mothers a happy day on May 13. We couldn't be here without you.

And as we celebrate Memorial Day on May 28, let us remember those brave men and women who paid the ultimate sacrifice for our freedom. No other country in the world enjoys the freedoms that we do. And, as they say, freedom comes with a price. We are old enough to remember many who fought in several wars. Let us teach our kids and grands the respect we owe our veterans and their families.

**The Center will be closed in honor of Memorial Day.**





# NSC Open House scheduled for June 16



Newburgh Senior Center is a well-kept secret in Warrick and Vanderburgh counties. So we can share the word about all the fun we have here, we've scheduled an open house for 10 a.m. to 2 p.m. on Saturday, June 16.

This is a great opportunity for you to invite your friends, neighbors and family to see all the things we have going at the Center.

It's up to us to get more seniors involved. We have Clabber, Bridge and Euchre; Scrabble; RumiKub; billiards and many more games to play; TV and movies; bingo and music entertainment;

computer and phone instruction; quilting; gardening; exercise and lunch. And we have taken on several community service projects this year. Please talk us up and invite everyone 55+ to come visit.

We can use some volunteers to serve as hostesses during the open house. Please let our manager know if you can work a shift. Cookies are a good idea, too. Who can pass up a good cookie?

## Thanks for your help, your time and support

Thank you to all who supported our rummage sale booth, either by donating items, spending time marking items, spending time at the sale or buying items. We appreciate it.

And we appreciate all that the community does to support our independent seniors through the Center. Thanks to those who bring bingo, who provide lunch, who furnish desserts and snacks and who show up when we need them.

Needless to say, it's much easier to do what we do with help from our friends.

## Senior Kazoo Band schedule for May



Please mark your calendars for: Thursday, May 31, at 1:30 p.m. at Bell Oaks Place. Please be there at 1:15 p.m.

*"Do not wait for great opportunities to do good; try to use ordinary situations."*

*--Jean Paul Richter*

Thank you for all you do. It really is a joy and privilege to serve with you. You are doing good things.

If you have any song ideas, just let me know. It is fun to do some new songs. **-Colleen**

## Weird, Wacky holidays celebrated in May

**Starting Out the month of May:** In the neopagan Wheel of the Year, May begins on **Beltane** in the northern hemisphere and **Samhain** in the southern hemisphere. In the Irish calendar, May 1 is Beltane (Bealtaine), the first day of Summer, and a public holiday is held on the first Monday in May.

**Walpurgis Night**, celebrated before dawn on April 30 or May 1 (Central and Northern Europe). Historically, Walpurgisnacht is derived from various pagan spring customs. Bonfires were built to keep away the dead and chaotic spirits that were then widely believed to walk among the living.

This is followed by the return of light and the sun is celebrated during May Day.

- National Play your Ukulele Day - May 2
- Roberts Rule of Order Day - May 2
- Kite Day - May 3 / Lumpy Rug Day
- National two different colored Shoes Day - May 3
- World Laughter Day - May 6
- Make-A-Book Day - May 4
- Star Wars Day - 4
- Totally Chipotle Day - May 5
- O. Henry Pun Day - May 6
- Paste-Up Day--May 7
- Tear the Tags Off the Mattress Day

- May 9
- Lost Sock Memorial Day - May 9
- Trust Your Intuition Day - May 10
- Eat What You Want Day - May 11
- Jigsaw Puzzle Day - May 11
- Limerick Day (Edward Lear's birthday) - May 12
- Hug Your Cat Day - May 13
- Blame Someone Else Day - May 13
- National Dance Like A Chicken Day - May 14
- Marshmallow Fluff Birthday- May 14
- National Chocolate Chip Day - May 15
- Over The Rainbow Day - May 15
- International Pickle Day - May 16
- Spaghetti-O Debuted - May 16
- Pack Rat Day - May 17
- Merry-Go-Round (1620 a Horse Powered Merry-Go-Round Debuted) - May 17
- Frog Jump Day - May 19
- Hug Your Cat Day - May 19
- National Bake Sale Day - May 19
- Toothpaste Tube Birthday - May 22
- Lucky Penny Day - May 23
- National Pickle Day - May 23
- Mary Had A Little Lamb Day - May 24
- National Brown Bag It Day - May 25
- My Bucket's Got a Hole in It Day - May 30