

# Newburgh Senior Center Activities

## July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b> *Noon-Clabber *Noon – Scrabble BIRTHDAY MONDAY by Titzer Family Funeral Homes	<b>3</b> *11:00 Exercise *11:00 Bridge	<b>4</b> <b>Closed for Independence Day</b>	<b>5</b> *11:00 Exercise *Noon Scrabble	<b>6</b> *11:00 Exercise *11:30 Lunch by Cypress Grove *Noon Bingo by Bell Oaks	<b>Every Friday this year is Free Lunch Friday. Join the fun!</b>
<b>8</b>	<b>9</b> *11:00 Exercise *Noon-Clabber *Noon – Scrabble	<b>10</b> *11:00 Bridge *11:00 Exercise	<b>11</b> *8:00 NSC board mtg. *10-11:00 iSenior help with phones and iPads *11:00 Exercise *12:30 Euchre	<b>12</b> *9:30, 10:00 Tai Chi at Zion UCC * 11:00 Exercise *Noon Scrabble *Noon Bingo by Oasis	<b>13</b> *11:00 Exercise *Noon Cards with Jane Lunch by Atria	<b>Even if it isn't listed every day, we exercise at 11 a.m., Monday-Friday. Come and join us for stretches, balancing &amp; muscle builders.</b>
<b>15</b>	<b>16</b> *11:00 Exercise *Noon-Clabber *Noon – Scrabble	<b>17</b> *11:00 Bridge	<b>18</b> *10-11:00 iSenior help with phones and iPads *11:00 Exercise *Noon Bingo by Horizons *12:30 Euchre	<b>19</b> *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Scrabble *Noon Bingo by Cypress Grove	<b>20</b> *11:00 Exercise *11:30 Lunch by Dr. Gomoll *Noon Bingo by Heritage Hospice	<b>21</b>
<b>22</b>	<b>23</b> *11:00-Exercise *Noon-Clabber *Noon - Scrabble	<b>24</b> *10:00 Computer help *11:00 Bridge *Bingo by Omni Health Care	<b>25</b> *11:00 Exercise *12:30 Euchre *Noon Women's Hospital program about incontinence prevention and treatment	<b>26</b> *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Scrabble	<b>27</b> *11:00 Exercise *11:30 Lunch by Hamilton Pointe *Noon Bingo by Asera Care	<b>28</b> <b>Please note the calendar is subject to change.</b>
<b>29</b>	<b>30</b> *11:00 Exercise *Noon Clabber *Noon Scrabble	<b>31</b> *10:00 Computer help *11:00 Bridge				<b>The SWIRCA menu isn't clear about Friday lunches. If we are open, we're having lunch here at 11:30!</b>