

Newburgh Senior Center

September 2018 Newsletter

529 Jefferson St.
Newburgh, IN 47630
812-853-5627



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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

We are almost there: Fall is just around the corner and we can look for beautiful colors and cooler weather (at least lower humidity)! I can't believe the year is galloping by so quick. I blinked in February and now it's September.

Personally, I'm glad the summer months flew by because I don't like hot, chewy weather. Not that I like cold, ice and snow any better; Goldilocks likes it *just right*.

We are looking forward to a busy month here at the Center. We'll have bingo several times each week, regular card games; quilting, computer help and our Porkapalooza Kick Off Luncheon. I'm drooling for a taste of that pulled pork.

Our last Derby Dinner Theater day trip is September 19.

Thanks to our generous board for sub-

sidizing members' cost for these trips this year.

We hope you will join us for our events. If you aren't having fun doing what you're doing, we can fix that. We have several new folks who've been attending. They can tell you we've welcomed them with open arms and they don't even feel like they are the new kids on the block after visiting a couple times.

Another event we are anxious for is the United Way Day of Caring. It will be Friday, September 7 and we plan to be open during all the fun. I hope a good crowd shows up to interact with the volunteers.

Thanks to all our volunteers who make things operate smoothly around here. We appreciate all you do. And, thanks to all who contributed t-shirts for the United Methodist Youth Home

and school supplies for Newburgh Elementary School. Both groups were ecstatic. This month, we'll be collecting pantry snacks for the Warrick Education Center. Details are in another article.

Remember, we will not be open on Labor Day – Monday, September 3. If you decide to come anyway, bring plenty to drink, your lunch and sunscreen, because you will be sitting on the porch by yourself. The WATS buses won't be operating either.

September birthdays



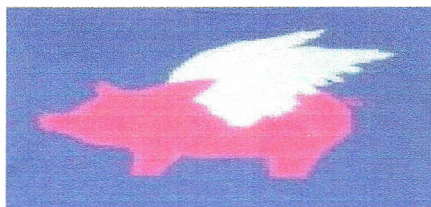
Rosie Cooper	9-1
Vonnie Hughes	9-2
Patti Rusche	9-7
Ann Neeley	9-8
Bob Claborn	9-13
Roberta Guthrie	9-16
Shirley Frank	9-17
Bonnie Seibert	9-18
Jahara Tapal	9-18
Mary Lou Benkert	9-23
Bettie Ruffner	9-24
Mary Ann Tuck	9-27
Bob Seibert	9-28

Porkapalooza kickoff

Mark your calendars now for Friday, September 28 at 11:30 a.m. It's our 2018 Porkapalooza Kick Off Luncheon.

Our theme is *Hog Heaven*. (Think pigs with angel wings, proving that pigs, indeed, do fly.)

There will be pulled pork sandwiches and pink-iced cupcakes along with some fillers, like potato salad and coleslaw.



We hope you will join us. Tell your friends and neighbors. Invite them for lunch and games. We might even do some hog calling.

Thanks to our September Day Sponsors



September 5 is sponsored by Pat and Don Brooks in celebration of their anniversary. Happy Anniversary!!

September 6 is sponsored by Mike and Becky Ziga in celebration of their 32nd wedding anniversary. Happy 32nd Anniversary to the ZIGAS!

September 17 is sponsored by Dr. Alan Gomoll in honor of what would have been the 63rd wedding anniversary with his late wife, Elaine. Thank you, Dr. Gomoll, for including the NSC in this lovely memory.

September 19 is in honor of Diane Shinn's Birthday. Happy Birthday, Diane, from your loving husband, Bill. Hope you have a special day.

September 24 is sponsored by Carol Woerz in celebration of her husband Bill's birthday. Happy birthday, Bill!

September 30 is sponsored by Jane and Fred Stanley in honor of their anniversary. Happy Anniversary, Jane and Fred. Thank you so much!

Thank you to all our day sponsors for letting us help you all remember these important milestones.

Porkapalooza orders now being accepted

Porkapalooza 2018 is right around the corner on October 12 and 13. Orders for exceptionally tasty pork ribs, tenderloins and pulled pork by the quart will be taken beginning September 1. We ask that you pre-pay for your orders if at all possible.

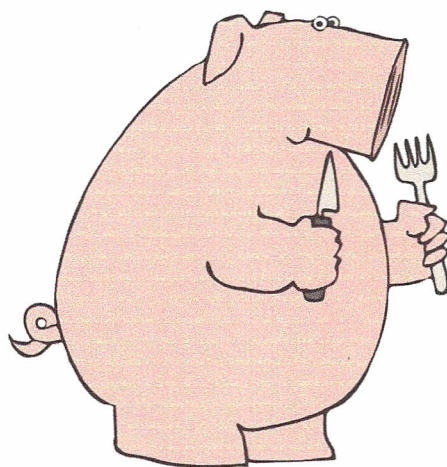
Ribs are \$25 a slab, tenderloins are \$15 each or two for \$25 and pulled

Monthly food program has several openings

We are a distribution center for the Commodity Supplemental Food Program of the USDA. If you are at least 60 years old, live in Warrick County and meet the income guidelines (annually, \$15,444 or \$1,287 per month), you may qualify for a food box every month. Colleen Martin will help you fill out the application. Distribution is on the fourth Friday of each month.

Items in the food box typically include four cans of vegetables; either dry beans or peanut butter; shelf stable milk; a 2-pound block of cheese; canned meat, stew or chili; powdered milk on alternate months; cereal; two cans of fruit; pasta or rice; juice.

Call Colleen if you are interested at 812-598-8332. We have eight spots open.



Summer volunteers head back to school

Thanks so much to our summer volunteers. Working with these young people gave us hope for the future. Landon Eisenhut spent his summer after high school graduation with us on Wednesdays helping us with phone and tech questions. We hope he can come back next summer after his first year in college at Georgia Tech.

We also appreciate our exercise and music ladies from Signature School. Sneha Velamanchili and Anisha Singh led exercise two days a week and then followed up with wonderful music during our lunch hour. We hope they will come back next year, too.

pork will be \$20 per quart. You can call Colleen Martin at 812-598-8332 with your order or the Center at 812-253-5627. The deadline to pre-order is October 9.

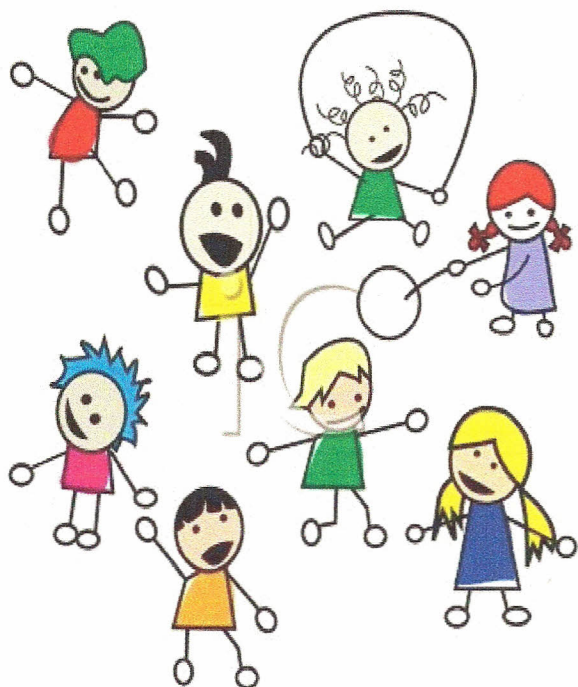
Exercise equipment available

Our board would like us to clear out some space for other activities, so we are offering several pieces of exercise equipment to the first group or persons who reply. Make us an offer. While we appreciate the donations of the equipment, we just aren't using most of these machines any more.

We have machines that will help you build stamina and strength. There's a bike and other things we're aren't sure what they are, but they do make us out of breath just looking at them. Call our manager to make an appointment to see the items, 812-853-5627.



Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

***King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

United Way Day of Caring celebrating a Quarter century of service in our area

This is the 25th year for the annual United Way Day of Caring where volunteers go to agencies and non-profits in the area and help with projects that need doing but won't get done otherwise. Last year we had volunteers from Vectren and Alcoa who painted our pillars and inside accent walls, cleaned our windows and blinds and

Garden news: It's been a great year in the garden

We have so enjoyed the veggies from our garden this year. The raised beds have worked so well, we plan to use all six of them next year. If you hear of dirt and manure we can get, please

landscaping beds and built the raised garden beds. We love what they did for us.

This year, we've asked for volunteers to clean windows and blinds, clean up the garden and flower beds, build us an irrigation system for the garden and to paint the rest of the pillars. To show our appreciation to the volun-

teers, we plan to have a carry-in lunch for them. You all always do great foods for our occasional carry-ins, so we are sure you'll outshine yourselves for this one.

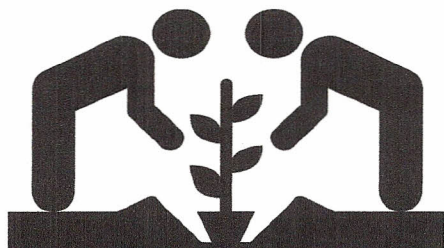
contact us at 812-853-5627 any time before next planting season. We could use volunteers to help with the garden, too. We'll get together in February to plan 2019 plantings, etc.

It was a bumper crop year for tomatoes and zucchini. We enjoyed the summer squash and a few sweet peppers as well.

Thanks a thousand times over to the Alcoa volunteers who built the raised beds for us last year.

**ONE PERSON
CAN MAKE A
DIFFERENCE,
AND EVERYONE
SHOULD TRY**

-JOHN F. KENNEDY-



We're collecting breakfast items, snacks for Warrick Education Center

Our members and friends have been so generous this year when we've asked for donations, we've decided to keep up the good works. As someone said before, "We are not the end of the chain." Helping others is something we can do, no matter our age or infirmities.

This month we will be collecting snack and meal items for Warrick Education Center. The students there sometimes do not have time or funds to eat before they get to classes, so the school

provides them a pantry where they can find breakfast, lunch or a snack while there. Items they requested we collect include individually wrapped cheese and crackers; protein bars; chips, jars of peanut butter; microwave meals, like mac and cheese; packages of tuna; canned individual servings like spaghetti Os; packs of cookies; Little Debbie treats, etc. We'll let them know when to pick up our donations and we can all get in the photo.



We're looking for people who love to play games



We are always looking for new Bridge, Clabber, Scrabble and Euchre players. Bridge meets on alternate Tuesdays, 11 a.m.; Clabber Club is on Mondays at noon; Euchre is on Wednesdays about noon; and Scrabble is on Mondays and Thursdays at noon. Give us a call or shoot an email for details. You don't

have to be good to play with us!

And we have quilters on Thursdays, 9-11:30 a.m. and our computer guy, Dick Lant on Tuesday mornings, 10-11 a.m.

There have been a couple of interested parties looking for a good pinochle game. If you'd like to play, call the Center.

Wacky holidays for September

- 1 - Emma M. Nutt Day, the first female telephone operator
- 2 - International Bacon Day
- 3 - Skyscraper Day
- 5 - Be Late for Something Day
- 6 - Fight Procrastination Day
- 6 - Read a Book Day
- 7 - Neither Rain nor Snow Day
- 8 - Pardon Day
- 9 - Teddy Bear Day
- 10 - Swap Ideas Day
- 11 - Make Your Bed Day
- 11 - No News is Good News Day
- 12 - National Chocolate Milkshake Day
- 13 - Defy Superstition Day
- 13 - Blame Someone Else Day - first Friday the 13th of the year
- 14 - National Cream-Filled Donut Day

- 15 - Make a Hat Day
- 16 - Collect Rocks Day
- 16 - National Women's Friendship Day
- 17 - National Apple Dumpling Day
- 18 - National Cheeseburger Day
- 19 - International Talk Like A Pirate Day
- 19 - National Butterscotch Pudding Day
- 21 - World Gratitude Day
- 22 - Elephant Appreciation Day
- 22 - Hobbit Day
- 23 - Checkers Day
- 23 - Dogs in Politics Day
- 24 - National Cherries Jubilee Day
- 25 - National Comic Book Day
- 26 - Johnny Appleseed Day
- 27 - Crush a Can Day
- 28 - Ask a Stupid Question Day

(Contrary to some wisdom, there are stupid questions.)

- 28 - National Good Neighbor Day
- 30 - National Mud Pack Day



We will be closed 9-3-18. Have a good time celebrating Labor Day.

SWIRCA & More

September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 LABOR DAY HOLIDAY CLOSED	4 Cheeseburger on Bun Baked Beans Chuckwagon Corn Apricots Milk	5 Sausage Pattie Country Gravy Southern Style Biscuit Hash Brown Pattie Fresh Fruit	6 Soft Shell Tacos (1 $\frac{1}{2}$ oz meat each) Mexican Rice Black Beans Cheese/Lettuce Snack Cake Milk	7 United Way Day of Caring Carry-in (Center furnishing meat)
10 Homemade Goulash Seasoned Green Beans Cornbread Pudding Cup Milk	11 Pork Pattie w/Gravy Roasted Sweet Potatoes Green Peas Bread/Marg Pineapple Chunks Milk	12 Stuffed Baked Potato w/Taco Meat Broccoli Shredded Cheese Shredded Lettuce Bread/Marg Cookie Milk	13 Chicken Parmesan Baby Bakers Tomatoes w/Corn Bread/Marg Peaches Milk	14 Lunch by Atria
17 Spaghetti w/Meat Sauce Italian Green Beans Buttered Corn Tropical Fruit Cup Texas Toast Milk	18 BBQ Chicken Cheesy Potatoes Spinach Rye Bread/Marg Pudding Milk	19 Quarter Pound Frank on Bun Mixed Vegetables Cauliflower Pears Milk	20 Meatloaf w/Gravy Mashed Potatoes Peas Bread/Marg Fresh Fruit Milk	21 Lunch by The Islamic Center
24 Country Fried Steak Garlic Mashed Potatoes Broccoli Bread/Marg Strawberry Delight Cookie Milk	25 Sausage Pattie Fried Egg Potatoes O'Brien Spiced Peaches Danish Milk	26 Italian Chicken Pattie Stewed Tomatoes Brussel Sprouts Bread/Marg Pie Milk	27 Hamburger on Bun Baked Beans -Corn Applesauce Cup Milk	28 Porkapalooza Kick Off (pulled pork sandwiches, pink iced cupcakes pig cookies (Hamilton Pointe furnishing sides)
			Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807	Your meal is provided on a donation basis, whatever you can afford to contribute. There is no set fee or charge. A suggested donation is \$3.50 per meal. Cash, checks, or Food Stamps are accepted. <u>Meat/Entrée:</u> 2 $\frac{1}{4}$ - 3 oz <u>Veget/Salad/Dessert:</u> 1 cup Margarine: 1 teaspoon Bread: 1 slice Milk: $\frac{1}{2}$ pint Casseroles: 8oz

Newburgh Senior Center Activities

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Aug. 31 - Monday, 9/2 Boonville Labor Day Festival—Free rides, parade, etc.	1 Boonville Labor Day Festival
2 Boonville Labor Day Festival	3 NEWBURGH SENIOR CENTER CLOSED FOR LABOR DAY Boonville Labor Day Festival	4 *10-11 Computer help *11:00 Bridge *11:00 Exercise *Noon White Elephant Bingo Again!	5 *11:00 Exercise *Noon Bingo by Hamilton Pointe *12:30 Euchre	6 *9:30, 10:00 Tai Chi at Zion UCC * 11:00 Exercise *Noon Travel program with Cora Seaman *Noon Scrabble	7 UNITED WAY DAY OF CARING *11:30 Carry-in lunch *Noon Bingo by Bell Oaks (NO EXERCISE TODAY.)	8
9	10 *11:00 Exercise *Noon-Clabber *Noon – Scrabble	11 *10-11 Computer help *11:00 Bridge *11:00 Exercise	12 *8:00 NSC board mtg. *11:00 Exercise *Noon *12:30 Euchre	13 *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Scrabble *Noon Bingo	14 *11:00 Exercise *11:30 Lunch by Atria *Noon Cards With Jane	15 <i>Wings of Love</i> , 2 p.m. Butterfly release in memory of those who have passed. CFC Chapel, 4100 Millersburg Rd., Evansville.
16	17 *11:00-Exercise *Noon-Clabber *Noon - Scrabble	18 *10:00 Computer help *11:00 Bridge *White Elephant Bingo	19 *11:00 Exercise *12:30 Euchre *Noon Bingo by Horizons Derby Theater Day Trip	20 *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Bingo by Cypress Grove *Noon Scrabble	21 *11:00 Exercise *11:30 Lunch by The Islamic Center *Noon Bingo by Heritage Hospice	Call Heritage Hospice, 812-475-9712 to reserve your butterfly.
23	24 *11:00 Exercise *Noon Clabber *Noon Scrabble	25 *10-11 Computer help *11:00 Bridge *Noon Bingo by Omni Health Care	26 *11:00 Exercise *12:30 Euchre	27 *11:00 Exercise *Noon White Elephant Bingo *Noon Scrabble	28 *11:00 Exercise *11:30 Hog Heaven 2018 Porkapalooza Kickoff Luncheon *Noon Bingo by Asera Care	Please note the calendar is subject to change.