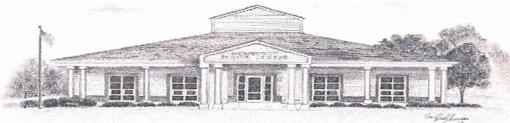


Newburgh Senior Center

November 2018 Newsletter

529 Jefferson St.
Newburgh, IN 47630
812-853-5627
Fax: 812-853-5629



Nancy Lybarger, manager

email: manageratnsc@gmail.com

The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

Where has the year gone? I can't recall an annum that sped by so quick. I'll be looking at another birthday in December. Aaargh, another year older!

We recently held our major fundraiser, Porkapalooza. Thanks to the fantastic Newburgh BBQ Coalition. You all are the best! And we appreciate all who joined us for lunch and to everyone who purchased pork products. It was a fun couple of days, seeing old friends and meeting new ones. We aren't decided as yet about a 2019 date.

I was thinking about the weather we've been having lately and everybody saying how cold it is and that we've gone from summer to winter,

with no fall in between. Having lived up north a number of years, I beg to differ with you. We had snow in early October up where we used to live. The weather we've experienced this October is considered a warm spell up in northern and central Indiana.

Granted, the first part of October was warmer than usual, but I'm cherishing the crisp blue of our skies now and the cooler temperatures. (My comfort zone has shrunk the past few years. I only feel comfortable from 55-75 degrees and the 55 includes a sweatshirt and socks.) We have a few leaves turning colors. Others must have missed the memo this year and went straight from summer green to drab brown.

Squirrels are digging up the yard in

haste to bury their winter store of walnuts. Optimists that they are, our old dogs are still sure they can catch one if they move fast enough. No luck these past 13 years. I'm not holding my breath.

Remember to be extra thankful this season. We live in a great country and are cherished by family and friends near and far.

November birthdays

Hal Wolford	11-1
Barb Isaac	11-2
Susan Crowley	11-3
Phyllis Perkins	11-6
Adrian Smith	11-9
David Schaefer	11-9
Peggy Boxell	11-11
Jayne Christian	11-15
Ruby Abney	11-15
Steve Renfrow	11-19
Ramon Will	11-20
Ellie VanNatta	11-22
Gene Welte	11-30

Senior Center closed Election Day



Newburgh Senior Center will be closed Election Day, November 6, as it is a polling location. We urge everyone to vote. All our votes are important. It's your right and responsibility. (If you don't vote, you can't complain.

Falling back in time as Daylight Savings Time ends

Remember, our time changes Sunday, November 4 at 2 a.m. We'll get an extra hour in bed on Sunday morning but the days will seem shorter and the nights longer until we go back to Daylight Savings time next spring. If you subscribe to the theory that it is legal to go to bed once it gets dark, you'll be catching up on all the sleep you lost to daylight this past summer.



Fall for Autumn poetry in November



Except for a few varieties, leaves may be just about all fallen by the time November rolls around. It's still a good time to share Autumn poems. Here are a couple we read at the Center.

Sing to Me, Autumn

Patricia L. Cisco

Sing to me, Autumn, with the rustle of

your leaves.
Breathe on my your spicy scents that flow within your breeze.
Dance with me Autumn, your waltz that bends the boughs of trees.
Now tell me all the secrets you've whispered to the seas.
Sleep with me Autumn, beneath your starlit skies.
Let your yellow harvest moon shimmer in your eyes.
Kiss me, Autumn, with your enchanting spellbound ways
That changes all you touch into crimson golden days.
Love me, Autumn, and behold this love so true

That I'll be waiting faithfully each year to be with you.

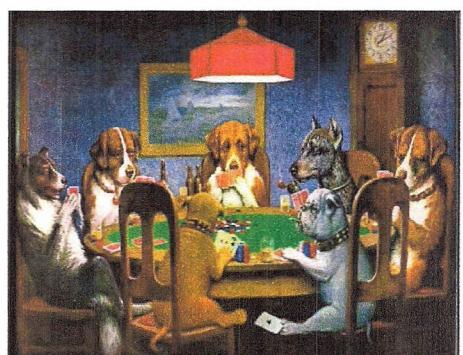
The Deep Blue Says It's Autumn

Rick W. Cotton

The deep blue says it is autumn.
The sky is never this color
Except for days of cool, clear breeze
And leaves falling one on another. The

gold leaves say the year is ending
In its wild-hued conflagration
The gentle season of harvest time
And happy fall celebration.
The orange says Halloween's nearing
And Thanksgiving's not far behind.
The heat of the summer is waning fast,
And a peace fills my heart and mind.
The colors of fall are all calling,
And my heart hears their song so clear.
Gray wintertime waits, but let's all celebrate
The brilliance of this time of year!

Euchre tournament held at Senior Center



Thanks to our 2018 Porkapalooza sponsors



***Rhonda and Dan Felker**

***Park Place Apts. /Ubelhor Family**

***Peoples Trust & Savings Bank**

***Law Office of Fine and Hatfield**

***Bell Oaks Place Assisted Living**

***Stoll Keenon Ogden PLLC-Evansville**

***JoAnn Jacob Krantz-Atty at Law**

***Judy Lopez**

***Red & Susie Williams**

***5 Star Security Systems-Chad Bennett**

***Dashco Logistics**

***The Martin Family**

***Newburgh Family Dental-Dr. Shea Perkins, DMD**

***Newburgh Healthcare,*Ed and Rosie Cooper,**

***Jane and Fred Stanley, Dashco Logistics**

Thanks to all who participated in our inaugural Euchre Tournament at the Senior Center. For those who attended, please be sure you tell everyone what a fun afternoon it was.

We'd like even more players next time. We'll try to schedule another one in late January.

We play Euchre every Wednesday at the Center, starting noon-ish. All you have to be is 55 or older, and have a background in Euchre--even if you haven't played for years.

If you don't know how to play Euchre, stop by the Center some afternoon and we'll teach you the basics.

Winners for our first ever Euchre Tournament were as follows:

Rob Cahill, 1st

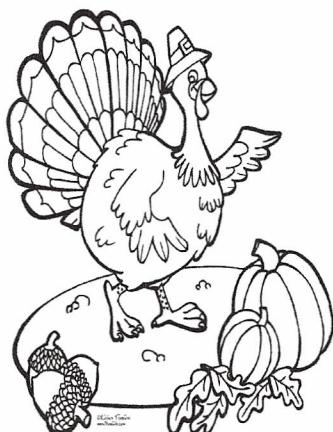
Susan Poindexter 2nd

Mike LaBarbara 3rd

Thanks to our November Day Sponsors



Center Closed for Thanksgiving



The Senior Center will be closed Thanksgiving, November 22 and the day following, November 23.

We hope everybody has a great time with friends and family. Eat all you want. We'll be exercising again the next week!

November 03 is sponsored by the Kapperman Post 44 American Legion Auxiliary. November 03 is the Annual Vendor and Craft Fair hosted by the Auxiliary to raise funds for veterans activities. The event is from 8 am to 2 pm and is at the Post. There is a \$5 lunch that features homemade soups. Thank you Post 44 auxiliary for all you do for Veterans.

November 11- Veteran's Day- is sponsored by C. Larry Rhodes State Farm Insurance. This is a special day to honor veterans, both living and past. Take time to think about the sacrifices that veterans made so we can be free.

November 22- Thanksgiving -sponsored by Dave and Marsha Lambert, who encourage us to exercise kindness and grace to everyone in our lives on Thanksgiving and every day. Thank you, Marsha and Dave, for your kindness to seniors.

Thanks to our In-Kind Sponsors and volunteers for Porkapalooza 2018

We appreciate all the volunteers who helped in every way to make Porkapalooza 2018 a success. At this point, we are predicting Porkapalooza 2018 raised in profit—\$12,761.83!

In 2017, we raised \$11,332 for the Senior Center operating fund, about 11 percent more than 2017! Each year, we have made more money. Thanks to the community and volunteers. You make it seem so easy.

Many thanks to the following:

Newburgh Barbeque Coalition members for all your work cooking the meat, including the pulled pork for the quarts and sandwiches. Special thanks to: Dannie Russell, Debbie Craig, Kenny Head, "Chico" Meyers, Walter Howard, Doug Farris, Alan Reinbrecht, Don Perry, Larry Smith and Steve Weiss.

Special thanks to Debbie Craig who was a key organizer of Porkapalooza 2018.

Thanks to our crew of "Wrappers"- Vickie Daugherty, Becky Howard, Paulette Meyers, and Sara Atkinson.

Kudos to Teresa O'Rourke and Sue Welte, who lead the sandwich team for selling and serving those 422 pork lunches.

Our Senior Bake Sale Team

And our In-Kind sponsors: Circle S Mart, Local 204-USWA and the Newburgh Volunteer Fire Dept. for Ice donations.

Walmart for \$50 gift card that was used to buy foil and small plates. Judy Lopez for donation of all the chips used.

Archie & Clyde's for the donation of 200 lunch containers and plates. Friends of Newburgh who loaned us the coolers, tables and donated soft drinks

Pepsi for 8 cases of soft drinks. Coca Cola for donation of 10 cases of soft drinks.

The Martins for donation of buns. JoAnn Krantz for donation of 2 pork butts.

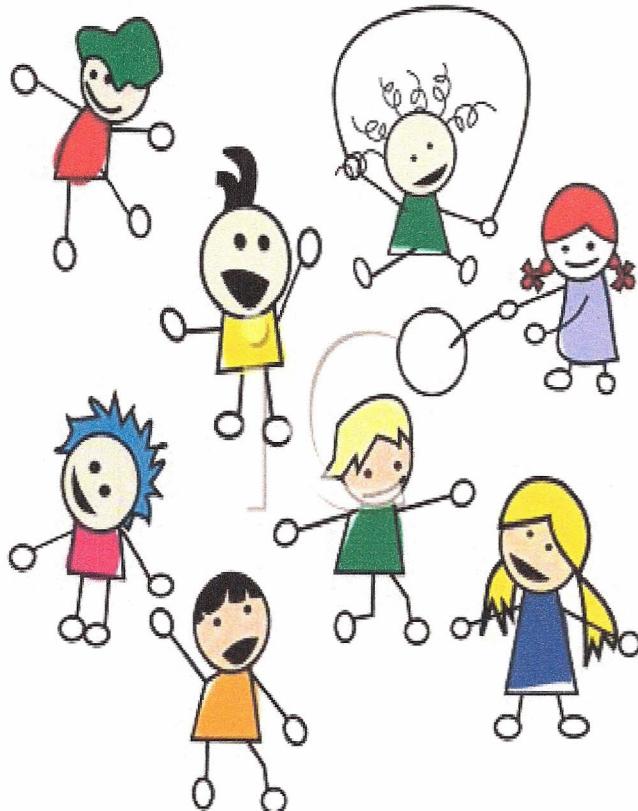
Nancy Lybarger, Center Manager for the great publicity and organizational efforts..

And last but not least, thank you to ALL our volunteers! We had many seniors who helped out and we had at least 8 new volunteers! We had 47 volunteers over the two days, including the NBC crew.

We are all so lucky to have a community that supports the Newburgh Senior Center! Thank you again and we look forward to next year!

Colleen Martin

Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

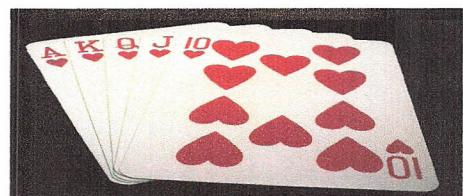
***King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

Thanksgiving is not the only holiday in November

2-Deviled Egg Day	16-Button Day	Evolution Day
2-Look for Circles Day	16-Have a Party With Your Bear Day	25 National Parfait Day
3-Book Lovers Day	16-International Tolerance Day	27 Pins and Needles Day
4-King Tut Day	17-Take A Hike Day	28 French Toast Day
5-Guy Fawkes Day	17-World Peace Day	28 Red Planet Day
6-Marooned without a Compass Day	19-Have a Bad Day Day	
6-Saxophone Day	20-Absurdity Day	
9-Chaos Never Dies Day	20-Beautiful Day	
12-Chicken Soup for the Soul Day	21-World Hello Day	
13-Sadie Hawkins Day	22-Go For a Ride Day Over the River and /through the Woods	
13-World Kindness Day	23-You're Welcome Day - the day after Thanksgiving	
14-World Diabetes Day	24 All Our Uncles are Monkeys Day:	
15-America Recycles Day		
15-Clean Your Refrigerator Day		

25 National Parfait Day
27 Pins and Needles Day
28 French Toast Day
28 Red Planet Day



Players needed for games at the Senior Center

Pinochle, Hand and Foot and Rook players are needed at the Center. We also have someone who wants to play Spades if you are interested.

Bridge club is looking for players and the quilters welcome new folks every Thursday at 9 a.m. Call 812-853-5627 for information.

We appreciate Bingo sponsors and Free Lunch Friday lunch providers

Thanks forever to our Bingo sponsors and callers and to those wonderful groups and businesses who provide meals for our members and friends on our "Free Lunch Fridays."

We have scheduled bingo games nine days in November. Free Lunch Fridays are possible through the generosity of our Friday lunch sponsors. We have great food on these Fridays. Cypress Grove, Atria, the Islamic Center and Hamilton Pointe, respectively, provide us with a great variety in dining experiences.

SWIRCA & More

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Your meal is provided on a donation basis, whatever you can afford to contribute. There is no set fee or charge. A suggested donation is \$3.50 per meal. Cash, checks, or Food Stamps are accepted.</p> <p><u>Meat/Entrée:</u> 2 1/2 - 3 oz</p> <p><u>Veg/Salad/Dessert:</u> 1/2 cup</p> <p><u>Margarine:</u> 1 teaspoon</p> <p><u>Bread:</u> 1 slice</p> <p><u>Milk:</u> 1/2 pint</p> <p><u>Casseroles:</u> 8oz</p>	<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>		<p>1 Roast Beef w/Gravy Mashed Potatoes Seasoned Green Beans Cobbler or Crisp Bread/Margarine Milk</p>	<p>2 Lunch provided By Cypress Grove</p>
<p>5 Spaghetti w/Meat Sauce Italian Beans Texas Toast Spiced Peaches Milk</p>	<p>6 Polish Sausage Mashed Potatoes Sauerkraut Rye Bread/Margarine Fresh Apple Milk</p>	<p>7 Smoked Pork Chop Scalloped Potatoes Seasoned Green Beans Wheat Bread Pineapple Cup Milk</p>	<p>8 Sloppy Joe on Bun Homemade Macaroni & Cheese Mixed Vegetables Pudding Cup Milk</p>	<p>9 Lunch Provided By Atria</p>
<p>12 CLOSED VETERAN'S DAY HOLIDAY</p>	<p>13 Potato Crusted Fish Baked Beans Brussel Sprouts Applesauce Cup Wheat Bread/Margarine Milk</p>	<p>14 Chicken & Noodles Seasoned Green Beans Spiced Peaches Bread/Margarine Milk</p>	<p>15 <u>Thanksgiving Lunch</u> Roast Turkey w/Gravy Homemade Dressing Sweet Potatoes Cranberry Salad Roll Pumpkin Pie Milk <u>Must have</u> <u>Reservations!!</u></p>	<p>16 Lunch Provided By The Islamic Center</p>
<p>19 Italian Chicken Pattie Corn Broccoli Mixed Fruit Cup Bread/Margarine Milk</p>	<p>20 Salisbury Steak w/Gravy Mashed Potatoes Vegetable Blend Applesauce Cup Milk</p>	<p>21 Omelet Hash Brown Pattie Warm Spiced Apples Cinnamon Roll Milk</p>	<p>22 CLOSED THANKSGIVING DAY</p>	<p>23 CLOSED THANKSGIVING HOLIDAY</p>
<p>26 Lasagna Roll ups (2) Italian Vegetables Spiced Peaches Texas Toast Milk</p>	<p>27 Homemade Beef Stew Seasoned Cabbage Biscuit Mixed Fruit Milk</p>	<p>28 BBQ Pork on Bun Cheesy Potatoes Mixed Vegetables Pears Milk</p>	<p>29 Ham & Beans Spinach Cornbread Peach Cobbler Milk</p>	<p>30 Hot dogs Baked beans Chips Banana pudding</p>

Newburgh Senior Center Activities

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 *9-11:30 Quilting group *9:30, 10:00 Tai Chi at Zion UCC *11:00 Exercise *Noon Scrabble	2 *11:00 Exercise *11:30 Lunch by Cypress Grove Bingo by Bell Oaks	3
4	5 *11:00 Exercise *Noon Clabber *Noon Scrabble	6 CLOSED FOR ELECTION DAY MAKE SURE YOU VOTE! IT IS YOUR RIGHT & RESPONSIBILITY	7 *11:00 Exercise *Noon Bingo by Hamilton Pointe *12:30 Euchre	8 *9-11:30 Quilting group *9:30, 10:00 Tai Chi at Zion UCC * 11:00 Exercise *Noon Scrabble	9 *11:00 Exercise *11:30 Lunch by Atria *Noon Cards with Jane	10
11	12 *11:00 Exercise *Noon-Clabber *Noon – Scrabble	13 *10-11 Computer help *11:00 Bridge *11:00 Exercise *Noon Bingo provided by Naomi Faire	14 *11:00 Exercise *12:30 Euchre	15 *9-11:30 Quilting group *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Scrabble *Noon Bingo by Cypress Grove	16 *11:00 Exercise *11:30 Lunch by the Islamic Center *Noon Bingo by Heritage Hospice	17
18	19 *11:00-Exercise *Noon-Clabber *Noon - Scrabble	20 *10:00 Computer help *11:00 Bridge *11:00 Exercise *Noon Make Thanksgiving favors for shut-ins	21 *11:00 Exercise *Noon Bingo by Horizons Health Care *12:30 Euchre	22 Closed for Thanksgiving Be thankful for your many blessings. Happy Turkey Day!	23 Closed to recover from too much Turkey Day. Black Friday Shop 'til you drop!	24
25	26 *11:00 Exercise *Noon Clabber *Noon Scrabble	27 *10-11 Computer help *11:00 Bridge *Noon Bingo	28 *11:00 Exercise *Bingo by Silver Birch *12:30 Euchre	29 *11:00 Exercise *Noon Scrabble	30 *11:00 Exercise *11:30 Lunch by Hamilton Pointe or NSC *Noon Bingo	Please note the calendar is subject to change.