

Newburgh Senior Center

January 2019 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

I hope you all had a joyous Christmas and are working on having a Happy New Year. Where did 2018 go? For that matter, how does time seem to zoom right past us? I don't make resolutions anymore because I don't like to admit it when I fail keeping them. However, I am going to make the effort this year to be happy.

As most of you know, my husband died in December after a month-long struggle with kidney failure. It will be a challenge for me to remember that there are many other reasons for which I need to be happy. I appreciate all the time we had together and I'll

try to keep in mind all the fun things we did.

Thank you all for the prayers, cards and expressions of sympathy during his illness and at his passing. Many of our members have been through this valley ahead of me and I'm depending on you all to help me through it, too.

We're past the shortest day and soon we'll be seeing the days lengthen. I can barely wait. Seed catalogs will be in the mail and spring will follow. We'll need to get ready to go dig in the dirt!

We've had some changes to our bingo calendar for 2019. There are several open days for activities. If you know

someone who would like to bring us a program or sponsor bingo, please let me know. We want to be the happening place for seniors in our area.

Thanks to those organizations that faithfully sponsor bingo with their prizes and their presence. Those are fun days for us.

January Birthdays

Kay Fenimore	January 2
Ed butch	January 2
Marlene Crenshaw	January 8
Kulsoom Tapal	January 11
Warren Wentzel	January 13
Alice Brakel	January 15
Sharon Anderson	January 16
Doris Schmidt	January 18
Viola Schriefer	January 19
Bettie Abney	January 19
Sarah Tapal	January 20
Monte Williams	January 23
Warren Moore	January 27
Connie Osborne	January 29
Josephine Caskey	January 29



It's that time of year: time to renew your membership at Newburgh Senior Center. Our dues are \$12 a year and run from January 1 to December 31. Even if you paid dues in October, it's time to renew again.

Most of our events and programs are free and membership is not required, so if you don't feel it necessary, it's not mandatory to pay dues. However, your dues help defray some of the expenses we have around here – like when we need to buy pizza for lunch or supplies for a craft to make for our shut-in friends or extra bingo prizes to have on hand when the sponsored bingo folks can't show up and we want to play anyway.



Thanks to our Day Sponsor for January



January 21 is Martin Luther King, Jr. Day and is sponsored by the Martin Family.

We honor the work of Dr. King for his work and remember his spirit.

*I have decided to stick with love.
Hate is too great a burden to bear.*—
Dr. Martin Luther King Jr.

If you would like to sponsor a day for the Newburgh Senior Center and get your message on our sign, please call 812-853-5627.

Kazoo Band schedules music of the cowboys

January is Cowboy Music month and I hope our audience will enjoy our program. It will bring back memories of days gone by and hope for the future.

We will also have our gospel songs! Thank you so much for helping us bring joy to folks who likely to be a bit sad this time of year. Please bring someone along with you to join us.

Colleen

Please mark your calendars for the following date:

Thursday, January 23 at 1:30 p.m. at Bell Oaks Place. Please be there by 1:15 p.m.

(Let's hope the weather cooperates. If school is cancelled, and the NSC is closed, we will not kazoo.)



If schools are closed, so are we

Please remember, if Warrick County Schools are closed because of weather, Newburgh Senior Center will also be closed. If they run on a delay, we will open at 9 a.m., as usual.

The Town of Newburgh provides parking lot and walkway cleaning for us, but sometimes they may not get it perfect before it's time to open. Remember to watch your step in the parking lot this winter.

Although we love having a big crowd every day we're open, we understand if you choose to stay home on days with less than perfect conditions.

We appreciate our generous donors who support NSC

Every year we send out letters asking for support for our programs and events at the Senior Center. And, every year we are showered with donations from our generous friends.

Thanks to Colleen Martin for sending out the letters and keeping up with the notes of appreciation.

Most of all, thank you to all who send us big checks and little checks. We appreciate everyone's support.

If you received a letter but haven't sent in your donation, please consider doing so. Colleen is trying to wrap up this year's campaign.

Your donation helps the Center provide free or discounted programs and events to the seniors in our area. Our members cover a wide economic spectrum. Some could afford to pay for programs; others would be left out if they had to pay. One way your donations help is to give a discount for members who participate in several day trips throughout the year.

Depending on your situation, your donation may be deductible on your taxes. We are a 501 (c) (3) non-profit organization.

If you did not receive an annual appeal letter but would like to support the Center, please send your check to Newburgh Senior Center, 529 Jefferson St., Newburgh, IN 47630.

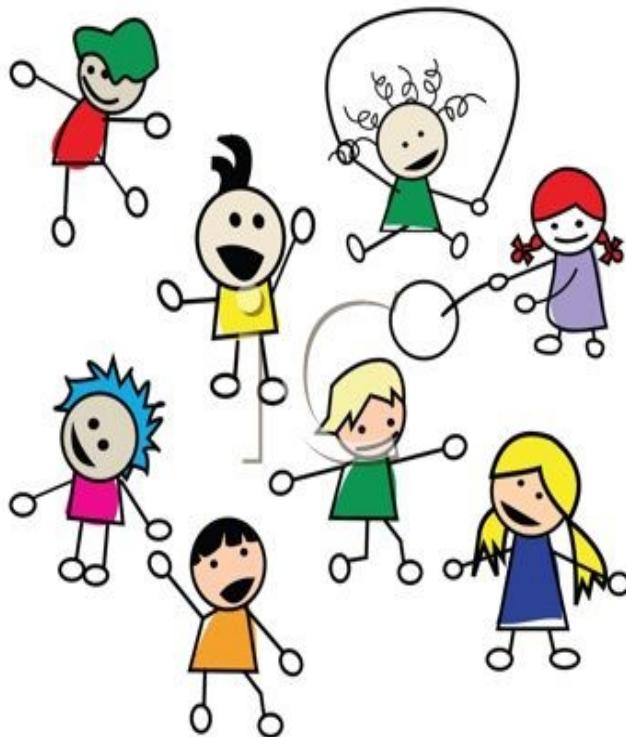
For donations of \$100 or more, you can also "name a day" and get your message on our sign out front. It's a

Thanks to our holiday musicians and singers

Thanks to the folks who provided Christmas tunes for the season. We loved the dulcimer music from Scott and Ronda. And we raised our voices in carols with Colleen and Judy. You all helped us remember why we celebrate.

If you know people who would like to share their musical talents with us, please contact our manager and she'll get them on our calendar. We really like music that we can sing along with and raise a joyful song.

Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

***King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

Words for a New Year's celebration

Resolutions come and go. Here are some encouraging words to start the new year.

"I hope that in this year to come, you make mistakes. Because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You're doing things you've never done before, and more importantly, you're Doing Something.

So that's my wish for you, and all of us, and my wish for myself. Make New Mistakes. Make glorious, amazing mistakes. Make mistakes nobody's ever made before. Don't freeze, don't stop, don't worry that it isn't good enough, or it isn't perfect, whatever it is: art, or love, or work or family or life.

Whatever it is you're scared of doing, Do it.

Make your mistakes, next year and forever."

— Neil Gaiman

"May Light always surround you;
Hope kindle and rebound you.
May your Hurts turn to Healing;
Your Heart embrace Feeling.
May Wounds become Wisdom;
Every Kindness a Prism.
May Laughter infect you;
Your Passion resurrect you.
May Goodness inspire
your Deepest Desires.
Through all that you Reach For,
May your arms Never Tire."

— D. Simone

"May the New Year bring you courage to break your resolutions early!
My own plan is to swear off every kind of virtue, so that I triumph even when I fall!" — Aleister Crowley, *Moonchild*

"We spend January 1st walking through our lives, room by room, drawing up a list of work to be done, cracks to be patched. Maybe this year, to balance the list, we ought to walk

through the rooms of our lives...not looking for flaws, but for potential."

— Ellen Goodman

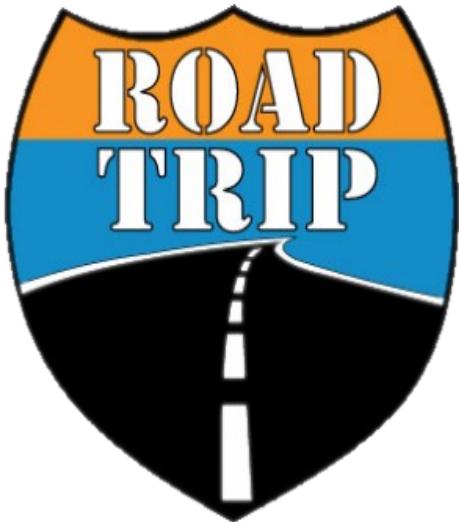
"Each New Year, we have before us a brand new book containing 365 blank pages. Let us fill them with all the forgotten things from last year—the words we forgot to say, the love we forgot to show, and the charity we forgot to offer."

— Peggy Toney Horton

"And now let us believe in a long year that is given to us, new, untouched, full of things that have never been, full of work that has never been done, full of tasks, claims, and demands; and let us see that we learn to take it without letting fall too much of what it has to bestow upon those who demand of it necessary, serious, and great things."

— Rainer Maria Rilke,
Letters of Rainer Maria Rilke,
1892-1910.

Happy retirement, Joe. Welcome to the family, Nathan.



We are wishing our friend, Joe Seibert of Happy Hoosiers, a "happy" retirement. He's passed along his travel and trip business to Nathan Gates of Servants Travel. We wish Joe the best and hope to see him around the Center now that he won't be on the road all

the time.

Nathan has several trips planned that might interest seniors. He doesn't have the exact cost yet, but he's included an overall estimate for each trip. He needs a minimum of 45 paid reservations for each trip.

Here's his lineup for 2019:

*Buttonwillow Civil War Dinner Theater in Whitwell, Tennessee (\$130); March 25. Step Back into 1864 with era food, music and trivia in this three-hour play, based on real events.

*Badgett Playhouse, April 13 (\$88); the Sounds of Memphis at Badgett

Playhouse, Grand Rivers, KY.

*Derby Dinner Theater, April 17 (\$90), "The Newsies."

*Planes, Trains and Automobiles, Bowling Green, KY (\$90), May 15. Visits to the Aviation Heritage Park, the Rail Park Museum and the Corvette

Museum. Meal included.

*An Evening with Rory Feek, May 26, (\$135) at the concert hall on his farm.

*The all New 60s Show, Badgett Playhouse, June 1 (\$88). Walk down memory lane through a wide range of music that defined a generation.

*Lambert's Café and Sikeston Factory Outlet Stores, July 10 (\$50, meal cost on your own). Home of the "threwed rolls" and extremely generous servings.

*Chaffin Barn, Nashville, Tennessee, August 18 (\$125), "Southern Fried Nuptials."

*Branson, Missouri, November 4-7. Single, \$802; Double, \$645; Triple, \$590; Quad, \$570.

Buses leave from the Apple Center in Newburgh. For more information, email servantstravel@outlook.com or call 812-629-7888.

Off the wall January holidays are something to celebrate

2 Run up the Flagpole and See if Any-one Salutes Day
3 Festival of Sleep Day
3 Fruitcake Toss Day
4 National Spaghetti Day
4 Trivia Day
5 National Bird Day
6 Cuddle Up Day
7 Old Rock Day
8 Bubble Bath Day
8 Male Watcher's Day
10 Peculiar People Day

11 Step in a Puddle and Splash Your Friends Day
13 International Skeptics Day
13 Make Your Dream Come True Day
15 National Hat Day
16 Appreciate a Dragon Day
17 Ditch New Years Resolutions Day
18 Winnie the Pooh Day -The Birthday of Winnie's author A.A. Milne
19 National Popcorn Day
20 National Cheese Lovers Day
20 Penguin Awareness Day

21 National Hugging Day
23 National Pie Day
24 Compliment Day
25 Opposite Day
27 Chocolate Cake Day
28 Bubble Wrap Appreciation Day
28 National Kazoo Day
29 National Puzzle Day
31 Backward Day

We are open MLK Day



NSC will be open Martin Luther King, Jr. Day, Monday, January 21. We'll take a moment to remember this American hero and the legacy he left us.

Our lunch that day will be vegetable soup and pimento cheese sandwiches. Since this is a federal holiday, the Post Office, town offices and banks will be closed.

Bus service runs to Senior Center

Many of you know that the Warrick County Transit bus stops at the Center several times a day. For seniors, the cost of each ride is 50 cents for riders over 60.

We have maps of the bus stops if you would like a copy. The buses stop at the Center every hour on the half-hour (9:30, 10:30, etc.).

For more personal service, there is a Door-to-Door service. Reservations are required for this service.

The minimum cost is \$3 per ride (\$6 per round trip). The bus can take you into Vanderburgh County but it costs more.

Call 812-254-3225 or 800-743-3333 (Relay Indiana) for Door-to-Door Service. Usually they need 24 hours notice for service.

Bus service is also available at your door with the regular bus, but you have to call by 1 p.m. two days ahead. That cost is \$2.00 per ride.