

Newburgh Senior Center

March 2019 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

Hang on a few more days. Winter will be officially over on March 20!

We're going to get ready for our garden with a meeting on March 7 at noon. If you have garden thoughts, come join us.

We have a full schedule in March, so be sure to check our calendar for events that interest you. We have a bunch of bingo, a Euchre Tournament and great lunches on our list to do this month.

We have lots of groups that meet every week or every other week, too. Mondays, we play Clabber at noon;

every other Tuesday, bridge players meet at 11 a.m. in the computer room; Wednesdays at 12:30 p.m., Euchre players gather in the computer room; and Thursdays, 9-11:45 a.m., quilters meet to chat, cut and sew. Tai Chi is every Thursday at 9:30 and 10 a.m. at Zion UCC Church (\$5 per session) and computer help is available, thanks to Dick Lant, every Tuesday, 10-11 a.m.

The Kazoo Band is back in operation after a winter hiatus. More members are needed to help spread joy at nursing home performances.

Talk to Colleen Martin if you are drawn to that service project. She will tell you all you need is a willing heart. She'll even get you a kazoo.

If eating is your forte, we have lunch at 11:30 a.m. Fridays lunches are sponsored, so there is no cost at this point. Monday-Thursday are SWIRCA lunches and we need reservations.

Whatever you like to play, Newburgh Senior Center is the place for fun and games!

March Birthdays

Mike LaBarbara	4
Pauline Belwood-Bryant	5
Gerald Bowser	6
Pam Wentzel	8
Teresa Latham	10
Virginia Heller	16
Florence Neely	16
Mike Ruffner	21
Kathryn Masterson	28



Save this date! On March 10 at 6:30p.m., our Dulcimer-playing friends, Scott and Ronda, are hosting a benefit concert at Newburgh United Methodist Church. All proceeds will go to the church's Food Pantry. This concert will feature many well known hymns and also some traditional old time Irish and American music. There will be singing! Admission is free, but everybody needs to bring a donation to the food pantry (canned or box goods, maybe even a whole bag of groceries, and/or a free will offering. CDs will be for sale and all proceeds go to the food pantry. Invite your friends and neighbors to hear the unique dulcimer music from Scott and Ronda and share in this vital mission of food for our neighbors in Newburgh and Warrick County.



Thanks to our Day Sponsors for March

We appreciate our March Day Sponsors.



March 17-St. Patrick's Day is sponsored by Boone Funeral Home. Martha and John Maier wish all of us the "luck of the Irish." Thank you, friends, at Boone Funeral Home for your support.

March 28 is sponsored by King Mechanical Specialty, in honor of the birthday of Steve Yancey. Happy Birthday Steve. Many happy returns.

Thank you, King Mechanical Specialty, for being our 2019 Hospitality Sponsor and for being such a generous and loyal supporter of the Newburgh Senior Center.

Happy Hoosiers back in business with bus trips

Anita Reising, Joe Seibert's daughter, is taking over her dad's business and has several trips planned, including a couple to Derby Dinner Theater that might interest us at the Center.

"Savannah Sipping Society" is scheduled for Thursday, June 20 and "Million Dollar Quartet" is on tap for Thursday, Sept. 5.

From the authors of "The Dixie Swim Club" comes a laugh-a-minute comedy about four Southern women, all needing to escape their day-to-day routines, drawn together by fate—and an impromptu happy hour. "The Savannah Sipping Society" will keep you in stitches.

Broadway's hit rock n' roll musical inspired by the electrifying true story of four unknown musicians: Elvis Presley, Jerry Lee Lewis, Carl Perkins &

Johnny Cash, who gathered at Sun Records for what would be one of the greatest jam sessions ever. "Million Dollar Quartet" will make you remember the days when we could understand the words to songs and they all had a tune you could sing along with, whether or not you could carry a tune. If you love rock n roll, don't miss this performance.

The cost, \$85, for each trip includes transportation (by a tour bus), lunch and your ticket to the performance. If you are a member of Newburgh Senior Center, you can get a ticket for half-price. Our dues are only \$12 a year, so even if you only go on one of the trips, you are still saving money. Barb Isaac is in charge of reservations and collecting our money, so contact her with questions.

More than you wanted to know

St. Patrick's Day trivia, facts and folklore

The *Old Farmer's Almanac* says St. Patrick was born in Britain, named Maewin Succat. He may or may not have driven snakes from Ireland, because snakes weren't native to there. After being a slave in Ireland for several years, he escaped and then returned as a priest and converted a good number of the Irish to Catholicism.

He probably did not use the shamrock to teach the gospel, even though the three leaves logically could represent the Trinity.

Blue was the color originally associated with St. Patrick. Many believe you should plant grasses on St. Patrick's Day and sew cabbage seeds while wearing your pajamas.

With more than 65 years of experience, King Mechanical Specialty is the reliable source for engineered products, equipment and services.

If you have special days that you'd like to have mentioned on our sign out front, please contact Colleen Martin at 812-598-8332. She can set up the schedule for the day(s) you'd like to commemorate.

Kazoo Band is back after hiatus

Kazooing and singing can be fun for you, uplifting for others and has wonderful health benefits (breathing, voice, spirit).

Where else can you find a "Triple Treat" of good things for no cost, and just a little of your time and talent?

Call Colleen at 812-598-8332 to get more information about the "Senior Class Kazoo Band."

Please mark your calendars for the following date:

Thursday, March 21- Bell Oaks Place-1:30 pm. Please be there by 1:15 pm.



Cleaners needed

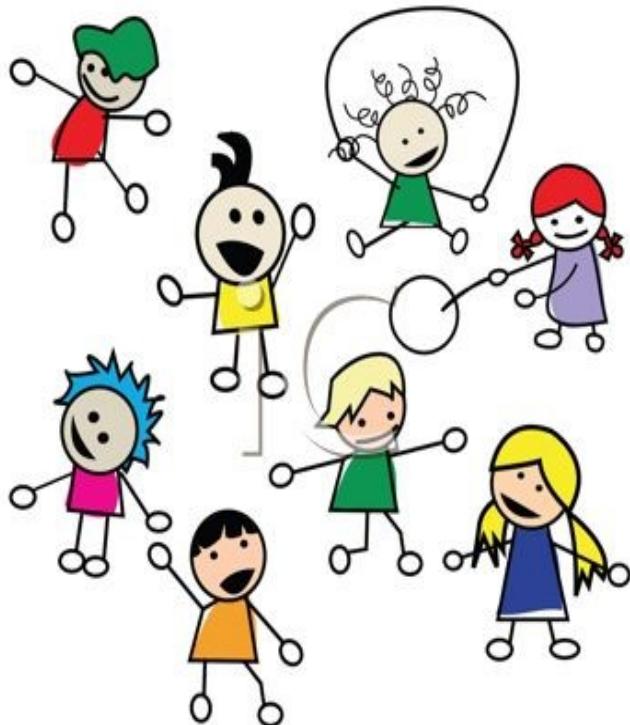
Having fun can get messy. We get the tables dirty and crumbs on the floor and sometimes we smear glue or sprinkle glitter.

Until we get a new AARP trainee, we need a few volunteers to take care of daily cleaning at the Senior Center.

The work consists of taking a swipe at the bathrooms, emptying trash and sweeping and/or mopping the floors. Running the vacuum is sometimes needed, too.

If you have a couple of hours to donate to the Center, we would surely appreciate your efforts.

Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

***King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

Weird and wacky holidays celebrated in March

- 1 Plan a Solo Vacation Day
- 2 Old Stuff Day
- 3 I Want You to be Happy Day
- 4 March Forth and Do Something Day
- 5 Cinco de Marcho
- 5 Learn What Your Name Means Day
- 7 Alexander Graham Bell Day
- 11 Napping Day
- 12 Alfred Hitchcock Day
- 13 Jewel Day
- 14 Pi Day
- 15 Everything You Think is Wrong Day

- 16 Every Thing You Do is Right Day
- 17 Submarine Day
- 18 Awkward Moments Day
- 19 Let's Laugh Day
- 20 World Storytelling Day
- 21 Absolutely Incredible Kid Day
- 21 Common Courtesy Day
- 22 International Goof Off Day
- 23 Okay Day
- 23 Puppy Day
- 23 Near Miss Day
- 24 Chocolate Covered Raisins Day

- 25 Waffle Day
- 25 Tolkien Reading Day
- 26 Make Up Your Own Holiday Day
- 28 Something on a Stick Day
- 29 Smoke and Mirrors Day
- 30 Take a Walk in the Park Day
- 31 Bunsen Burner Day

What is Daylight Saving Time and where did it originate?

The 2019 *Old Farmers Almanac* gave us the brief history of Daylight Saving time (DST). Please note that the correct term is Daylight Saving (not Savings) Time.

Benjamin Franklin is credited with the idea of DST in 1784, but it was just a joke. It was scoffed at then, and again in 1885.

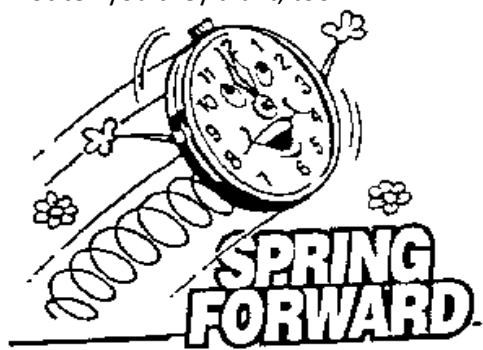
The Germans adopted DST in 1915 as a fuel-saving measure during World War I. The Brits joined the club in 1916 and the United States in 1918, when

Congress passed the Standard Time Act. Our dairy herds did not care for changing time, so the act was repealed in 1920.

DST was instituted again during World War II and has been in use off and on since then. Currently, DST begins at 2 a.m. on the second Sunday of March and ends at 2 a.m. on the first Sunday of November.

Remember to set your clocks up an hour before you go to bed on Saturday, March 9. You won't want to miss

church because of the time change. Your friends will make fun of you and not tell you they did it, too.



BBB Scam reports range from phishing to jury threats

The Better Business Bureau recently received information from the U.S. District Court for the Southern District of Indiana and the U.S. Attorney's office warning of an increase in calls to the Court by consumers who have fallen victim to the jury duty scam. This scam is "a nationwide scam in which callers pose as U.S. Marshals or other government officials and claim that the victim is about to be arrested for not appearing for jury duty, but can avoid arrest by paying a fine."

The callers are usually very convincing as they may use names of real court personnel, police officers or sheriff's deputies in their bid to convince you to pay a fine. In fact, the Court indicates that recent callers have also had the victim's work address, home address and date of birth, which further leads victims to believe the call is real. In all cases, they try to convince you to pay a fine through the purchase of a prepaid debit card or gift card or send cash via wire transfer. BBB would like to remind you that none of these payment types are traceable. Once the money is gathered by the caller, you won't be able to retrieve it.



If you receive one of these calls, the Court indicates that, "in no instance will a court official, U.S. Marshal, or other government employee contact someone and demand payment or personal information by phone or email." In addition, "a prospective juror who disregards a summons will be contacted by the District Court Clerk's Office by mail and may, in certain circumstances, be ordered to appear before a judge." Furthermore, "a fine will never be imposed until after an individual has appeared in court and been given the opportunity to explain a failure to appear."

Beware of any unsolicited or unexpected communications asking for personal information or telling you to download an attachment. Many of these communications are from imposters masquerading as trustworthy businesses and organizations. They are "phishing" for your Social Security or Social Insurance number, passwords, credit card information, or other personal details for use in identity theft. Don't fall for the bait!

Phishing messages typically use one of three methods to fool victims: 1) the message promises a reward (a gift card, free item); 2) threatens a punishment (unpaid taxes, missed jury duty,

deactivated bank account); or, 3) appears entirely mundane (a file from the office scanner).

Phishing scams tend to follow a pattern. The victim receives an email, phone call or text message (called "smishing" or SMS phishing). In the communication, the scammer urges the target to click a link, share information, or download an attachment which likely contains malware. In the case of an email or text, the link frequently leads to a form, which prompts the target to enter personal information.

Think twice before you download anything from the Internet, especially if it's an attachment from an anonymous sender. Scammers will hide malware in an attachment and once you download it, it can wreak havoc on your computer or steal your personal information.

Senior Center Euchre Tourney scheduled for Sat., March 30



Monthly food boxes available for qualified seniors

Warrick County seniors, aged 60 and older, may qualify for free supplementary food under the Commodity Supplemental Food Program (CSFP), a USDA program. Annual income of less than \$15,678 (monthly less than \$1307) is the qualifier. More people

in the household, the maximum income level increases.

Food boxes are delivered the fourth (not the last) Friday each month.

Call Colleen Martin, 812-598-8332 if you are interested in this program.

Certain restrictions may apply.

Alzheimer's Association

The Alzheimer's Association host s **Memory Café**, a monthly social group providing a safe, comfortable environment where people with memory loss and their care partners can enjoy time together and remain socially engaged with others traveling the same journey.

Memory Cafe is the second Wednesday of the month, 2-3:30

hosting social events

p.m. Location varies. **Registration is required.** Please call 800-272-3900 to determine if this group is appropriate for you and your loved one and to register.

Designed for people with memory loss and their caregivers. Please no professionals.

This program is offered in partnership with SWIRCA.

If you love to play Euchre, come join the fun at the Senior Center on Saturday, March 30, 1 p.m. Our Euchre Tournament is open to everyone in the area. Pre-registration is requested but if at the last minute, you find yourself available to play, come on in and see if there's a seat at one of the tables. Entry fee is \$10 each. Snacks will be provided and winners will receive prizes. (No money awarded.)

Call the Center at 812-853-5627 or email manageratnsc@gmail.com to register.

Rules will be explained at the beginning of play. We play Indiana-style Euchre.