

Newburgh Senior Center

June 2019 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

For all of you all who whined about the cold weather and begged for warmer temps, your waiting is over. As I write this, it's stinking hot and muggy outside. Good for the roses, maybe, but difficult for some other creatures (like me).

The warmer weather reminds us that *Porkapalooza!* is not too far from now and our rummage sale is right around the corner. We need volunteers for both events, so let us know how and when you can help.

We have a full summer planned at the Senior Center, all fun and games, with some great programs offered. Our friend, Mallory Ladd from the Newburgh Police Department will again

visit with us, and we are starting a new craft program towards the end of June. I hope you'll join us for these events and invite your friends and neighbors.

We have another day trip on June 20, a sell-out crowd for the Derby Dinner Theater with Happy Hoosiers. We're taking reservations for our third trip to the theater in September.

Schools are closed for the summer, so watch for kids who aren't watching for you. If you know students who need volunteer hours, we could use some "weeders" for the garden and some music for lunch time.

Remember the joy you felt the first two weeks of summer vacation? With

me, as soon as swimming lessons were finished, it was time for the 4-H Fair and then before I knew it, summer was ending and we had to go back to school.

Summer was never long enough to get in all the swimming, fishing, playing ball and general horsing around we wanted to do.



SongShine starting a new class

Losing the ability to speak and communicate clearly can be devastating. For voices affected by Parkinson's, stroke and other neurological disorders or simply aging, singing can bring energy and life back to speech.

Strengthening speaking voices is the mission of the SongShine Foundation.

SongShine Evansville presents a music-based voice therapy program, using classical singing exercises (Vocalises), relaxation, physical awareness and breath, diction and articulation, creative imagination, emotional engagement, rhythmic movement, and group singing to en-

hance speech.

SongShine can help people gain vocal strength through the power of music. And, it's FUN!

A new class will meet weekly on Tuesdays, June 11 through August 20, 1:30-2:30 p.m. at Aldersgate United Methodist Church, 5130 Lincoln Ave., Evansville. Classes are free, but a \$10 registration fee is required. Call (812) 598-83332 to register or pre-register online at

www.SongShineforParkinsons.org.

Classes are taught by certified SongShine instructors. Scholarships are available.

June Birthdays

| | |
|-------------------|----|
| Jackie Snodgrass | 2 |
| Linda Hague | 8 |
| Harry Burbank | 8 |
| Terri Chevalier | 9 |
| Wayne Made | 11 |
| Connie Levengood | 14 |
| Becky Brackett | 15 |
| Kathryn Simpson | 15 |
| June Huber | 19 |
| Christine Shipley | 20 |
| Jim Harris | 21 |
| Catherine Bausch | 29 |
| Judi Chase | 29 |

Thanks to our Day Sponsors for June



We appreciate our June Day Sponsors. Since June is a traditional wedding month, it is no surprise that we have some wedding anniversaries as sponsored days.

June 12 is sponsored by Dr. Ed and Nancy Prusz in honor of their 48th wedding anniversary. Congratulations! Thank you, Ed and Nancy, for including the NSC as part of the celebration. We wish you many more happy years.

June 17 is sponsored by Tom and

Penny Bodkin in honor of their 52nd anniversary. Best wishes as you celebrate this special day. We appreciate being part of the joy and wish you many more happy years.

June 24 is sponsored by Bayer's Plumbing. Thank you, Joe and Maria, for being our 2019 Sundae Friday sponsors. You have been good friends to the NSC and so many other local organizations. Thank you!

Doing our part to save the planet

We are doing our best to help save the world by recycling as much as we can. Our recycle bin options include the blue ones in the pantry off the kitchen or the large one outside the kitchen door.

If you do not recycle at home, feel free to bring your stuff to the Center. We can recycle all plastics with the triangle and number on them, all cans and all clean paper, except for sales receipts. We cannot recycle aluminum pie/cake pans or foil, nor any kind of glass.

We have single stream recycling in Newburgh, so all our recycles go in the same container for pick up. All items

placed in our bins should be clean. You can put items in our sink if you aren't sure they're clean enough. Thank you for helping us in this effort.

Another thing we do to help our environment is collect plastic lids. These are used to make benches, chairs and tables. There's a bag for lids on the second shelf of the red cart in the kitchen. At this point, we aren't accepting medicine bottles any more. Please recycle the bottles and bring in your lids.

If you have an extra compost bin laying around, we would like one to make food for our future gardens.



New crafting group will begin in June



Our new friend, Janet Zeiher, will be leading a craft morning once a month at Newburgh Senior Center. We've scheduled the first for June 18, 9-10:30 a.m. Anyone who is 55 or older is welcome to participate.

For the first session, we will be decorating baseball caps with lots of bling. (If you are a guy, we'll find some "manly" things for you to stick on yours.)

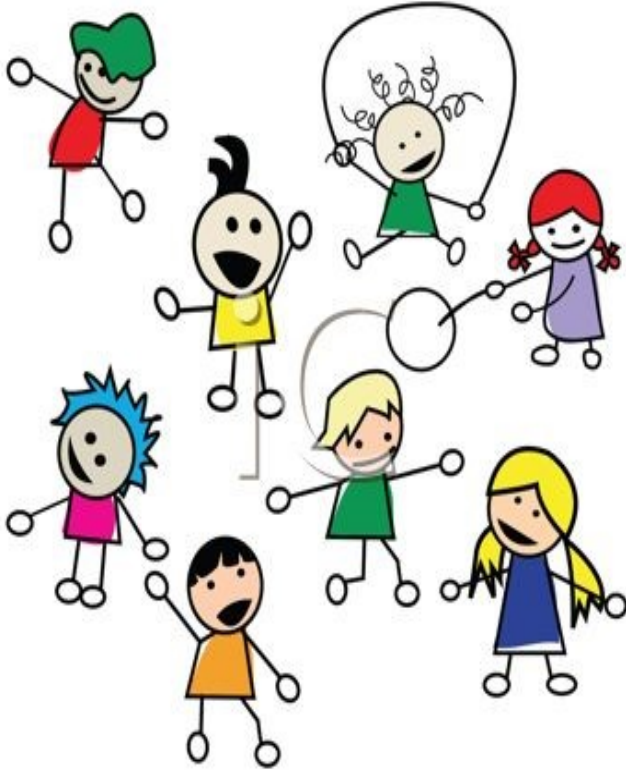
Each month the craft will be different. If you have a particular craft you'd like to try, we can discuss it at the first gathering. Some of the crafting days we've discussed with Janet are book

page folding, origami and other paper folding, clay and textile art. The aim of this program is to share ideas and have fun with each other as we create together.

The Center will subsidize the costs for this program; however, a donation jar will be set out for help in covering the purchase of supplies.

Reservations are needed for this new opportunity. Please call 812-853-5627 or email manageratnsc@gmail.com to save a spot for yourself and a couple of friends. At the first meeting, other dates will be established for gathering and crafting.

Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

***King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

New countertops to be installed in our kitchen

We are getting new countertops and a new three-section sink in our kitchen, thanks to a generous grant from the Christian Science Foundation in Boonville. We'll be so happy to get new work spaces.

However, there is that period in remodeling that is necessary but heinous: the tear out.

We will be doing tear out on Thursday, June 13, starting as soon as we

have lunch cleared. Volunteers are needed to help clean off counters and remove the top drawers from the cabinets (including the island).

On Friday, June 14, we will not be open for regular business, i.e., there will be no lunch service, no bingo, etc. Cards with Jane will be held as scheduled, at noon, in the computer room.

The following Monday, we can use volunteers to reset the kitchen after the remodel is complete. If we have enough folks, we might clean out and organize the drawers before we return them to their respective locations.

(If only a few folks show up, we'll leave the cleaning and organizing for another day.)

Museum updates scheduled

Chris Fulford and Leanna Hughes will be with us on Wednesday, June 19 at noon to talk to us about exhibits at Newburgh Museum and the annual summer festival, Newburgh Remembers, July 19-21.

Newburgh Remembers is the yearly celebration of the founding of Newburgh in 1803 and events that have played a part of the town's history.

Hearing aid cleaning, adjusting, assistance slated each month

If you have trouble hearing or understanding when people talk, or your family complains you have the tv up too loud, there may be some help for you and relief for them.

Beginning this month, a hearing aid company consultant will be with us the third Thursday, from 10 a.m. to whenever she finishes. She is not here to sell anything. This month, she will be here

June 20.

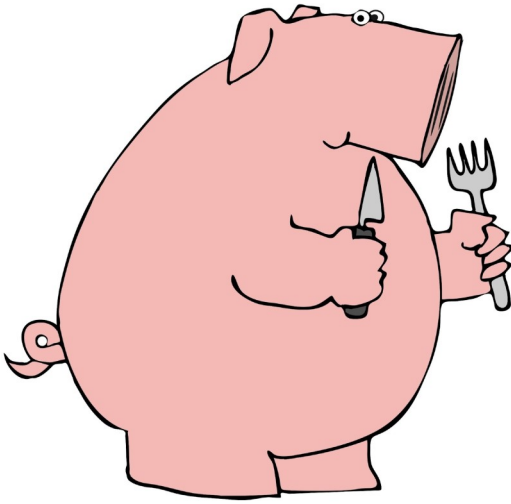
She will clean and adjust hearing aids, check ears for excess wax, etc. and/or perform hearing tests.

You do not need an appointment for anything but the hearing test. Just show up around 10 a.m.

This is a free service. If you have hearing aids, they do not need to be a specific brand for her to check.



Porkapalooza! September 27-28



The dates are set, the committees are planning and all we need now are volunteers to help with our annual Porkapalooza! Events. As usual, we'll be serving pulled pork sandwich lunches and delivering delicious pork orders that have been smoked by the famous — and much appreciated — Newburgh BBQ Coalition (aka NBC). Back by popular demand are the smoked ribs, tenderloins and pulled pork. We'll start taking orders in late August for these delicious edibles. We'll also have our yummy bake sale again this year, both days of the event.

If you are in town September 27 and/or 28, we hope you will volunteer for a shift or two serving lunches, running pork or working inside as a greeter or clean up crew. We need a lot of help to make this work.

If you can't volunteer, plan to stop by for lunch.

Porkapalooza! is the major fundraiser for Newburgh Senior Center. With the money we make at this event, we fund programs, provide lunches, prizes and sponsor day trips, among other things. You can help by being a part of it.

June is full of weird, wacky holidays to celebrate

1 Dare Day
1 Flip a Coin Day
2 National Bubba Day
2 National Rocky Road Day
4 Hug Your Cat Day
5 Hot Air Balloon Day
6 National Gardening Exercise Day-
Get out and exercise with your plants.
6 National Yo-Yo Day
7 National Chocolate Ice Cream Day
7 National Doughnut Day
8 Best Friends Day
8 Name Your Poison Day
9 Donald Duck Day
10 Ball Point Pen Day
10 Iced Tea Day
11 National Corn on the Cob Day

12 National Peanut Butter Cookie Day
12 Red Rose Day
14 Monkey Around Day
15 National Hollerin' Contest Day -
third Saturday in June
15 Smile Power Day
17 Eat Your Vegetables Day
18 International Panic Day
18 International Picnic Day
19 National Kissing Day
19 World Sauntering Day
20 Ice Cream Soda Day
21 National Selfie Day
21 Finally Summer Day/Summer Solstice
21 Take Your Dog to Work Day
22 National Chocolate Eclair Day
23 National Pink Day

26 Forgiveness Day
27 Sun Glasses Day
28 Paul Bunyan Day
29 Hug Holiday
29 International Mud Day
30 Meteor Day

Gardeners, unite

Our garden is planted! Thanks to Wittscaping for bringing us premium mulch/soil for two more raised beds this year (and for the soil that will eventually fill the sixth bed). Thanks, also to the Friends Night Out Home Extension Club for helping us purchase things we needed for the garden and to Naomi Barr for donating plants. We have planted sweet peppers, tomatoes, squash, cucumbers, zucchini, lettuce and sweet potatoes. Thanks, Ed Butch for planting our green onions. We are enjoying the fruits of his labors.

Next up for the Derby Theater

Remember, our next (and last of the year) Derby Theater Day trip is September 5 for "Million Dollar Quartet." Reserve your seat asap.

NEWBURGH SENIOR CENTER RUMMAGE SALE (Part of the Newburgh Community-wide Rummage Sale)

Friday and Saturday, June 7-8, 10 a.m.—2 p.m.

Rummage donations accepted. Volunteers needed.

Shoppers wanted.

Happy
Father's
Day