

Newburgh Senior Center

December 2019 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

Unless you are still like a six-year-old, now that Thanksgiving is over, Christmas will be here in a blink. Where has the year gone?

Looking back at our year, we have done some good things. We made blankets for families at the Ronald McDonald house. We held a euchre tournament. We started a new craft program. We hosted the community at Porkapalooza and fed them delicious pork and desserts. Our quilting group has grown and we have interest in adding some different card games. Those are only a few things that come to mind.

Most important, I believe, is that we were here for each other. We come together to chat and eat and play. As seniors, that is critical for our physical

and mental health.

Now we are looking at the year ahead. Whoohoo! Let's decide right now to make it the best we can.

It's going to be busy and I hope you'll make every effort to participate. We'll have bingo and music and informational programs. If there's something you'd like to add to our schedule, please let me know.

One more thing....Since we are soon to be in the throes of electioneering, I want us to be a sanctuary away from all things political. THERE WILL BE NO POLITICS DISCUSSED AT THE CENTER. Period.

We all have opinions, and that is a good thing. But my opinion may not be the same as yours and we are not likely to change each others' minds, so

let's just not go there.

The way I see it is this: If I like you already and I didn't know how you feel about politics, it shouldn't matter if we disagree on politics. However, that's not always the case, so we aren't going to talk about it unless we have a designated program scheduled. If you'd like to have candidates in to speak, let me know.

Otherwise, I hope we all have a Merry Christmas, a Happy New Year and a great 2020 and you will decide to make it a happy one.

December Birthdays



Woodmont offering new programs

Woodmont Health Campus in Boonville has opened a Veteran's Café where vets can meet the second Tuesday of each month for an hour of discussion and a light breakfast. There is no charge for veterans but you need to register.

Call Woodmont at 812-897-4114 for information. The facility is located at 1325 Rockport Road in Boonville.

Beginning January 14, Woodmont is offering a Alzheimer's & Dementia Support Group. The group will meet

5:30-6:30 p.m. in the Assisted Living Activity Room each month on the second Tuesday.

Call the facility for information. There is no charge for this group.

If you have family or friends with dementia or Alzheimer's, you are invited to participate.

**Happy anniversary,
Bingo — 1530-2019
— one of our
favorite games!**

Peggy Shelton	Dec. 3
Barb Silvers	Dec. 4
Rita Wilson	Dec. 5
Fran Sites	Dec. 8
Nancy Lybarger	Dec. 8
Rosemary Hannan	Dec. 9
Susan Poindexter	Dec. 12
Betty Hendrickson	Dec. 15
Gayle Osborne	Dec. 22
Ruth Janus	Dec. 29
Richard LeDuc	Dec. 29

Thanks to our December Day Sponsors and a Merry Christmas to all our friends



We appreciate our Day sponsors.

December 08 is sponsored by Donald Brooks in honor of the birthday of his wife, Pat Brooks. Don says Pat keeps him young! Thank you, Don and Pat, for your generous support of the NSC. Happy Birthday, Pat!

December 13 is sponsored by Diane Shinn to celebrate the birthday of her husband, Bill Shinn. Bill stays young by driving around in his historic two-toned, red and white Ford Fairlane. Thank you, Bill and Diane. Happy Birthday and safe driving down Memory Lane.

It's looking a lot like time to renew our membership to NSC

It's getting time to renew your membership to Newburgh Senior Center. Our membership runs from January 1 to December 31.

We are keeping dues at \$12 again this year. That's a dollar a month! Nowhere else can you have as much fun for such a small amount of money.

Of course, you can pay your dues any time during the year, but we get more bang from your buck if we can use it all year.

It is not required to pay dues to participate at the Center, but we encourage you to do so for a couple of reasons. One: It gives you a sense of own-

ership to say you are a member here. Two: For those of you who like the day trips, we offer a discount to paid members. What a deal!

Annual Appeal letters in the mail or on your desk

Our Annual Appeal is another way to support all we do with seniors at NSC. For a minimum \$100 donation, you can be a Day Sponsor and commemorate a special time of your (or your family's or your business') life. You'll be recognized in our newsletter and on the sign that faces Jefferson Street. You can pick the occasion and the week for the sign.

Our Board of Directors yearly sends out letters asking for the community's support. Not only are they seeking Day Sponsors, but also larger donors for our regular activities, such as the garden and the Internet.

The Annual Appeal is our second largest fundraiser, after Porkapalooza. If you would like to donate or you know someone who should, please contact the Center for a letter.

All donations to the Center are tax deductible to the fullest extent of the law.

We thank everyone who supports the Center with their time, talents and financial donations.

As the song says, we all need a little Christmas

Life's certainly not all fun and games. We've all lost friends and family for one reason or another. Death, divorce, moving on, etc., can make the holidays a bit dicey.

We still mourn the loss of our friend, Barb Isaac. Others of our numbers have left us this year, too.

All of us whose spouses, siblings, friends have passed are saddened at the holidays because they aren't here with us. That's normal. We have to create new ways to celebrate.

One thing to remember: Christmas is **not about us**. It is a time to recognize a special birth.

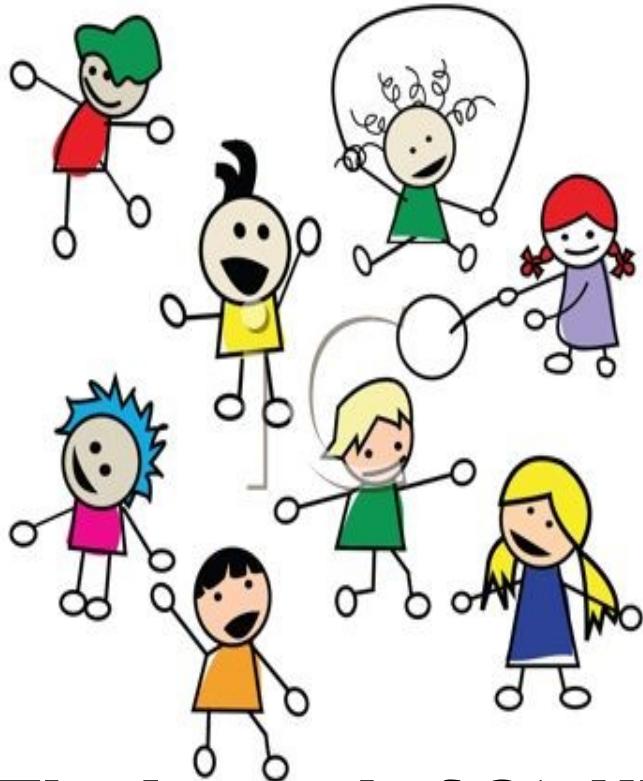
If you feel depressed around the holidays, please join us at the Senior Center for a bit of cheering up. We play games, eat good food and share fellowship.

The Center members are a sympa-

thetic group but we won't let you wallow alone in your misery. If you need smiles and hugs, this is the place to be and we hope you will join us not just at Christmas but throughout the year.



Thanks to our Activity Sponsors



***Town of Newburgh** — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

***King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

The Legend of St. Nicholas: The Real Santa

The legend of Santa Claus can be traced back hundreds of years to a monk named St. Nicholas. It is believed that Nicholas was born sometime around 280 A.D. in Patara, near Myra in modern-day Turkey. Much admired for his piety and kindness, St. Nicholas became the subject of many legends. It is said that he gave away all of his inherited wealth and traveled the countryside helping the poor and sick. One of the best-known St. Nicholas stories is the time he saved three poor sisters from being sold into slavery or prostitution by their father by providing them with a dowry so that they could be married. Over the course of many years, Nicholas's popularity spread and he became known as the protector of children and sailors. His feast day is celebrated on the anniversary of his death, December 6. Even after the Protestant Reformation, when the veneration of saints was discouraged, St. Nicholas maintained a positive reputation, especially in Holland.

St. Nicholas made his first inroads into American popular culture towards the end of the 18th century. In December 1773, and again in 1774, a New York newspaper reported that groups of Dutch families had gathered to honor the anniversary of his death. The name Santa Claus evolved from his Dutch nickname, *Sinter Klaas*, a shortened form of Sint Nikolaas (Dutch for Saint Nicholas).

In 1804, John Pintard, a member of the New York Historical Society, distributed woodcuts of St. Nicholas at the society's annual meeting. The background of the engraving contains now-familiar Santa images including stockings filled with toys and fruit hung over a fireplace.

In 1809, Washington Irving helped to popularize the *Sinter Klaas* stories when he referred to St. Nicholas as the patron saint of New York in his book, "The History of New York."

As his prominence grew, *Sinter Klaas* was described as everything from a "rascal" with a blue three-cornered

hat, red waistcoat, and yellow stockings to a man wearing a broad-brimmed hat and a "huge pair of Flemish trunk hose."



Join us at the Senior Center for fun and frivolity during the Christmas season

We are booked solid for activities leading up to Christmas. Check our calendar for things you might enjoy doing with us.

Several days, we will be making Advent favors (Thank you, Jane Schmitt.) for our folks who take meal home delivery. We hope to get them one a week for the season and a goodie bag for Christmas. The times are on our calendar. We already have candy.

Christmas items will be featured in our bingo games. Check our calendar for those dates.

You could win the gift you've always wanted, a gift to re-give to someone,

or an ornament for the ages.

Most importantly, our Christmas luncheon will be Friday, December 13 at 11:30 a.m. There will be food galore and all of it mostly scrumptious.



There is no charge for this lunch as it is sponsored by the NSC Board and a Living Word Christian Church Sunday School class. We would appreciate you signing up for this meal as we need to know how much to prepare. If you would sign on the regular registration form (If you are a regular, you know the drill. If you need help, ask anyone here.) by Friday, December 6, it would be most helpful. If you need to, call 812-853-5627 to reserve a seat.

There will be other surprises as we ramp up for the holidays, so we hope you will join us.

December has it's share of weird holidays

Clark Kent's Birthday (Superman): 1

Day With(out) Art Day: 1

National Mutt Day: 2

Be A Blessing Day: 3

Faux Fur Friday: 4

National Cookie Day:

National Sock Day: 4

Bathtub Party Day: 5

Earmuff Day

or Chester Greenwood Day: 5

International Ninja Day: 5

National Play Outside Day: 5

Mitten Tree Day: 6

National Cotton Candy Day: 7

National Day of Lard: 8

Pretend To Be A Time Traveler Day: 8

Weary Willie Day: 9

Dewey Decimal System Day: 10

Kaleidoscope Day: 11

Official Lost & Found Day: 11

Gingerbread House Day: 12

National Ding-a-Ling Day: 12

National Cocoa Day: 12

National Lost Day: 12

Worldwide Candle Lighting Day

(The Compassionate Friends): 13

Green Monday: 14

Monkey Day: 14

Cat Herders Day: 15

National Cupcake Day: 15

National Wear Your Pearls Day: 15

Zamenhof Day (Esperanto Literature Day): 15

Barbie and Barney Backlash Day: 16

National Chocolate-covered Anything Day: 16

A Christmas Carol Day: 17

National Re-gifting Day: 17

Answer The Telephone Like Buddy The Elf Day: 18

Underdog Day: 18

Games Day: 20

Celebrate Short Fiction Day: 21

(Always on Winter Solstice)

Crossword Puzzle Day: 21

Humbug Day: 21

Make Music Day in Winter: 21)

National Flashlight Day: 21 (Shortest Day of The Year)

Short Girl Appreciation Day: 21

(Shortest day of the year)

Shorts Day: 21 (On Winter Solstice)

Yule: 21

Be A Lover of Silence Day: 22

Festivus: 23

Human Light Celebration: 23

Egg Nog Day:24

A'Phabet Day or No "L" Day : 25

Christmas Pudding Day: 25 (If you eat this on Easter, it's referred to as

Plum Pudding Day.)

National Ugly Christmas

Sweater Day: 26

National Candy Cane Day: 26

National Thank-you Note Day: 26

National Whiner's Day: 26

Howdy Doody Day: 27

National Chocolate Day: 28-29

Tick Tock Day: 29

Bacon Day: 30

Hogmanay: 31

Look On The Bright Side Day: 31

Make Up Your Mind Day: 31

New Year's Eve Banished Words List: 31 (See January's newsletter for the list.)

