

Newburgh Senior Center

March 2020 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

Happy spring! It's going to be here in just a few more days! And with spring, comes hope — and our garden.

We still have some cold and dreary days before spring really gets here, but take courage, it's around the corner. I can just about smell the hyacinths and daffodils.

There are already more birds tweeting around here. It's a welcome song. Feel free to sing, whistle or kazoo along with your feathered friends.

A big thanks to all who volunteer here for any number of jobs. We appreciate all you do.

And thanks to Women's Club of Newburgh for the outstanding Valentine's Day bingo and cupcakes.

Also, thanks to Ray Graham's Sunday School class at Living Word Church for helping with our Friday lunch fund.

We try to find sponsors for our Free Lunch Fridays, but currently the second Friday is not sponsored, so we need funding in order to still offer the meal at no charge.

We have a few national holidays — mostly Mondays -- that SWIRCA is closed but we decided to be open. (Can't disappoint our Clabber players.) We cover lunch on those days, too. Carry-ins are fun on the days SWIRCA is closed, with the Center providing the main dish.

We are in the Lenten Season now, in preparation for Easter. We have lots going on here at the Center.

Bingo, bingo and more bingo. But that's not all. We will be making St. Patrick's favors for our shut-ins and celebrating weird holidays, like Pi day on March 14. There will be pies for Pi

day (3.14) on Friday, March 13 – and no bad luck that day, either.

Wear green on St. Patrick's Day. There will be Irish fare.

And national Chip and Dip Day falls on March 25. There will be chips and dips. Don't miss the fun.

We always have a snack and dessert table with lots of goodies to offer. If you'd like to contribute, you can bake or buy. We aren't picky. (Thanks to Brad who brought us his Girl Scout cookie stash.)

March birthdays



Don't forget the time change

Remember to spring forward on Sunday, March 8. Move your clocks up an hour because we don't need as much sleep in spring and summer?

The history behind changing time dates back to 1870 when a New Zealand entomologist, George Hudson, wanted to change the time to give himself more daylight to study his buggy friends.

Benjamin Franklin had earlier suggested the change in time so Parisians would have more daylight to cavort

around town.

It didn't take hold until World War I when Germany adopted it to save on energy costs. Several European countries quickly signed on and it wasn't long before the United States joined the rest.

Only two states, Hawaii and Arizona, do not ascribe to the time change but others are considering staying on the same time all year long.

For now, we yawn for two weeks after the time change.

| | |
|------------------------|------|
| Mike LaBarbara | 3-4 |
| Pauline Belwood-Bryant | 3-5 |
| Gerald Bowser | 3-6 |
| Pam Wentzel | 3-8 |
| Teresa Latham | 3-10 |
| Joe Seibert | 3-13 |
| Virginia Heller | 3-16 |
| Dorothy Schmitt | 3-20 |
| Mike Ruffner | 3-21 |
| Kathryn Masterson | 3-28 |
| Teresa Delano | 3-31 |

Happy Spring to our Day Sponsor



Day trips for Seniors on tap

We narrowed our day trip choices down to three. However, there are several more exciting opportunities that you may want to consider. They were added after the February newsletter was printed.

If you are interested in these, please call the Center asap or email us at manageratnsc@gmail.com.

"DEARLY BELOVED" at Derby Dinner Theater, Thursday, May 28. *Hilarity, Texas style! An over-the-top wedding, three feuding sisters and a church full of small town eccentrics. What could possibly go wrong?*

Cost is \$90 per person. Price Includes: Show - Buffet Lunch, Tax and Gratuity, Transportation & Driver's Gratuity. This is a Happy Hoosiers trip. The following are by Servents Travel.

Chaffin's Barn Dinner Theatre, May 14. A new musical by Buddy Kalb, tells the story behind Ray Stevens' fateful "Mississippi Squirrel Revival." Cost is \$90 per person.

St Louis Cardinals vs. Milwaukee Brewers, July 5. Cost is \$106. Includes ticket to game and bus.

"Bye, Bye Birdie," Chaffin's Barn Dinner Theatre, August 5. Cost is \$90 per person.

Patti's 1880's Settlement, lunch and a murder mystery, October 1. Cost is \$110 per person.

March 28 is sponsored by King Mechanical Specialty, Inc, in celebration of the birthday of Steve Yancey. Steve and King Mechanical have been good neighbors and supporters

of the Newburgh Senior Center for many years.

Join us in wishing Steve a Happy Birthday and wonderful 2020.

This is the year for the census

You've probably heard we are going to be involved in the census in 2020. The government wants to count us all. Governments have been trying to keep track of their numbers for centuries. The United States conducts a census every 10 years, so this is not our first time for this.

Having as accurate accounting of everybody living here is important, according to the Census Bureau representatives we had talk recently with us at the Center. Tavi Wydicks and B.J. Farrell said many senior programs that are government-funded are based on the number of folks who are eligible by age.

There are only 10 questions on the census form. Everybody with a mailing address will get a distinct one-of-a-kind number to use online to fill out your form.

We will have computers available at the Center to let you do this online. You can use the ones in the computer room any time it is available or there will be Census people here March 18 at 9 a.m. and March 24 at 1 p.m. Then you don't have to worry about mailing in a form or having a stranger show up at your door to ask you those same 10 questions.

There are some safety suggestions the two ladies offered during their visit. No one with the Census Bureau will ask you for your Social Security Number, or any kind of banking or credit card information. No one who is legitimately working with the Census will ask about your political affiliation or for a donation.

By law, your personal information is confidential. Your responses can only be used to produce statistics. If some-

one calls you and purports to be with the Census Bureau but asks you for that information, hang up on them.

Your responses help determine where more than \$675 billion is distributed each year to U.S. communities for clinics, schools, roads, libraries, community centers, and more.

Your responses can be used to redraw legislative districts and determine the number of seats our state has in the U.S. House of Representatives.

Your responses can let local, state and federal governments know how to determine adequate Medicare part B funding, Senior Community Service Employment Program, supportive housing for the elderly programs, etc.

AARP volunteers will help you fill out tax forms

AARP volunteers will be at Central Library on Bell Road in Newburgh and at the Chandler Library for free tax form assistance but time is short for this service.

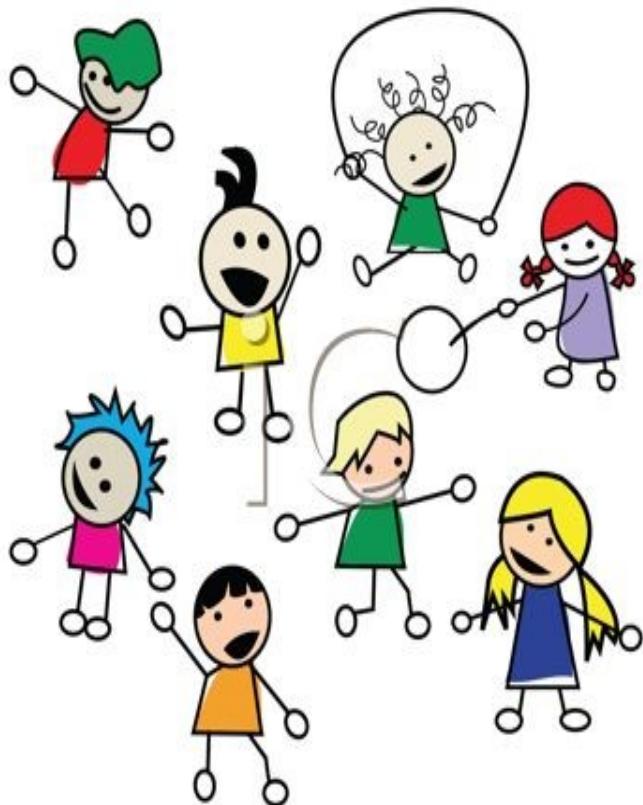
Volunteers will be at the Newburgh library from noon to 4 p.m. on the following Tuesdays: March 3, 17 and 31. Appointments are not available. It's first come, first served.

In Chandler, volunteers will be available on March 6 and 20 from 10 a.m. to 2 p.m.

There are some libraries in Evansville that will host volunteers, as well. If you want to go there, you will need to contact them for dates and times.

Libraries have a notebook with all 2019 tax forms you can copy.

Thanks to our Activity Sponsors



***Town of Newburgh** — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

***King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

We appreciate the commitment of those in our community who sponsor our programs and projects. If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

Crafting opportunities at the Senior Center

If you are a lover of crafting and crafts, there are several opportunities open each month at the Center. As a rule, we make cards once a month, have a general craft hour most third Tuesdays and make a favor of some sort for our shut-ins sometime during

the month.

For March, Cards with Jane will be on **Friday, March 6 at noon**. (Please note that is a change from the usual second Friday date.) Jane Schmitt is the queen of card making. She brings all the pieces already cut and ready. All we have to do is follow her lead and make beautiful cards.

Crafts with Janet will be Tuesday, March 17 at 9 a.m. Janet Zeiher thinks up a different craft each month for us to make.

She and Jane are a couple of talented ladies. You'll have a ball with their projects. We so appreciate their time and efforts.

Most every Thursday, our quilting group gathers at 9 a.m. to chat and work on their personal projects. You can bring your handwork or your sewing machine. They are a fun bunch to work with, too.

We usually make a favor or a treat for the shut-ins who get meal delivery

through our SWIRCA drivers. When we get together to do this depends on the month and how much time we have. Some months we make something for them; others, we fill treat bags with candy our friends have donated.

For March, we'll make something for St. Patrick's Day on Wednesday, March 11 at 10 a.m. Our shut-ins love whatever gift we make for them.

We also occasionally tie blankets for the Ronald McDonald House(s).

Feel free to join any of these activities, as your time allows. No special talents are needed.

Kiwanis still collecting shoes

Our friends at the Kiwanis Club are still collecting shoes to send to Third World countries. They don't care what kind of shoes/boots you bring. They don't have to be new. Villagers in the countries that receive the shoes will make repairs and then sell them for a small fee. Bring shoes any time we're open.



March has its share of weird holidays



Not only is March named after the god of war, Mars, it is said if the month starts mild (aka like a lamb), it will go out in a huff (lion-like). Let us hope it comes and goes with gentle qualities and stays that way in the middle, too.

March 1: National Pig Day
Peanut Butter Lovers' Day

World Compliment Day

March 2: Old Stuff Day

March 3: I Want You to

be Happy Day
If Pets Had Thumbs Day
March 4: Holy Experiment Day
March 6: National Frozen Food Day
March 7: National Crown Roast of Pork Day
March 8: Be Nasty Day
Daylight Savings begins at 2 a.m.
March 9: Panic Day
March 10: International Find a Pay Phone Booth Day
Middle Name Pride Day
March 11: Johnny Appleseed Day
March 12: Girl Scouts Day
Plant a Flower Day
Popcorn Lover's Day
March 13: Blame Someone Else Day - first Friday the 13th of the year.
March 14: Learn about Butterflies Day
National Potato Chip Day
National Pi Day- Why today? Because today is 3.14, the value of Pi.
March 15: Dumbstruck Day
Everything You Think is Wrong Day
Ides of March
March 16: Everything You Do is Right Day
Giant Panda Bear Day
March 17: Tea for Two Tuesday - third Tuesday in March

March 19: Absolutely Incredible Kid Day
Spring (Vernal) Equinox
March 20: International Earth Day
Extraterrestrial Abductions Day
March 21: National Quilting Day
March 22: National Goof Off Day
March 23: National Chip and Dip Day
National Puppy Day
Near Miss Day
March 24: National Chocolate Covered Raisin Day
March 25: Pecan Day
Waffle Day
March 26: Make Up Your Own Holiday Day
National Spinach Day
March 27: National "Joe" Day
March 28: Something on a Stick Day
Weed Appreciation Day
March 29: Smoke and Mirrors Day
March 30: I am in Control Day
Take a Walk in the Park Day
Turkey Neck Soup Day
March 31: Bunsen Burner Day
National Clam on the Half Shell Day
National Crayon Day
World Backup Day

Estate program planned

We all know we should have an updated will, but there may be some other estate planning that needs to be done before it gets too late.

David Zengler, a Newburgh attorney who specializes in estate law — and who serves on our NSC board — will speak to us about what we need to do to leave an easy-to-administer estate for our children.

He'll talk about what we need to do before we go to assisted living and what's legal and what's not.

He'll meet with us on **Tuesday, March 31, at noon.**

Feel free to invite your friends and family to this informative session.

How our garden will grow!

Spring is just around the corner. With spring, our thoughts turn to our garden. We had great veggies last summer from the patch to the south of our building.

We need you to let us know what you'd like to plant this year. We assume it will be lettuce, tomatoes and sweet peppers, but what else?

And, if you have kids or grands who would like to help us plant and maintain the garden this season, please

talk to them and let us know if and when they are available.

Tell them we have a nifty irrigation system to water the beds and since they are raised, there is no bending over and standing on your head to reach our crops.

If you would like to donate plants or seeds, fertilizer or tools, please bring them to the center. We'll plan on planting as soon as the soil gets warm and dry enough.