

Newburgh Senior Center

October 2020 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

October is one of our prettiest months in southern Indiana. The trees are dressed in their best fall colors and the air takes on a less "chewy" texture as the humidity dries up. We don't need to run heating or AC.

Nights get that little nip in them that tells us to gather our supplies for the coming winter. My body does that every year, it seems. My doctor told me I should have been a Plains Indian of the old days.

I put on that extra layer of lard just in case it's a sparse winter. Sparse hasn't happened enough to take care of the excess. Despite the few more pounds, I'm not looking for sparse anything.

Come October, I am reminded of the miracles I've received in my life, as I think of the birth of my daughter. Fifty years ago, preemies of her size just didn't live. But we got our miracle and

she's older than I am now. Go figure how that happened.

I am so pleased we are getting back in the groove at the Center. We've been playing Euchre, Clabber and Scrabble. If all you all are ready, we can start playing Rumikub and exercising on October 1. We'll start out with exercising on Mondays, Wednesdays and Thursdays at 11 a.m.

Bingo, we can start on October 8 at 11:30 a.m. I'm not printing a calendar for October, so plan on playing Bingo every Thursday at 11:30 a.m.

No lunch will be served on site but you can order a SWIRCA meal and we'll send it home with you.

All our games are dependent on all participants playing by the rules:

Masks on all the time you are sitting at a table playing a game; social distancing if you are eating or drinking;

wash your hands when you arrive at the Center and after you've eaten.

If we have a local flare up of COVID 19 or influenza, we may have to take a break and get our viruses under control. I'll let you know if that happens.

October Birthdays



Jerry Cecil	1
Agnes Spillman	2
Margie Black	7
Charles Koewler	8
Kathy Woods	9
Donna Medford	9
Don Jones	17
Sharon Dagit	20
Alice Van Sandt	20
Joan Holsapple	24
John Smith	25
Jean Lott	29
Ed Rutherford	29
Janet Doyle	30
Jo Ann Bagby	30
Suzan Sorensen	31
Ray Graham	31

Thanks to our friends

Thanks to Ginny Baker for making us a ton of masks for Porkapalooza. They are *smokin'* cute with flying pigs.

A huge thank you to Violet Keys for hooking and framing the puzzle that continues to "puzzle" us. It's one of those hidden picture puzzles. We have the list of the items if you want to give it a try. Nice work, Violet!

Thanks to our friends at the Islamic Center of Evansville for their wonderful meals. They've started their Free Food Fridays again, on the third Friday each month. One of their menu items is always ethnic fare and the others are our usual eats. These are drive through lunches and we need your reservation by the Wednesday prior.

Thanks also to Cypress Grove for hosting Free Food Friday on October 2.

Happy Anniversary, Theresa and Mike O'Rourke, October 16!

Thanks to our Day Sponsors for October

We appreciate our Day Sponsors for October.

October 9 is sponsored by Family Dentistry in celebration of Dental Hygiene Month.

Dental hygiene is key to everyone's overall health. Take care of your teeth. Thank you, Drs. Ogle, Schmitz, and Fickas for supporting the Center.

October 15 is International Credit Union Day and is sponsored by Heritage Federal Credit Union. HFCU has

been helping people and our community build a better future for over 50 years.

Thank you, HFCU, for your community-minded efforts, including supporting the NSC.

October 31 is sponsored by Teresa Graham in honor of her husband's birthday. Ray, we hope you have a *Bootiful* day. Thank you, Ray and Teresa, for all you do for the NSC.



Our Sympathy

We send our sympathies to the family of Virginia Heller. She passed away 9-13 at the age of 95. Fly high, our friend.

Seniors can request absentee ballots for November 2020 election



If you are hesitant about voting in person this fall, applications for absentee voting are available at the Center or you can call your county voters' registration office and they'll send you the application. Fill it out and send it back. If approved, they'll send you a ballot. Complete your ballot and mail it back. Voila! You've voted. Please note the deadlines listed below.

If you are 65 or older, you don't need to have a condition or other reason for applying.

Make sure you follow the instructions to the letter so your vote gets counted.

If you've moved since the last time you voted, you may need to call the voters' registration office to find out where to vote and to get updated on registration. The deadline to register or transfer is October 5.

For Warrick County absentee voting applications, call 812-897-6161 or email Patty Perry at

pperry@warrickcounty.gov.

If you live in Vanderburgh County, call the election office, 812-435-5122, for the application and the locations where you can vote early.

Early voting in Warrick County will be at the Judicial Center, One County Square, Suite 220, Boonville; the Lynnville Community Center at 416 W. State Road 68 (IN-68), Lynnville; and First Christian Church (Front Chapel Entrance), 4544 IN-261, Newburgh.

Voting will be permitted at each location from 8 a.m. to 6 p.m. on Mondays during the early voting period – October 12, 19, and 26. It will also be available from 8 a.m. to 4 p.m. on weekdays (Tuesday through Friday), and from 8 a.m. through 3 p.m. on Saturdays during the early voting period (October 24 and October 31). The last day for early voting at all locations will be on Monday, November 2, 2020 from 8 a.m. through noon.

Other dates you need to know about this year's election: **October 22**, – Last day for applications to be received for Absentee Ballots. **November 3**, -County election officials must receive an absentee-by-mail ballot not later than noon (local prevailing time) on Election Day, November 3. County election officials must have possession

of the ballot by this deadline; postmarks – even if dated on or before the date of the election – cannot be considered timely. **November 3, 2020** – General Election Day. Polls will be open from 6 a.m. until 6 p.m. All those in line by 6 p.m. will be permitted to vote.

Every vote gets counted. Remember, if you don't vote, you don't have the right to complain about your government.

The election this year is not just for President. There are many other offices that are up for votes.

Cards starting 10-2

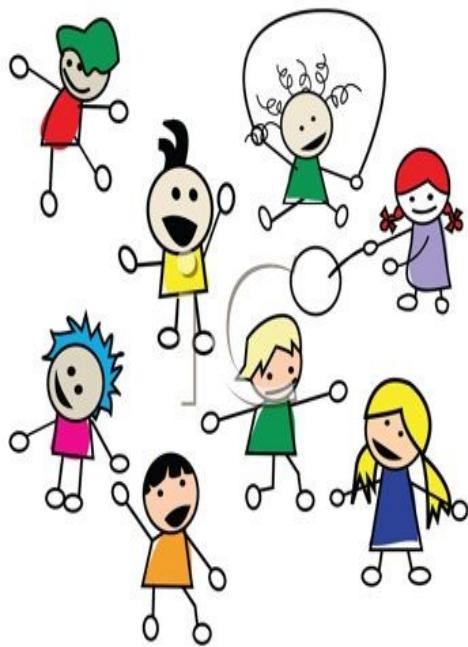
The card making group will start meeting on October 2 at noon. Looking forward to seeing all our card makers again!

Kiwanis collecting shoes for 3rd World

Historic Newburgh Kiwanis Club is once again collecting shoes for distribution in Third World countries. Any kind of shoes will do, even ones that just have a little life left in them.

You can bring them to the Center and Kiwanis members will pick them up.

Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake. Thanks, too for printing our newsletter.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township** — Activity sponsor.

***King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

We appreciate the commitment of those in our community who sponsor our programs and projects. If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

Remember Johnny Appleseed while you munch on fresh fall apples

Every fall we think of one of our favorite folk heroes who spent time in Indiana, John Chapman, aka Johnny Appleseed, Chapman, born in 1774, introduced apple trees to large parts of Pennsylvania, Ohio, Ontario, Indiana, Illinois and northern West Virginia.

He was known for his kind, generous ways and for his leadership in early conservation. He was also a missionary for the New Church (Swedenborgian).

Some accounts have Chapman, at 18, persuading his brother Nathaniel Cooley Chapman, 11, to leave home and go west with him in 1792. The pair apparently wandered around until their father bought land in Ohio and set up a farm near Cleveland. Nathaniel decided to stay and help his father with the farm.

Not long after, John began his nursery apprenticeship with a Mr. Crawford, who operated apple orchards. The image we all have of Chapman, of course, is of Johnny Appleseed, spreading apple seeds randomly everywhere he travelled, wearing his cooking pot for a hat.

Not so, historians say. In fact, he planted nurseries, built fences around them to protect them from livestock

and left the nursery in the care of a neighbor — who sold trees on shares. Chapman would then come back every year or two to maintain the crop. Many of these early apple nurseries were in the Mohican River area of north central Ohio.

Ever the itinerant, he would tell stories to children and spread the New Church gospel in trade for a place to sleep on the floor and dinner.

He is buried in Fort Wayne or nearby. The location is disputed among locals and historians.

Johnny Appleseed left an estate of over 1,200 acres of nurseries to his sister, and owned four plots in Allen County, Indiana, including a nursery with 15,000 trees, according to the *Fort Wayne Sentinel*'s obit.

In 1996, the U.S. Postal Service issued a 5-cent stamp commemorating him. Urbana University in Urbana, Ohio, maintains one of two Johnny Appleseed museums in the world. The Johnny Appleseed Educational Center and Museum holds a number of artifacts, including a tree that is believed to have been planted by Johnny Appleseed. Supposedly, the only surviving tree planted by Johnny Appleseed is on the



farm of Richard and Phyllis Algeo of Nova, Ohio. Most of Chapman's trees were of a variety that ripens in September and were of the baking-applesauce variety similar to an Albermarle Pippin.

Author Michael Pollan believes that since Johnny Appleseed was against grafting, his apples were not a good eating variety and could be used only for cider. "Really, what Johnny Appleseed was doing and the reason he was welcome in every cabin in Ohio and Indiana was he was bringing the gift of alcohol to the frontier. He was our American Dionysus," Pollan quipped. The information in this article comes from *Wikipedia*. Thank you.

Halloween isn't the only freaky October holiday



National Hair Day: 1
National Walk Your Dog Day: 1
Willy Wonka Day: 1
Guardian Angels Day: 2
Kids Music Day: 2
National Body Language Day: 2
Name Your Car Day: 2
National Produce Misting Day: 2
Peanuts (Cartoon) Day: 2
World Smile Day: 2
Frugal Fun Day: 3
National Play Outside Day: 3
Walk A Mile In Her Shoes Day: 3
World Card Making Day: 3
Change A Light Day: 4
Dick Tracy Day: 4
International Ship in A Bottle Day: 4
National Taco Day: 4
Pickle Day: 4
Chic Spy Day: 5
Get Funky Day: 5
American Libraries Day: 6
Mad Hatter Day: 6
National German-American Day: 6
National Noodle Day: 6
National Plus Size Appreciation Day: 6
National Inner Beauty Day: 7
National Pumpkin Seed Day: 7
Pick A Tune Day: 7
Random Acts of Poetry Day 7
You Matter To Me Day: 7
Leif Erikson Day: 9
Costume Swap Day: 10

Hug A Drummer Day: 10
I Love Yarn Day: 10
International African Penguin Day: 10
National Cake Decorating Day: 10
National Handbag Day: 10
Universal Music Day: 10
International Day of The Girl Child: 11
National No Bra Day: 11
Southern Food Heritage Day: 11
Columbus Day: 12
Free Thought Day: 12
World Arthritis Day: 12
Ada Lovelace Day: 13
National Face Your Fears Day: 13
Silly Sayings Day: 13
Be Bald and Be Free Day: 14
International Top Spinning Day: 14
National Curves Day: 14
National Fossil Day: 14
Global Handwashing Day: 15
I Love Lucy Day: 15
National Grouch Day: 15
Dictionary Day: 16 (Noah Webster's Birthday)
Global Cat Day: 16
Mammography Day: 16
American Frog Day: 17
Sloth International Day: 17
Sweetest Day: 17
National Pasta Day: 17
O. Henry Pun-off Day: 17
Wear Something Gaudy Day: 17
National Chocolate Cupcake Day: 18
Celebration of The Mind Day: 21
Hagfish Day: 21
Information Overload Day: 21
Reptile Awareness Day: 21
Caps Locks Day: 22
Make A Dog's Day Day: 22
National Nut Day: 22
Smart is Cool Day: 22
National Mole Day: 23
Swallows Depart from San Juan Capistrano: 23
Food Day: 24
Make A Difference Day: 24
National Prescription Drug Take-Back Day: 24
Mother-in-Law Day: 25
World Pasta Day: 25
Visit A Cemetery Day: 25
Cupcake Day: 17

Howl at The Moon Night: 26
Mule Day: 26 (Historical, not celebration.) *Honors the import of the first Spanish Jacks to the U.S., a gift from King Charles III of Spain delivered October 26, 1785 in Boston. George Washington then began breeding them. For the celebration, go to March 31 or Columbia, TN*)
Black Cat Day: 27
National Chocolate Day: 28
World Stroke Day: 28
National Cat Day: 29
National Hermit Day: 29
Checklist Day: 30
Create A Great Funeral Day: 30
Devil's Night or Mischief Night: 30
Frankenstein Friday: 30
Haunted Refrigerator Night: 30
National Candy Corn Day: 30
Beggars' Night: 31
Books For Treats Day: 31
Halloween or All Hallows Eve: 31
Magic Day: 31
National Caramel Apple Day: 31
National Doorbell Day: 31
National Knock-Knock Jokes Day: 31

Now's the time to check for best Medicare plans

The open enrollment period to change Medicare plans runs from October 15 to December 7. There are several resources available to help you decide if you need to change plans.

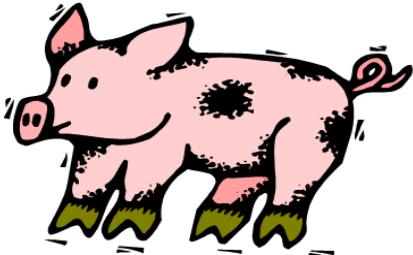
One is the Planfinder Tool located at www.medicare.gov/find-a-plan. It takes you through available Medicare Advantage and Part D prescription plans — taking your drug costs into consideration.

MyMedicare.gov will let you get online access to your preventive health information and track services. You can print it to give to your health care provider.

You can also log into the Plan Finder through MyMedicare.gov.

If you have any Medicare questions, call State Health Insurance Assistance at 800-452-4800 or online at medicare.in.gov or on Facebook or Twitter.

Thanks to everyone who helped make Porkapalooza a success



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