

Newburgh Senior Center

July 2021 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

Welcome back! It is so good to see all you all coming to the Center to eat, play and eat with us. I'm hoping a good time is being had by all.

I don't know about you all, but I feel like a 100-pound weight has been lifted off my shoulders since we opened in the middle of June.

There are still a few things we're considering, like quilting and crafts, but for the most part, we are wide open and welcoming all our friends – new and old – for fun and fellowship.

If you are new to the Center and have only been participating in our drive-through lunches, let me encourage

you to check out what's happening Monday-Friday inside. We have exercise Monday-Thursday, 10:30 a.m., led this summer by our student-volunteer Anisha; lunch at 11:30 a.m. and activities at noon.

Monday, we play Clabber; Tuesday and Thursday, we play bingo (It's free and everybody wins at least once.); and Wednesday, we play Euchre.

If you'd like to learn to play Clabber or Euchre, please call the office at 812-853-5627 and we'll set up some lessons once we get enough interested players.

We play Scrabble on Monday and

Thursday and any other day the notion strikes. We have a puzzle going again and you are welcome to sit a spell and hook a few pieces together.

Rumikub can be played any time after 9 a.m. every day we are open. We have a couple of carousels of other games, too, if you want to try something different. You could teach us some new games if you'd like.

If you have not joined us inside for lunch, let me invite you to do so. It's a great opportunity to meet new people and get in some friendly conversation. Same food, less Styrofoam, real dinnerware.

Free Lunch Fridays are back inside

Thanks to all our Free Lunch Friday sponsors. The meals have been delicious and maybe even taste better since we can all eat together in our main room.

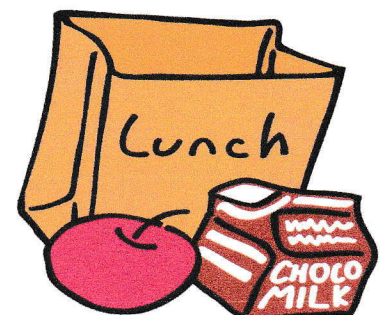
The first Friday is sponsored by Cypress Grove; the second is by Bell Oaks, the third by the Islamic Center of Evansville and the fourth by Atria. If you see folks from these establishments, be sure to thank them for their participation and their great lunches. We could not offer Free Lunch Friday without gracious sponsors.

Just a note here to allay any possible confusion: The lunches that are free are the ones donated by the sponsors.

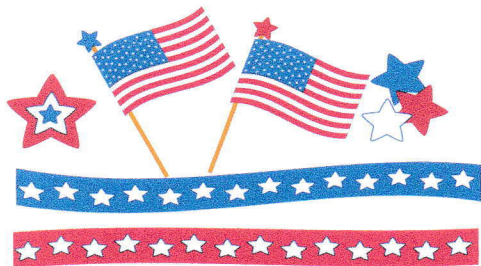
We don't have a menu for them. Consider that part of the adventure.

You can still order a regular SWIRCA lunch but it will cost you the same \$3.50 as usual. You can order either or both for Fridays. We need to know if you want the free meal by the Wednesday prior. SWIRCA reservations should be made by the day prior by noon by calling Diane at the Center. You can look at the SWIRCA menu for the month and tell her the days you want to eat for the month. She has a master list she keeps for people who can plan ahead. She's organized like that, and it makes her life a whole lot easier if she knows these things be-

fore the last minute. Please calendar the days you make a reservation so you'll remember to show up to eat. If you still need a drive through lunch, please let us know when you make your reservation and try to pick that up between 11 and 11:30 a.m.



Thanks to our Day Sponsors for July



We appreciate our July Day sponsors, who support the NSC.

July 4 is sponsored by Charlie and Charlotte Koehler. Happy Independence Day, America! Show the colors and celebrate our freedoms.

Thank you, Koehlers, for your love of country and support of fellow seniors!

July 27 is sponsored by Christine Riley and Steven Polz in celebration of their wedding anniversary. Thank you for including us in your special day again this year.

We wish you many more happy years together. Thank you for being Day sponsors for the NSC.

Bridge is set to start up again at the Center

Several of our Bridge players are excited to get back at it, beginning Tuesday, July 13 at 11 a.m. in the computer room. If you played Bridge here before the pandemic, welcome back. If you are a Bridge player, and you weren't playing here, please call Diane Harris to get a seat. She is now in charge of the games.

Seating in the computer room is limited due to social distancing safety measures. Masks are optional but please be aware that some members have not been vaccinated. The Bridge players are requiring proof of vaccination before they allow you to play. That's the call of the individuals who

play group games like Clabber, Euchre, Bridge and Scrabble.

Diane Harris' phone is 812-490-0778. If you've always wanted to learn to play Bridge, contact the Bridge Club in Evansville for lessons.

Passings to Note

We lost a dear friend last month. Alice VanSandt passed away after an extended illness. We will miss her dry wit, her crazy socks and her daring Euchre plays.

Alice was a talented basket weaver. We were fortunate to see several of her baskets in progress.

St. Swithin's Day could offer a glimpse at our rainfall potential

St. Swithin's day is July 15 each year; and according to traditional folklore, whatever the weather is like on St Swithin's Day - whether rain or sunshine - it will continue for the next 40 days and 40 nights.

Where does this legend come from and is there any truth to it?

The old poem goes like this:

St Swithin's Day, if it does rain

Full forty days, it will remain

St Swithin's Day, if it be fair

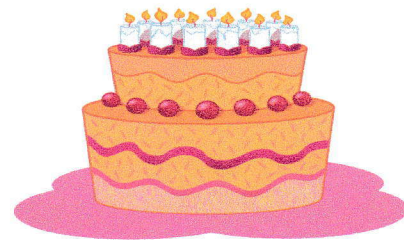
For forty days, t'will rain no more.

Swithin was a Englishman born in or around the year 800 A.D. He became Bishop of Winchester.

Unlike other religious figures, he asked not to be buried in a prominent place within Winchester Cathedral, but outside in a simple tomb "where the sweet rain of heaven may fall upon my grave."

The legend says after his remains were moved inside, there was a great storm and it rained for many weeks after—like for a month and 10 days.

However, weather trackers say the precip prediction is not even 50 percent accurate. We wouldn't lay money on St. Swithin's Day and the weather. But if you want to bet on him, somebody will take your cash.



July Birthdays

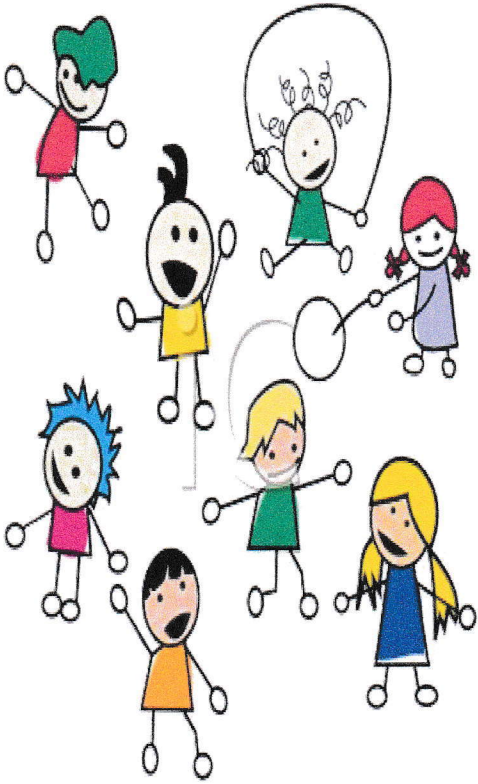
Darris Brown	7-1
Martha Lease	7-3
Carman Edmonson	7-5
Cheryl Morgan	7-5
Allen Gomoll	7-10
Daniel Dunlap	7-10
Leigh Valley	7-11
Linda Curl	7-13
Brenda Harper	7-17
Sylvia Sorensen	7-17
Ron Weatherford	7-18
Diane Harris	7-20
Larry Barnett	7-21
Donna Yuschak	7-23
Doris Mezo	7-27
Carol Parsons	7-28
Paul Catt	7-28
Michael Groves	7-29

Sorry, we missed a June birthday. Ray Anderson's birthday was June 30.

Watch the skies for UFOs the night of 7-2

World UFO Day is when people gather to watch the skies for unidentified flying objects. The day is celebrated by some on June 24, and others on July 2. June 24 is the date that aviator Kenneth Arnold reported what is considered to be the first widely reported UFO sighting in the United States. July 2 commemorates the supposed UFO crash in 1947 in Roswell, NM.

Thanks to our Activity Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake. Thanks, too, for printing our newsletter.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township And Alcoa Warrick** — Activity sponsors.

***King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

We appreciate the commitment of those in our community who sponsor our programs and projects. If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com

Porkapalooza plans are underway

We are a definite go for Porkapalooza 2021! It was questionable, what with Covid 19 and other challenges. The Newburgh Barbecue Coalition is fired up for the 2021 smoke and will have plenty ribs and tenderloins and pulled pork for our September 24-25 event.

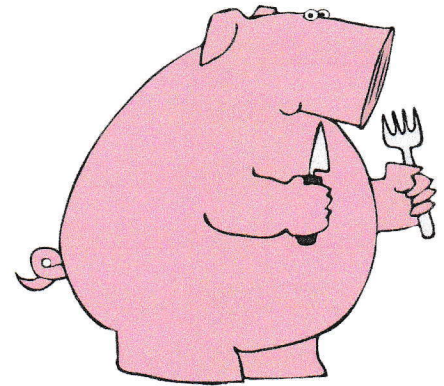
With that in mind, get your taste buds primed for the deliciousness. We'll have our *Taste of Porkapalooza* for lunch on Thursday, August 26 at 11:30 a.m. in our gathering room. We'll need your reservation by August 19.

You can call us at 812-853-5627 or sign up on the list when you are here. The lunch is free but donations will be accepted to defray the cost.

Once again this year, we are taking orders for ribs, tenderloins and quarts of pulled pork. Pick up for orders is 11 a.m.-2 p.m. on Saturday, September 25. Orders need to be pre-paid by the Goldilocks plan: so the numbers don't come out too short or too long. You can stop by the Center and pay for

your order or send us a check to Newburgh Senior Center, 529 Jefferson St., Newburgh, IN 47630. The first day to order is September 1 and the last day to order is Tuesday, September 21.

We're planning our drive through lunches again, too. From 11 a.m.-2 p.m. both days, drive up to the front of the building as directed and we'll bring you lunches of pulled pork sandwiches, chips and water. You don't even have to get out of your car!



SWIRCA's closed Monday, July 5; NSC will be open

SWIRCA will be closed for Independence Day on Monday, July 5.

However, since we know how our folks love Clabber and Scrabble, we'll open at 11 a.m. for a carry-in lunch and games to follow.

The Senior Center will provide the main dish. You all bring the sides and desserts.

Just a reminder about Clabber: If you have been playing with us, you should call Aileen if you are not planning to participate. Please do not wait until Monday morning to call her.

If you would like to play, and are not a "usual," call us to get on the list.

Fireworks not withstanding, July has it's share of weird holidays



Estee Lauder Day: 1
 Medicare's Birthday: 1
 National Postal Workers Day: 1
 Resolution Renewal Day: 1 (To renew your broken New Year's Resolution.)
 U.S. Postage Stamp Day: 1
 Zip Code Day: 1
 I Forgot Day: 2
 Second Half of The Year Day: 2 (Non-Leap Years it's July 2)
 Compliment Your Mirror Day: 3
 Drop a Rock Day: 3
 Cherry Pit Spitting Day: 3
 International Plastic Bag Free Day: 3
 National Burnt End Day: 3 (If you don't eat bacon, you can celebrate with brisket.)
 Stay Out of the Sun Day: 3
 Boom Box Parade Day: 4
 Lou Gehrig Day: 4
 National BBQ Ribs Day: 4 (Think smoked pork and Porkapalooza 2021!)
 Earth at Aphelion: 5
 Fried Chicken Day: 6
 International Kissing Day: 6
 Chocolate Day: 7
 Tell the Truth Day: 7
 World Forgiveness Day: 7
 Coca Cola Day: 8
 National Freezer Pop Day: 8
 National No Bra Day: 9
 Bald Is In: 10
 Clerihew Day: 10
 Don't Step On A Bee Day: 10
 Teddy Bears' Picnic Day: 10
 Cheer Up The Lonely Day: 11
 Make Your Own Sundae Day: 11
 Slurpee Day (7-11's Birthday): 11
 Different Colored Eyes Day: 12
 National Pecan Pie Day: 12
 Night of Nights: 12 (Maritime Radio)

Simplicity Day: 12
 Gruntled Workers Day: 13
 International Rock Day: 13
 National French Fries Day: 13
 National Macaroni and Cheese Day: 14
 Shark Awareness Day: 14
 Be A Dork Day: 15
 Gummi Worm Day: 15
 International Sister Cities Day: 15
 National Give Something Away Day: 15
 Celebration of The Horse: 16-18
 National Guinea Pig Day: 16
 National Hot Dog Day: 17
 Wrong Way Corrigan Day: 17
 Yellow Pig Day: 17
 National Ice Cream Day: 18
 National Sour Candy Day: 18
 Global Hug Your Kid Day: 19
 Moon Day: 20
 National Lollipop Day: 20
 Space Exploration Day: 20
 World Chess Day: 20
 World Jump Day: 20
 Lowest Recorded Temperature Day: 21 (-128.6F Antarctica): Think cool thoughts.)
 National Be Someone Day: 21
 Casual Pi Day: 22 (22/7)
 National Refreshment Day: 22
 Rat-catchers Day: 22
 Spooners (Spoonersism) Day: 22
 Gorgeous Grandma Day: 23
 Hot Enough For Ya? Day: 23
 Lumberjack Day: 23
 National Pajama Day: 23
 Cousins Day: 24
 International Self Care Day: 24
 National Day of the Cowboy : 24
 National Drive-Thru Day: 24
 National Thermal Engineers Day: 24 (It's considered the hottest day of the year.)
 Tell An Old Joke Day: 24
 Auntie's Day: 25
 Aunts and Uncles Day: 26
 Love Is Kind Day: 27
 Walk on Stilts Day: 27
 National Milk Chocolate Day: 28
 International Chicken Wing Day: 29

Lasagna Day: 29
 National Chili Dog Day: 29
 National Lipstick Day: 29
 Rain Day: 29
 Cheesecake Day: 30
 Father-In-Law Day: 30
 International Day of Friendship: 30
 National Chicken and Waffles Day: 30
 National Get Narly Day: 30
 National Share A Hug Day: 30
 National Talk in An Elevator Day: 30
 National Water Gun Fight Day: 31
 Paperback Book Day: 30
 International Slumber Party Day: 31
 National Mutt Day: 31
 Uncommon Instruments Awareness Day: 31

SWIRCA cold lunch menu

Monday

Hard-Boiled Egg
 Cold Cereal
 Fruit Cup
 Muffin
 Milk

Tuesday

Bacon, Lettuce, tomato & Egg Sandwich
 Macaroni Salad
 Applesauce
 Snack Cake
 Milk

Wednesday

Chicken Salad w/Crackers
 Potato Salad
 Coleslaw
 Watermelon
 Milk

Thursday

Cottage Cheese
 Peach Cup
 Three-Bean Salad
 Cookie
 Milk

Friday

Coney Island Salad
 Fruit Cup
 Pudding
 Milk

SWIRCA & More

July 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>	<p>On Free Lunch Fridays, you can order the free meal, the SWIRCA lunch or both. However, the same fee applies to the SWIRCA meal as usual.</p>	<p>If you are ordering a SWIRCA meal, we need your reservation by noon the day before. You can make several days' reservations at one time if you know when you want the meals.</p>	<p>1 BBQ Chicken on Bun Au Gratin Potatoes Chuckwagon Corn Applesauce Cup Milk</p>	<p>2 Philly Cheesesteak on Bun Potato Wedges French Style Green Beans Mandarin Oranges Milk</p> <p>Free Lunch Friday sponsored by Cypress Grove</p>
<p>5 FOURTH OF JULY HOLIDAY: No SWIRCA lunch. Carry-in at Newburgh Senior Center. Bring sides and desserts.</p>	<p>6 Salisbury Steak w/Gravy Mashed Potatoes Carrots Wheat Bread/Marg Peach Cup Milk</p>	<p>7 Vegetable Lasagna Italian Beans Spiced Apples Texas Toast Flavored Craisins Milk</p>	<p>8 Ham & Beans Spinach Cornbread Snack Cake Milk</p>	<p>9 Potato Crusted Cod Macaroni & Tomatoes Green Beans Cookies Milk</p> <p>Free Lunch Friday Sponsored by Bell Oaks</p>
<p>12 Penne Pasta w/Meat Sauce Cauliflower Warm Spiced Applesauce Texas Toast Milk</p>	<p>13 Baked Chicken Garlic Mashed Potatoes California Blend Wheat Bread/Marg Tropical Fruit Cup Milk</p>	<p>14 Sliced BBQ Pork on Bun Baked Beans Tomatoes w/Corn Pie Milk</p>	<p>15 Sweet n Sour Turkey Rice Stir Fry Vegetables Wheat Bread/Marg Pineapple Cup Milk</p>	<p>16 Bacon, Lettuce, Tomato & Egg (BLT & E) Sandwich Potato Pancakes Warm Spiced Peaches Snack Cake Milk</p> <p>Free Lunch Friday Sponsored by the Islamic Center of Evansville</p>
<p>19 Hamburger on Bun Potato Wedges Creamed Corn Jello w/Fruit Milk</p>	<p>20 Smoked Pork Chop Scalloped Potatoes Broccoli Wheat Bread Pudding Cup Milk</p>	<p>21 Chicken Parmesan Baby Bakers Cauliflower Wheat Bread/Marg Pear Cup Milk</p>	<p>22 Vegetable Pasta Alfredo French Style Green Beans Wheat Bread/Marg Fruit Crisp Milk</p>	<p>23 Chili Dog on Bun Homemade Macaroni & Cheese Sugar Snap Peas Fresh Fruit Milk</p> <p>Free Lunch Friday sponsored by Atria</p>
<p>26 BBQ Riblet on Bun Red Skinned Potatoes Warm Applesauce Pasta Salad Milk</p>	<p>27 Sausage Patty Country Gravy Southern Style Biscuit Oven Fried Potatoes Fruit Cup Yogurt</p>	<p>28 Stuffed Green Pepper Mashed Potatoes Peas Wheat Bread/Marg Peach Cup Milk</p>	<p>29 Manwich Sloppy on Bun Tater Tots Mixed Vegetables Brownie Milk</p>	<p>30 Chicken Fajita's Rice Stewed Tomatoes Soft Tortilla Cookies Milk</p> <p>Free Lunch Friday By NSC</p>

Newburgh Senior Center Activities

July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 *11 a.m. Exercise *Noon Bingo by Alexander's Funeral Home *Scrabble after bingo	2 *11:45 Free Lunch Friday sponsored by Cypress Grove	On the Fridays we have Free Lunch, you can have either/and that lunch and the SWIRCA meal. We need prior reservations for either or both. The SWIRCA lunch cost is the usual \$3.50 per meal. For either lunch, we need a reservation.
4 *10:30 Exercise *11 a.m. Clabber *Noon Scrabble	5 *10:30 Exercise *11 a.m. Clabber *Noon Scrabble	6 *11 a.m. Exercise *Noon Bingo by The Wentzel Family Scrabble after bingo	7 *11 a.m. Euchre	8 *9:30, 10:00 Tai Chi at Zion UCC *11 a.m. Exercise *Noon Bingo by Ascension Complete *Scrabble after bingo	9 *11:45 a.m. Free Lunch Friday by Bell Oaks Place	10
11	12	13 *10:30 Exercise *Noon Bingo by Heritage Woods Scrabble after bingo	14 *8 a.m. NSC Board *10:30 Exercise *Noon Euchre	15 *9:30, 10:00 Tai Chi *10:30 Exercise *Noon Bingo by Atria *Scrabble after bingo	16 *Noon Free Lunch Friday by the Islamic Center of Evansville	17
18	19 *10:30 Exercise *Noon. Clabber *Noon Scrabble	20 *10:30 Exercise *Noon Bingo by Woodmont Health Campus Scrabble after bingo	21 *10:30 Exercise *Noon Euchre	22 *9:30, 10:00 Tai Chi *10:30 Exercise *Noon Bingo by MSA Hospice *Scrabble after bingo	23 *11:45 Free Lunch Friday by NSC *Noon Cards with Jane	24
25	26 *10:30 Exercise *Noon Clabber *Noon Scrabble	27 *10:30 Exercise *Noon Bingo by Ascension Complete Scrabble after bingo	28 *10:30 Exercise *Noon Euchre	29 *10:30 Exercise *Noon Bingo by TransAmerica *Scrabble after bingo	30	31 Please note the calendar is subject to change.