

Newburgh Senior Center

August 2021 Newsletter

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The Place Where Seniors Congregate

Hours: Monday - Friday, 9 am - 2 pm

Manager's Corner

The word is out about my retirement, come October 29. (Look inside for the job posting, in case you know someone who would be interested.) I am looking forward to staying in bed until I'm ready to get up but I will miss seeing and playing every day with my friends. We'll cross this bridge later this year. Until then, let the games continue!

Summer is about half finished and we are in the middle of the annual doldrums. A good way to combat that slump is to join us at the Center for lunch, games, fun and fellowship.

There's just nothing better than seeing and talking with other people. We are missing all you all who aren't playing with us. If you've never been here to play, now's the time to take that plunge and meet new friends.

If you are concerned about COVID 19, we are mostly vaccinated here; masks are an option; and we check

new folks' vaccination cards to confirm their shots.

Of course, if we get a surge around here in the virus, we'll have to crank back some of our freedom. But for now, we are open for fun and games.

With the new COVID variant lurking around, we may have to go back to mask wearing.

I can't encourage you enough to get vaccinated if you aren't. I know some folks are against the thought of the government telling us what to do, but let's look at this as a matter of public safety: your patriotic duty. We don't want to lose any more of our friends to this virus.

SWIRCA lunches are being served inside, Monday-Friday at 11:30 a.m., so there's an opportunity for a good, nutritious meal that you don't have to prepare. I don't know about you, but I am so over deciding what to cook every day.

August Birthdays



Janet Anderson	8-5
Lora Lee Brown	8-6
Susie Williams	8-7
Bob Memmer	8-7
Paula Suter	8-9
Pat Miller	8-10
Rev. Dan Kennedy	8-14
Ed Cooper	8-14
Linda Schifano	8-14
Debbie Craig	8-15
Bob Herrell	8-19
Judy Stock	8-20
Wayne Brakel	8-20
Mary Lovell	8-20
Dan Peters	8-24
Cheryl Grimm	8-27
Dick Slade	8-28
Byron Vandiver	8-29
Linda Wilson	8-30
Charlotte Koewler	8-31

Birthday cake, Sundae Fridays are back for more inside fun



Since we're always looking for more fun, we are reinstituting our monthly Birthday Mondays and Sundae Fridays. Our birthday cake sponsor is Titzer Family Funeral Homes. We'll bring in a birthday cake on the first Monday of each month. If your birthday is in August, you are going to want to be here for a slab of cake and well wishes.

Sundae Fridays are back with ice cream and toppings on the second Friday each month. You'll need to come inside for frozen goodness.

Here's a secret for you to share: If we have leftover ice cream, you can have a sundae the next time you eat with us. It's like an extra yum.

Thanks to our August Day Sponsors

We love our August Day Sponsors. Thanks to Jim and Diane Harris for sponsoring August 11 to celebrate the beginning of the school year. Hurray for all students and teachers.

Thanks, Jim and Diane, for supporting the Senior Center. Diane is helping reorganize Bridge at the Senior Center. Call us if you'd like to play every other Tuesday.



Music to set your toes to tapping

We have a fantastic opportunity for a great evening of music and fellowship. *Golden Years Music* will perform 50s, country, rock and standards for us on Friday, August 6, 6 p.m. This event is free and open to the public. There will

be light snacks. (Feel free to bring your favorites.)

Members of the band are John and Yolie Montoya and Mike Ash. John plays lead guitar and keyboards. Mike plays rhythm guitar. Yolie plays bass.

John and Yolie are on the worship team at Abundant Life Community Church.

Not just for seniors, feel free to bring your families and "younger" friends. We are looking at a fun evening.

Manager announces retirement

Our manager has announced her retirement as of the end of October. If you are interested in a rewarding, challenging, enjoyable job working with independent seniors, please email your resume to Ray Graham, ray.graham3150@gmail.com by August 15.

Start date will be October 1 or shortly after that.

Here is a brief job description for the position.

- Plan and coordinate all activities at the Center. Schedule educational, recreational and informative opportunities for seniors (55+). Assist with fundraising and special events as needed.
- Recruit/train volunteers.
- Coordinate with SWIRCA regarding meals provided to seniors.
- Prepare and distribute monthly newsletter. (Recruit a committee to help with this if needed).
- Publicize events throughout the community using Facebook, local media. Social media skills are helpful.
- Build relationships throughout the community.
- Maintain clean, wholesome, safe environment for clients.
- Assist with kitchen, cleaning and games as needed.
- Computer skills are necessary.
- Hours of operation are 9 a.m.-2 p.m., Monday-Friday. The manager is expected to work those hours except when representing the Center at events, programs or meetings.



Fire up your taste buds at our Porkapalooza Kickoff lunch

To warm up your taste buds for Porkapalooza, Sept. 24 & 25, we are hosting PORKAPALOOZA 2021 Kickoff Lunch on Friday, August 27 at 11:30 a.m.

The menu will include delicious pulled pork sandwiches, chips and dessert.

We need a head count by the Wednesday before, so call in, stop in or email your reservations.

We encourage you to join us for inside dining. It'll be a Free Lunch Friday.



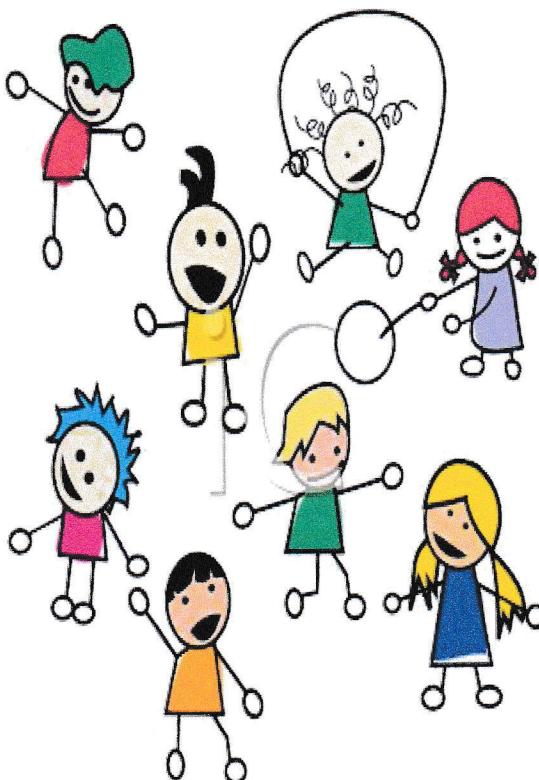
No SWIRCA menus for this newsletter

Sorry, but we'll have to get you the August menu(s) from SWIRCA at a later date. When it gets here, we'll post it on our web site and on Facebook. So, for now, your guess is as good as ours.

They've had some reorganization over there, so getting the menu(s) out to us was not their top priority.

We waited as long as we could, but in the end, we had to send the newsletter to the printer.

Thanks to our Activities Sponsors



Town of Newburgh — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake. Thanks, too, for printing our newsletter.

***Mike and Linda Andreas** — Landscaping, garden and flowers sponsor.

***Ohio Township And Alcoa Warrick** — Activity sponsors.

***King Mechanical Specialty and Zion United Church of Christ** — Hospitality sponsors.

We appreciate the commitment of those in our community who sponsor our programs and projects. If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com

Porkapalooza 2021: *It's almost close enough to smell the smoke*

Who'd have thought August would be here so soon....Now, before we blink twice, it will be time for Porkapalooza, September 24-25, here at the Senior Center. And we know you can hardly wait to taste the pulled pork, tenderloins and ribs so deliciously smoked by the Newburgh BBQ Coalition.

Pork orders will be accepted after August 1. All orders need to be prepaid.

Lunch will be offered both days, 11

a.m.-2 p.m. (or until we sell out). We are keeping the price at \$5.00, even though the price of pork has skyrocketed.

If you need more than four lunches either day, please call at least a half-hour ahead so we can have them ready when you drive up.

Lunch includes a pulled pork sandwich, chips and a bottle of water. You can purchase extra sandwiches for \$3.00 each. Lunches, like order pick ups will be **drive through only** again this year.

On Saturday, September 25, you can pick up your pre-ordered pork from 11 a.m.-2 p.m. and grab another day's lunch while you are here.

Ribs are \$35 for a slab. Tenderloins are \$15 for one or \$25 for two. Quarts of sauced pulled pork are \$25.

Please call 812-853-5627 or 812-629-4634 to place your order.

If necessary, please leave a message with your name, phone number and what you want to order.

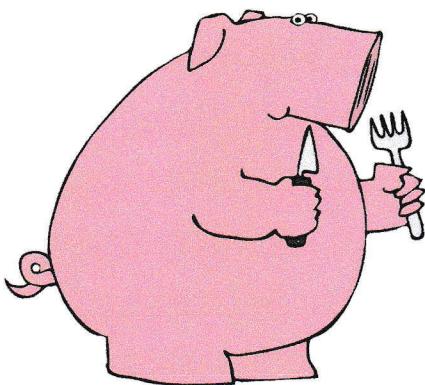
You can drop your payment at the Center, 9 a.m.-2 p.m., Monday-Friday or mail it to 529 Jefferson Street, Newburgh, IN 47630.

When you come to pick up your orders or to purchase lunches, please use the north drive way on Third Street. You will exit onto Jefferson Street after you have completed your pick up order.

We'll try to have volunteers stationed at each driveway to direct traffic.

Porkapalooza is our biggest fundraiser for the Center. We use the funds to support projects and programs, i.e., fun, food and games.

We depend on sponsors and our friends to help make Porkapalooza a success. If you would like to be a sponsor, contact Colleen at 812-598-8332.



Dog Days=Doldrums of Summer

If you are feeling like your blood has turned to sludge, don't panic. It's just that same feeling we get every summer when heat and humidity lay like a blanket around us.

We call it the Dog Days of Summer or the Doldrums.

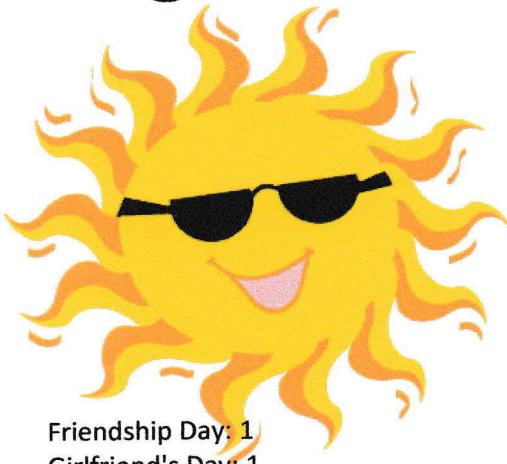
This time of year is called Dog Days,

thanks to the ancient Greeks. It starts with the rising of Sirius, aka the Dog Star, in the northern hemisphere night sky. The Greeks connected Sirius's appearance with heat, drought, scattered thunderstorms, lethargy, fevers, bad luck and mad dogs, according to *Wikipedia*.

This year Dog Days started on July 3. The good news is we only have a couple more weeks before they officially end on August 11.

In our humble opinion, the most appropriate name for this time of year should be *Stinking Hot and Muggy*.

August is full of fun, funky holidays



Friendship Day: 1
Girlfriend's Day: 1
National Mahjong Day: 1
Sister's Day: 1
World Scout Scarf Day: 1
Take A Penny/Leave A Penny Day: 2
Watermelon Day: 3
National Chocolate Chip Day: 4
Raisin Bran Day: 4
Social Security Day: 4
National Underwear Day: 5
Fresh Breath (Halitosis) Day: 6
National Root Beer Float Day: 6
National Water Balloon Day: 6
Twins Day: 6-8
Lighthouse Day: 7
National Clown Day: 7
National Mustard Day: 7
Particularly Preposterous Packaging Day: 7
Sandcastle Day: 7
Bagel Day: 8
Digital Nomad Day: 8
International Cat Day: 8
The Date to Create: 8
Happiness Happens Day: 8
Fried Chicken & Waffles Day: 8
Odie Day: 8 (Garfield's pal)

Sneak Some Zucchini Onto Your Neighbor's Porch Night: 8
Wear Your Mother's Jewelry Day: 8
Book Lovers Day: 9
Skyscraper Appreciation Day: 10
S'mores Day: 10
Global Kinetic Sand Day: 11
Presidential Joke Day: 11
Vinyl Record Day: 12
Blame Someone Else Day: 13 (First Friday the 13th of the Year)
International Lefthander's Day: 13
Middle Child Day: 14
National Bowling Day: 14
National Garage Sale Day: 14
National Relaxation Day: 15
National Thrift Shop Day: 15
Baby Boomer's Recognition Day: 17
Black Cat Appreciation Day: 17
I Love My Feet Day: 17
Bad Poetry Day: 18
Serendipity Day: 18
"Black Cow" Root Beer Float Day: 19
Coco Chanel Day: 19
Men's Grooming Day: 20
National Radio Day: 20
National Honey Bee Day: 21
Internet Self-care Day: 21
Poet's Day: 21
Senior Citizen's Day: 21
Be An Angel Day: 22
Valentino Day: 23
International Strange Music Day: 24
National Waffle Iron Day: 24
Pluto Demoted Day: 24
Vesuvius Day: 24
Wayzgoose Day: 24
William Wilberforce Day: 24
Kiss and Make Up Day: 25

National Toilet Paper Day: 26 (Note: This is when it was first sold on a roll by Scott in 1871.
Women's Equality Day: 26
Just Because Day: 27
The Duchess Who Wasn't Day: 27
More Herbs, Less Salt Day: 29
Toasted Marshmallow Day: 30
National Matchmaker Day: 31

Bake sale interest finder

Some members have expressed an interest in holding a bake sale this year. One of our board members suggested a holiday bake sale in December. If you think that is a good idea and you are willing to participate, please let us know. If you think it's a great idea, but not in December, we'd like to know that, too. If you think it's a good idea, but won't participate, we're good. You don't have to tell us that.

Thanks to Zion UCC

Many thanks to Zion United Church of Christ in Newburgh for their support of the Newburgh Senior Center through their "Our Church's Wider Mission" offering. We are truly blessed by your support this year and in years past.

Zion UCC is one of the longest operating congregations in Newburgh and has energetically supported so many missions in our community and worldwide.

We love their description of their church, "A church in the heart of Newburgh that has a heart for the world."

Newburgh Senior Center Activities

August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2					
		3 *10:30 a.m. Exercise *Noon Bingo by The Wentzel Family Scrabble after bingo	4 *10:30 a.m. Exercise *11-ish Euchre	5 *10:30 a.m. Exercise *Noon Bingo by Alexander's Funeral Home *Scrabble after bingo	6 *11:45 Free Lunch Friday sponsored by Cypress Grove	On the Friday's we have Free Lunch, you can have either/and that lunch and the SWIRCA meal. We need prior reservations for either or both. The SWIRCA lunch cost is the usual \$3.50 per meal. For either lunch, we need a reservation.
	8	9 *10:30 Exercise *Noon Clabber *Noon Scrabble	10 *10:30 Exercise *11 a.m. Bridge *Noon Bingo by Heritage Woods Scrabble after bingo	11 *10:30 a.m. Exercise *11-ish Euchre	12 *9:30, 10:00 Tai Chi at Zion UCC *10:30 a.m. Exercise *Noon Bingo by Ascension Complete *Scrabble after bingo	13 *11:45 a.m. Free Lunch Friday by Bell Oaks Place
15	16					
	16	*10:30 Exercise *Noon Clabber				
	17					
	17	*10:30 Exercise *Noon Bingo by Woodmont Health Campus Scrabble after bingo	18 *8 a.m. NSC Board *10:30 Exercise *11-ish Euchre	19 *9:30, 10:00 Tai Chi *10:30 Exercise *Noon Bingo by Atria *Scrabble after bingo	20 *Noon Free Lunch Friday by the Islamic Center of Evansville	21
22	23					
	23	*10:30 Exercise *Noon Clabber *Noon Scrabble	24 *10:30 Exercise *Noon Bingo by Adaptive Hospice Scrabble after bingo	25 *10:30 Exercise *11-ish Euchre	26 *9:30, 10:00 Tai Chi *10:30 Exercise *Noon Bingo by MSA Hospice *Scrabble after bingo	27 *11:30 Free Lunch Friday Porkapalooza kickoff lunch *Noon Cards with Jane
	29					
	30	*10:30 Exercise *Noon Clabber *Noon Scrabble	31		30	31 Please note the calendar is subject to change.