

SWIRCA & More

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 BBQ Riblet on Bun Red Skin Potatoes Succotash Applesauce Milk	3 Sausage Pattie Gravy & Biscuit Oven Fried Potatoes Apples Milk	4 Stuffed Green Pepper Sweet Potatoes Green Peas Bread/Marg Fruit Cup Milk	5 Manwich Sloppy Joe on Bun Tater Tots Mixed Vegetables Brownie Milk	6 Chicken Fajitas Rice Black Beans Soft Tortilla Cookies Milk
9 Smoked Pork Chop Homemade Macaroni & Cheese Broccoli Roll Mandarin Oranges Milk	10 French Onion Chicken Baby Bakers Carrots Wheat Bread/Marg Cookies Milk	11 Jambalaya (1 cup) Seasoned Green Beans Garden Salad w/Dsg Cornbread Peach Cup Milk	12 Swiss Mushroom Burger on Bun Buttered Corn Baked Beans Pineapple Cup Milk	13 Sliced Turkey w/Gravy Mashed Potatoes California Blend Bread/Marg Pudding Cup Milk
16 Polish Sausage Mashed Potatoes Sauerkraut Applesauce Wheat Bread/Marg Milk	17 Meatloaf Sandwich Twice Stuffed Potato Three Bean Salad Fried Peaches Milk	18 Chili Fresh L. own . att. Biscuit Pear Cup Yogurt	19 BBQ Chicken Baked Beans Chuckwagon Corn Rye Bread/Marg Pudding Cup Milk	20 Philly Cheesesteak/Bun Tater Tots Broccoli Mandarin Oranges Milk
23 Salisbury Steak/Gravy Mashed Potatoes Carrots Peach Cup Wheat Bread/Marg Milk	24 Lasagna Italian Beans Spiced Apples Texas Toast Flavored Craisins Milk	25 Ham & Beans (1cup) Spinach Cornbread Snack Cake Milk	26 Loaded Baked Potato w/Taco Meat Broccoli Cheese Sour Cream/Marg Wheat Bread Brownie Milk	27 Potato Crusted Fish Macaroni & Tomatoes Green Beans Wheat Bread/Marg Cookies Milk
30 CLOSED FOR MEMORIAL DAY HOLIDAY	31 Penne Pasta w/Meat Sauce Cauliflower Warm Spiced Applesauce Texas Toast Milk			Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807