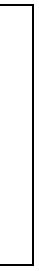


SWIRCA & More

November

2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Baked Chicken Baby Bakers Broccoli Wheat Bread/Marg Pineapple Cup Milk	2 Polish Sausage on Bun Mashed Potatoes Sauerkraut Warm Spiced Apples Wheat Bread/Marg Milk <u>Deadline for Thanksgiving Lunch due</u>	3 Chicken & Dumplings Vegetable Blend Warm Spiced Peaches Wheat Bread/Marg Brownie Milk	4 Meatloaf Mashed Potatoes Seasoned Green Beans Bread/Marg Apple Pie Milk
7 Baked Ziti w/Italian Sausage Italian Vegetables Warm Spiced Peaches Texas Toast Milk	8 Chicken Parmesan Garlic Mashed Potatoes California Blend Bread/Margarine Pudding Milk	9 Pork Pattie w/Gravy Lima Beans Spinach Bread/Marg Cherry Ambrosia Milk	10 Hamburger on Bun Roasted Red Skin Potatoes Stewed Tomatoes Jello w/Fruit Milk	11 CLOSED FOR VETERAN'S DAY
14 Spaghetti w/Meat Sauce Italian Vegetables Warm Spiced Apples Texas Toast Tropical Fruit Cup Milk	15 Smoked Pork Chop Cheesy Potatoes Brussel Sprouts Bread/Marg Cookies Milk	16 BBQ Chicken on Bun Twice Stuffed Potato California Blend Strawberry Applesauce Milk	17 <u>Thanksgiving Lunch</u> Roast Turkey w/Gravy Homemade Bread Dressing Glazed Sweet Potatoes Cranberry Salad Dinner Roll Pumpkin Pie Milk <u>MUST HAVE RESERVATIONS!</u>	18 Potato Crusted Fish Scalloped Potatoes Broccoli Wheat Bread/Marg Pudding Cup Milk
21 Chicken Pot Pie w/Biscuit Topping Corn Warm Spiced Peaches Brownie Milk	22 Chicken Pattie Red Skin Potatoes Asparagus Bread/Marg Pear Cup Milk	23 Chili w/Beans Peanut Butter & Jelly Sandwich Broccoli Crackers Pudding Cup Milk	24 CLOSED FOR THANKSGIVING DAY	25 CLOSED FOR THANKSGIVING HOLIDAY
28 Chicken & Noodles Mashed Potatoes French Style Green Beans Bread/Marg Cookies Milk	29 Smoked Sausage Macaroni & Cheese Sugar Snap Peas Roll Snack Cake Milk	30 Italian Chicken Pattie Baked Potato Vegetable Blend Bread/Marg Peach Cup Milk		Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807



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