

Newburgh Senior Center

March 2023 Newsletter

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Manager's Corner

It's March, and you know what that means, right? Spring officially begins March 20, following meteorological spring on March 1. March 12 marks the first day of Daylight Savings Time, so there literally is light at the end of the tunnel! If you're looking for other reasons to celebrate, Barbie's birthday is March 9, St. Patrick's Day is March 17, and Make Up Your Own Holiday Day is March 26. You might want to take advantage of spring weather with Take a Walk in the Park Day on March 30.

Here at the Center, planting will soon begin in our raised bed garden. When the weather is nice, enjoy a picnic or have a cool drink and chat with friends or read a book in our outdoor dining area with freshly painted umbrellas.

Stop in and join us for exercise classes (weekdays at 10:30 am), Clabber (Mondays at 11:30), Euchre (Wednesdays at 11:30), or Bingo (Tuesdays and Thursdays at 12 pm). You are also welcome to borrow books from our library anytime (take them home or find a quiet spot to read here, if you like). SWIRCA meals are available each weekday for a nominal donation of \$4.00 (just let us know at least a day in advance if you want to order one). If you play Scrabble or Rumikub (or want to learn how), pickup games are available most days.

If you haven't paid your annual dues yet, please take care of that as soon as possible. We've kept it a very reasonable \$12.00 per person for a year, and it helps fund refreshments and activities at the Center. Enjoy a lovely spring, and we hope to have you join us very soon!

Happy Birthday

March Birthdays

Deannie Hall	3/01	Teresa Latham	3/10
Ethel Mae Kleeman	3/01	Joe Seibert	3/13
Louise Cartright	3/03	Pam Wawrzniec	3/15
Don Clugston	3/01	Karen Parke	3/16
Pauline Belwood-Bryant	3/05	Dorothy Schmitt	3/20
Karen Parker	3/05	Ralph Wongler	3/25
Gerald Bowser	3/06	Kathryn Masterson	3/28
Ronda Reynolds	3/06	Peggy Heubner	3/29
Pam Wenzel	3/08	Teresa Delano	3/31

EXCITING NEWS!

Save the date for Porkapalooza 2023. September 29 and 30 are the confirmed dates this year!

Let's Celebrate!

Come celebrate March birthdays with us on Monday, March 6. Everyone is welcome to join in on the fun and festivities! If it's your birth month, we might even sing a rousing rendition of the "Happy Birthday" song in your honor.



If you haven't paid your annual dues yet, please do so now. It's only \$12 per person!

Daylight Saving Time begins on **Sunday, March 12, 2023** at 2:00 am. At that time, we “spring forward” one hour. The general idea is that this allows us all to make better use of natural daylight: moving the clocks forward one hour in the spring grants us more daylight during summer evenings. Be sure to change your clocks, and this is also the ideal time to check your smoke and carbon dioxide detectors and put fresh batteries in them, if needed (some are hard wired).



Thank You March Day Sponsors!

March 2 is again sponsored by **Ron Weatherford**, our Tai Chi Sifu (teacher). Ron teaches Tai Chi at our Thursday weekly classes at 9:30 and 10:00 am at Zion United Church of Christ in Newburgh. See our Facebook page or call Michelle at 812-853-5627 for details. Research shows that practicing tai chi can improve balance, stability, and flexibility in older people. Thanks Ron for being a supporter of Newburgh Senior Center and conducting classes for us!

March 21 is the first day of Spring and is sponsored by **LNB Community Bank**. They invite you to stop by the Newburgh branch and check out their banking services. At LNB community Bank, you'll always be greeted with a warm smile and the friendliest service you'd ever hope to find.

March 28 is the birthday of Steve Yancey. Help us and his friends at **King Mechanical Specialty** wish Steve a great day. We want to thank our friends at King Mechanical Specialty for being a 2023 Hospitality sponsor and a wonderful supporter of Newburgh Senior Center over the years. You are a blessing to us!



Town of Newburgh—Provides our building, grounds, maintenance, supplies, and services

Bayer's Plumbing (812) 853-2305—Sponsors our monthly birthday celebrations

Heritage Federal Credit Union (812) 253-6928—Our Internet Café and printer sponsor

Titzer Family Funeral Homes (812) 853-8314—Sponsors our monthly newsletter and activities calendar

Mike and Linda Andreas—Sponsor landscaping, garden and flowers

Marsha & Dave Lambert and Bill & Suzie Byers—Activities sponsors

King Mechanical Specialty and Zion United Church of Christ—Hospitality sponsors

We greatly appreciate the commitment of those in our community who sponsor our projects and programs. If you would like to support the efforts of the Newburgh Senior Center, please call (812) 853-5627 or email manageratnsc@gmail.com