

Newburgh Senior Center

March 2024 Newsletter

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Manager's Corner

Can you believe it's March already? Spring will be here on March 19th. It's time for flowers to pop up and gardening to start. Yay!

We are going to start our accordion scrapbook craft this month. We

will work on these all month on Wednesdays. I can't wait to see them!

Some dates to remember: 5th-World Book Day, 10th Daylight Savings Time, 17th St. Patrick's Day, 29th Good Friday, and 31st Easter.

We've rearranged our living room. We now have two tables for our puzzles, and the living area is cozier. Come check it out!

If you have any suggestions on how to improve our looks, please don't hesitate to let us know. Thank you.

Daylight Saving Time

Daylight Saving Time starts at 2am on Sunday, March 10. Don't forget to set your clocks ahead one hour. Just a side note... In 1918, the U.S. enacted the first Daylight Saving Time law as a way to conserve fuel. It was reintroduced during World War II.

The U.S. put nationwide, year-round daylight saving into effect during World War II starting on Feb. 9, 1942, thinking it would help conserve energy, according to the U.S. Department of Defense. Nicknamed War Time, it remained in effect until September 1945 when Japan surrendered.

In 1973, President Nixon signed into law the Emergency Daylight Saving Time Energy Conservation Act, which made DST permanent in the U.S.

HAPPY BIRTHDAY

Deannie Hall	3/1	Pam Wawrzniec	3/15
Ethel Mae Kleeman	3/1	Karen Parke	3/16
Don Clugston	3/1	Dorothy Schmitt	3/20
Pauline Belwood-Bryon	3/5	Ralph Wongler	3/25
Karen Parker	3/5	Kathryn Masterson	3/28
Gerald Bowser	3/6	Peggy Heubner	3/29
Ronda Reynolds	3/6	Teresa Delano	3/31
Pam Wentzel	3/8	If we have missed your birthday or if someone is no longer with us, please let us know. Thank you.	
Teresa Latham	3/10		
Joe Siebert	3/13		

Thanks to our Day Sponsors for March 2024

We appreciate our March Day Sponsors:

March 7 is sponsored by Ron Weatherford, our Tai Chi Sifu (Teacher). Ron teaches Tai Chi at our Thursday weekly class at 9:30 and 10 am at Zion UCC in Newburgh. Check out our FB page or call Linda at 812-853-5627 for more details. Practicing Tai Chi can improve balance, stability, and flexibility in older people, including those with Parkinson's disease. It can help reduce pain, especially from knee osteoarthritis, back problems, and fibromyalgia. Try it out! Thanks, Ron, for your support of the NSC and conducting classes.

March 17 –St. Patrick's Day is sponsored by Boone Funeral Home, located at 5330 Washington Ave., Evansville. John and Martha Maier encourage you to enjoy the "wearing of the green". Thank you, Boone Funeral Home, for your continued and generous support of the NSC.

March 19 is the first day of Spring and is sponsored by LNB Community Bank located at 1204 W. Hwy. 662 in Newburgh. No matter how tough the winter seems, Spring brings us back hope and optimism. (And thoughts of vegetables and flowers to come.) Thank you, LNB Community Bank.

March 28 is Steve Yancey's birthday. All his friends at King Mechanical Specialty want to wish Steve a great day. We thank our friends at King Mechanical Specialty for being a 2024 Hospitality sponsor and a wonderful supporter of the NSC over the years.

March 31 is Easter Sunday and is sponsored by our friends at Living Word Christian Church, located at 3888 IN-261 in Newburgh. If you are looking for a church home, they would welcome you. Services are at 10 am every Sunday. Thank you, Living Word, for your generous support of the NSC and so many other good things in our community and the world.

Thanks to our community for Supporting NSC

Town of Newburgh—Provides our building, grounds, maintenance, supplies, and services.

Bayer's Plumbing (812) 853-2305—Sponsors our monthly birthday celebrations.

Titzer Family Funeral Homes (812) 853-8314—Sponsors our monthly

newsletter and activities calendar.

Marsha & Dave Lambert and Bill & Suzie Byers—Activities sponsors

King Mechanical Specialty/Zion United Church of Christ—Hospitality sponsors

We greatly appreciate the commitment of those in our community who sponsor our projects and programs.

If you would like to support the efforts of the Newburgh Senior Cen-

ter, please call (812) 853-5627 or email manageratnsc@gmail.com. You may have special days that you would like to share with the community by being a day sponsor. Kill two birds with one stone: Celebrate and support. Feels good already, doesn't it?

Collecting dues

Thank you to those who have paid their dues, so far! Dues are \$15/yr. Dues go toward all our activities here at the center; exercise equipment, food, drinks, special programs and crafts, etc. We can't do these

things without your help. Please get your dues in as soon as possible. Thank you.



Operating Hours

You may have noticed signs throughout the center, asking everyone to adhere to our operating hours. We are open Monday through Friday from 9am to 2pm. Please start clearing your dishes from your tables and putting away any games that you're involved in, before 2pm, so staff can lock up on time. We appreciate your cooperation .

New sponsors

Judy Lopez, one of our Board Members, is sponsoring a Bingo game on March 28. Thank you for your support, Judy! Kelly from Humana is sponsoring a Free Food Friday meal on March 29. Thank you, Kelly, for supplying a delicious meal for us! A big shout out to all our Bingo and Friday meal sponsors—we couldn't do it without your help!

Friday meals

We're having an Easter lunch on March 8. All dates are filled with sponsors except for this date. We're having ham, mashed potatoes, green beans. Please feel free to bring in a dessert or side dish for the occasion. The Islamic Society of Evansville, Deaconess Hospice, and Humana will finish out the month. And of course, we're still having our potluck on March 1 (first Friday of the month). Don't forget to sign up for these meals so we can get an accurate headcount.

Meals on Wheels

Meals are available throughout the week. They are \$4 each and need to be ordered at least one day ahead of time. The menus are on the front table at the beginning of each month. If you cannot locate one, please see Diane or Linda. These meals are prepackaged by SWIRCA; we microwave them and serve them to you at 11:30 each day. Thank you in advance for participating in the Meals on Wheels program.

A kind word is like a Spring day. Please be kind to yourself and others.

