

Newburgh Senior Center

March 2025 Newsletter

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Director's Corner

Spring is on it's way, regardless of the Ground Hog's prediction. Officially, the new season arrives on March 20 and that's not a day too soon, in our humble opinion.

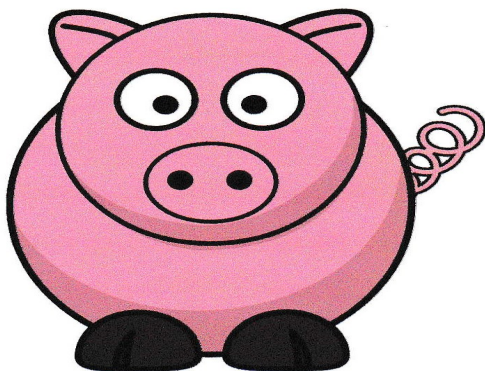
We have lots going on around here this Spring and we invite everyone to take part to the best of their abilities. If you have ideas for new activities, please let us know and we'll talk about it.

Before we know it, the garden will be planted and shoots will be sticking their green little heads up out of the soil.

Porkapalooza 2025 on the calendar

Just a heads up to mark your calendar for Porkapalooza 2025 so you can dream about all that delicious pork smoked for us by the Newburgh BBQ Coalition. This year's dates are **September 26-27**. Ribs! Tenderloins! Pulled Pork! Sweet dreams.

We will be welcoming sponsors on Wednesday, March 26, 11 am to ??, at an open house (tours, snacks, etc.) Please feel free to participate.



Book Club for March reading

"Winter Garden," by Kristin Hannah is the March reading for our Book Club. We usually meet the fourth Wednesday at noon, so that will give you plenty of time to read it and be ready to share your thoughts. Everyone is welcome to participate. The meeting for March is March 26. Reading selection suggestions are encouraged.

Can't you just taste the fresh lettuce, onions and tomatoes? If you'd like something different in our garden this year, get the plants and we'll try to find a spot for them.

Ed and Ron did a great job with the garden last year and we hope they will continue the task this year.

Thanks to all who participated in the Chili Cookoff. Winners will be listed here next

March Birthdays

Ethel Mae Kleeman	3/1	
Louise Cartright	3/3	
Don Clugston	3/4	
Karen Parker	3/5	
Kenny Palmer	3/5	Dorothy Schmitt 3/20
Gerald Bowser	3/6	Kathryn Masterson 3/29
Rhonda Reynolds	3/6	Peggy Heubner 3/29
Pam Wentzel	3/8	
Marilyn Richey	3/8	If we missed your birthday,
Teresa Latham	3/10	we apologize. Let us know
Pam Warurymice	3/15	and we'll get it on our list for
Karen Parke	3/16	next year.



Thanks to our Bingo and Free Lunch Friday sponsors

We are grateful to the organizations and businesses who sponsor our bingo games each Tuesday and Thursday and to those who furnish our Free Lunch Friday meals.

Please remember to thank them when they are here.

Bingo sponsors for March are Greg Granger, Asera Care, Home Instead, the Wentzel Family, Melrose Assisted Living, Woodbridge Care, Woodmont, Oasis Assisted Living.

March Free Lunch Fridays are sponsored by Letson Insurance, the Islamic Society of Evansville, and Chris and Ren Ryan.

If you know a business or an organization that might be willing to furnish lunch once a month or even occasionally, talk to Diane or Cindy.

Irish or not, Thanks to our Day Sponsors for March



March 6 is sponsored by Ron Weatherford, out Tai Chi Sifu (teacher). Ron teaches Tai Chi at our Thursday weekly class at 9:30 and 10 am at Zion UCC in Newburgh. Check out our FB page or call the Center at 812-853-5627 for more details.

Practicing tai chi can **improve balance, stability, and flexibility** in older people, including those with Parkinson's disease. It can also help reduce pain, especially from knee osteoarthritis, back problems, and fibromyalgia. Try it out!

Thanks, Ron, for your support of the NSC and conducting classes.

March 17, St. Patrick's Day, is sponsored by LNB Community Bank, at 1204 W. Hwy 662 in Newburgh. Check with LNB for your banking needs and you might have more "green" to spend on the important things in your life. We are all a little Irish on St. Patty's Day!

March 21 is the first full day of Spring. No matter how tough our winter has been, Spring brings us hope and optimism. (And thoughts of vegetables and blooms to come. They'll be here soon. Promise!

Thank you, Mike, for sponsoring this day, in loving memory of Linda Andreas.

We ♥ our sponsors

Town of Newburgh—Provides our building, grounds, maintenance, supplies, and services

C. Richard & Verna Louise Johnson Foundation

Cecil & Mabel Lene Hamman Foundation

Alcoa Warrick Operations

Walmart—Newburgh "Spark Good" Grant

Bayer's Plumbing (812) 853-2305—Birthday Celebrations Sponsors

Titzer Family Funeral Home (812) 853-8314—Monthly newsletter sponsor

King Mechanical Specialty, Zion United Church of Christ, Dave & Marsha Lambert, Living Word Christian Church, Ohio Township - Hospitality/Activity sponsors

The Fresh Market - for its donation of meat for some Free Lunch Fridays

Marsha & Dave Lambert - Paper Goods Sponsor

Marc Hafele-Impulse Salon and Spa and Cleo Holder - Christmas Dinner Sponsors

Women's Fund of Warrick County, Warrick County Community Foundation—Daily Exercise Sponsor

Greg Granger – A First quarter BINGO sponsor

We greatly appreciate the commitment of those in our community who sponsor our projects and programs. If you would like to support the efforts of the Newburgh Senior Center, please call (812) 853-5627 or email manageratnsc@gmail.com

Get your taxes done for free at Bell Road library



Seniors can schedule an appointment for free tax preparation at the Newburgh Chandler Public Library until April 11, 10 am-2 pm. You must have an appointment. And you may have to wait.

We all know this is coming. April 15 is the deadline this year to send in your taxes.

To schedule an appointment, email BRCWVH@aol.com. In the subject line, write "tax appointment."

March 27 is white elephant bingo. Bring in your white (or other colored) elephants and other goodies for prizes.

Lasting order presentation will help you get organized

If you haven't already thought about it, there's no better time than Spring to get your closets cleaned out and purge all those clothes and shoes, etc. you aren't using any more. To help us get organized and motivated, Katie of

Lasting Order will be here Friday, March 7, 9:30-10. To sweeten the pot, she's bringing coffee and donuts.



Turns out there weren't any snakes in Ireland before St. Patrick



St. Patrick supposedly was attacked by Irish snakes while he was on a 40-day fast on top of a mountain. He was reported to have used his staff to drive them all into the ocean. Oops. People who know these things say there were no snakes in Ireland by his time. Oh, well.

However, we do have St. Patrick to thank for making the shamrock famous. At the time when Patrick was converting Ireland to Christianity, Ireland was a nation that was deeply rooted in Pagan beliefs and the native Irish would have been mainly illiterate. To teach Christian Doctrine and explain the concept of the Holy Trinity, Patrick held up the shamrock, with its 3 leaves symbolizing the Father, Son and Holy Spirit.

The Shamrock was sacred to the Pagan Irish due to The Shamrock's regenerative powers, allowing Patrick to convert the Pagan Irish to Christianity through a symbol that was familiar to them and already had a sacred meaning.

The Shamrock has now become central to the legend of Saint Patrick. Shamrocks are the symbol of Ireland and Saint Patrick's Day throughout the world.

A gentle nudge in some folks' direction. Annual membership dues for the Senior Center are \$15 a year. If you haven't paid, please do it soon.

Paying dues isn't required, but it helps offset some of the costs we have for programming, refreshments, etc. We don't charge for most everything, so you'll end up way ahead if you pay dues instead of us needing to fund those programs and projects.

If you have thoughts for new projects or programs, please see Cindy or Diane. They are always on the look out for

Time to Spring forward

Whether or not you are in favor of it, March 9 is that time of year, again. Daylight Savings Time starts while we are mostly all still in bed, so re-set your clocks before you go to bed on Saturday, March 8.

Who knows, it could be the last time we have to do this.

